

**Hastings
and St
Leonards
Seniors'
Forum**

**Meridian
Coast and
Downs
Mature
Citizens'
Forum**

**Lewes and
District
Coalition of
Older
People**

**Seaford
Seniors'
Forum**

**Shropshire
Association
of Senior
Citizens'
Forums**

**Rother
Seniors'
Forum**

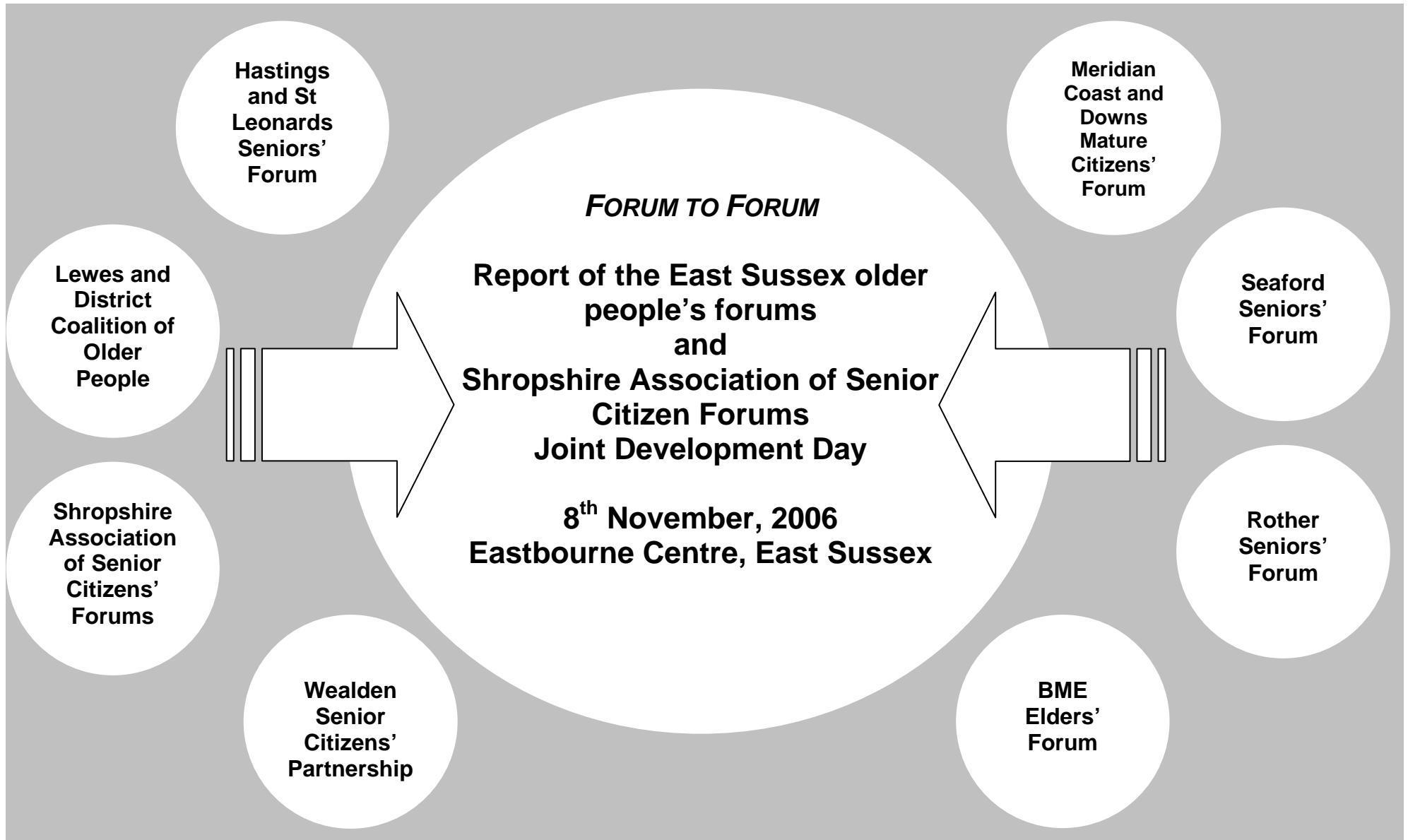
**Wealden
Senior
Citizens'
Partnership**

**BME
Elders'
Forum**

FORUM TO FORUM

**Report of the East Sussex older
people's forums
and
Shropshire Association of Senior
Citizen Forums
Joint Development Day**

**8th November, 2006
Eastbourne Centre, East Sussex**



**East Sussex older people's forums and Shropshire Association of Senior Citizen Forums joint development day
Supported by East Sussex County Council and Shropshire County Council**

**10.00am – 3.45pm, Wednesday 8th November
T&G Centre Eastbourne, Grand Parade, Eastbourne**

Forty representatives from East Sussex older people's forums supported by 6 representatives from Shropshire Association of Senior Citizen Forums, and staff from East Sussex County Council, Shropshire County Council, Age Concern East Sussex, Rother Voluntary Action and Sompriti came together for a planning session aimed at identifying the next steps for older people's forums in East Sussex. Through a mix of informative presentations and workshop discussions the aims of the joint older people's forums development day were:

- To provide an overview for new members of the older people's forum committees and special interest groups of the role and function of local government and its partners.
- To explore ways in which meaningful engagement of older people in local governance can be achieved, including involvement in the decisions, service and policy development that affects older people.
- In relation to the above, to establish the next steps for the county-wide older people's forum in East Sussex.
- To provide an opportunity for members of older peoples forums in East Sussex to meet with senior representatives of East Sussex County Council.

The report of the joint development day is divided into four sections based on each session, as well as the main themes from the evaluation of the day. Where possible the main outcomes, action points and learning points from each workshop and the evaluation exercise are captured in the grey box at the beginning of each section. The four sections are:

1. Involvement in decision-making, context and practice – session with the ESCC Chief Executive, Assistant Director Resources Law and Personnel, Head of Democratic Services and the Lead Member for Children's and Adults' Services **(pages 4 – 5)**
2. The role of older people's forums in practice, ideas and good practice – session facilitated by Shropshire Association of Senior Citizen Forums **(pages 6 – 10)**
3. How East Sussex County Council works with other organisations in East Sussex – session with the ESCC Director of Communications and Policy **(pages 11 - 12)**
4. Future joint working across East Sussex - the main themes from the evaluation of the joint forum development day **(page 13)**

The report is intended to be a tool that can be referred to for ideas and action to continue to build the capacity of older people's forums in East Sussex. The methodology, full programme for the day, evaluation and list of people who attended are contained in the appendices to the report **(pages 14 – 19)**.

1) Involvement in decision making, context and practice

The first session involved the following presentations to set the scene and provide the context in which the involvement of older people takes place:

Cllr Keith Glazier, Lead Member for Children's and Adults' Services – *his role and how the ESCC Cabinet works*
Cheryl Miller, Chief Executive of East Sussex County Council – *what we know about East Sussex; pressures and priorities*
Mary Clarke, Head of Democratic Services (ESCC) – *Quick guide to how local government works in East Sussex*
Phil Packham, Assistant Director, Resources, Law and Personnel (ESCC) – *Quick guide to business planning and priority setting; how it all fits together*

There followed a full session of questions and answers before breaking into small groups to discuss the possible steps that could be taken so that older people can influence decision-making meaningfully in East Sussex.

Key action points and outcomes:

1. Commitment was re-affirmed for the need for a county-wide “coming together” of older people’s forums in East Sussex, in order to provide collective view on matters of importance to older people around the county. It was agreed to continue to make progress with the work that has already been started with the terms of reference for a formal county-wide partnership of older people’s forums. *Action: Forum Chairs and Committees, supported by ESCC (Older People’s Involvement Manager)*
2. Ensure that the county-wide forum’s structure is able to “sub-divide” and reflect the key areas of interest to older people e.g. transport, health and social care, lifelong learning, healthy finances etc. *Action: Forum Chairs and Committees, ESCC (Older People’s Involvement Manager)*
3. Explore ideas in relation to the potential ways that older people’s forums/the county-wide forum can *systematically* relate to the various decision-making processes of the council e.g. through representation on specific committees or through setting up a specific liaison body for the forums and councillors/officers to participate in. This “high level interface” could be based around particular areas of interest, e.g. transport, health and social care, lifelong learning, healthy finances. *Action: ESCC (Older People’s Involvement Manager, Head of Democratic Services, Lead Member Children’s and Adults’ Services) feeding back to Forum Liaison Group, Involvement Subgroup and ESCC interdepartmental working group*

4. Explore options around involvement at the local level through strengthening relationships between the various local political structures and the forums. Action: ESCC (Head of Democratic Services and Older People's Involvement Manager) in conjunction with the local Forums

For reference the flipchart notes made during the workshops are recorded here:

Group A

- 1) Could more District & County Councillors attend parish council meetings.
- 2) The Black and minority ethnic elders forum is important, how can this forum work together with the others in the county, and how can local forums be more inclusive of people from different backgrounds?
- 3) Could older people's forums be represented on the health overview scrutiny committee (HOSC) either with or without a vote?

Group B

- 1) There needs to be a way for the Forums to be represented impartially, directly and formally to the County Council.
- 2) Repair and report from the forum and presented to council in preparation of questioning and County Council.

Group C

- 1) ESCC website contains summaries of key documents so that people can be informed
 - But not everyone has access to the internet
 - What about having a special "seniors' column" in various publications and newsletters
 - Jargon busters – public documents must be understandable
- 2) Targeted information could be sent to individual older people through electoral role and build on using forums as a collective voice – e.g. through advertising the role of forums
- 3) Local access to councillors and local public meetings convened by the local older people's forum, especially in rural areas.

Group D

- 1) Direct consultation with council officers and members on all matters before decisions are made - NOT AFTER! Joint participatory approach needed
- 2) Scrutiny panel membership (co-opted)?
- 3) Visits from officers responsible for County Council budgets to Forum's public meetings.

Group E

- 1) County-wide forum with direct access to decision makers. Each forum is a member of the county-wide forum.
- 2) The above to reflect/inform, based on special interest areas, i.e. transport, health etc.
- 3) More effective joint-working - across agencies - especially health. This could include a joint way of involving people.

2) The role of older people's forums in practice - ideas and good practice

During this session members of Shropshire Association of Senior Citizen Forums gave talks on how to make older people's forums work in practice, from their experience of working with the forums in Shropshire for the last six years.

A question and answer session followed during which comments were written up on the flipchart. The key learning points from the Shropshire talk have been re-produced here as a 'menu' of ideas under the following headings:

A Key building blocks along the way

B How the Shropshire Association works with Shropshire County Council

C Practical projects that the Shropshire Association has been involved in

D Whole group questions and discussion – flip chart notes

This menu of ideas will be used as a tool to help inform future action planning exercises for the individual forums in East Sussex (a specific piece of work that is being funded by ESCC and delivered by partner agencies), and also future action plans of the county-wide partnership of forums as it progresses. *Action: East Sussex older people's forums, Age Concern East Sussex, Rother Voluntary Action, Sompriti, ESCC (Older People's Involvement Manager)*

A - Key building blocks along the way

- Building membership is a key building block to ensuring success as a forum – the more members a forum has the more influence it will have over the decision-making that any authority makes. Try a range of ideas like coffee-mornings in between forum meetings, publicity in the local press and radio etc.
- For the first few years there was a lot of support from Age Concern and Shropshire County Council, and Age Concern had representatives on the Senior Citizens Committee for a few years as well whilst the committee grew in strength.
- People can be activists (active members) or they can be passive members – but all the membership will have a voice in issues that are important to older people. Very vulnerable people can't be active members a lot of the time, however they do like to belong to something bigger than just themselves and the opportunity to belong to a forum for older people is a valuable thing when you are isolated due to age and ill health for example.

- It is important for forum members to understand the way things work – Counties and Districts and Boroughs all have separate functions which you will need to talk to them individually about – do your homework to see who you should be talking to about which issue!
- A key membership drive happened when bus passes were distributed and all older people who qualified had to go to certain council premises to get their photographs taken. This involved a twenty minute wait, so the Association set up a desk at each of the sites and engaged with people as they waited for their pass to be completed.

B - Working with Shropshire County Council

- Build relationships with both Councillors and Officers in the Council – they are both important. Campaign against policies not people; officers are instrumental in developing strategy and policies that affect services so making yourself known to them is fundamental in helping forums to achieve their goals.
- The relationship between the Shropshire Association and the County Council has developed continuously over six years. It works on both a formal and informal level. Through having clear formal avenues of dialogue in the beginning trust was built up and the Association is now able to have more informal avenues of direct and immediate access at every level of the Council. It took a few years to get to these levels of trust and openness in the Association's relationship with the Council. Wherever possible things can be resolved privately through conversation and communication in people's offices rather than through the need to campaign publicly on issues.
- The **Shropshire Voluntary Community Sector Compact** is a key document that sets out the relationship between the various voluntary and community groups (of which the Association is one) and the County Council. The document makes specific commitments about the need to consult with groups.
- The Association receives £50,000 grant from SCC, through a contract which is written on the Associations terms i.e. that they endeavour to represent the views of older people in Shropshire. The Association has to provide a report annually to evidence how they have achieved this.
- The Association also has strong relationships with District and Borough councils through the local forums in Shropshire, as well as the Primary Care Trusts and the Hospital Trusts.
- The Association has a presence at Council meetings and on various scrutiny panels, and it is acknowledged that they have a right to be there. This formal acceptance of the Association has been very important.

- Every year the lead directors for each of the budgets meet with the forums to go through the budget in detail, including explaining fully how the Council Tax has been allocated.
- In relation to the equalities issues, the Association has two standing representatives on the Shropshire Equalities Forum. The Association believes that there is a lot to learn from BME communities' treatment of their elders.
- The Association has been actively involved in the Shropshire "Lets Talk" sessions which are a way for all local statutory agencies to engage with local communities in Shropshire. The sessions involve Councillors from the District and Boroughs and the County Council in debates with the local communities of Shropshire.
- Shropshire County Council has taken the lead in developing an "Overarching Strategy for Older People" in which **preventive care** is a strong element. The Association has played a key part in developing the strategy and its subsequent implementation. To date £400,000 has been saved as a result of the strategy's action to support people to stay comfortably in their own homes for as long as possible, under the auspices of this approach.
- The Association is actively involved with the Shropshire Partnership, and have helped to save three Community Hospitals. Discussions are taking place with the Acute Hospital Trusts because big changes are planned – it always works to get all the facts and present alternative proposals, don't just complain about things – be constructive.

C - Practical projects that the Shropshire Association has been involved in

Health and social care

- Through negotiation and discussion the Association was able to prevent the closure of specific day centres on Sundays through developing a support package to keep them open through volunteering. Highly complex negotiations took place with Unions and Insurance companies, with the outcome that now the Association has responsibility for running the day centres on a Sunday through the use of volunteers.
- Partnership work with the Sensory Resource Development Centre to accompany the people who use that service when they go out etc. This was a great way of "reaching out" to this group of people who would normally find it difficult to get involved with the Forum.
- Running coffee mornings in Sheltered Accommodation, coupled with Extend Classes. Mini-buses have been hired to connect different sheltered accommodation venues together for days out and visits etc. This has been a good way of recruiting members to the forums.
- The Association has a strong relationship with the local *Solicitors for the Elderly* campaign – proactive in funding of long-term care and enduring power of attorney issues.
- The Association has had a strong presence at local Primary Care Trust meetings.

Transport

- The Association raised money to purchase a Community Car for a scheme in Market Drayton.
- Through negotiations the Association now has 'group' membership status of Shrewsbury Dial-a-Ride.

Safer communities

- Successful bid for lottery funding in partnership with West Mercia Police to fund a professional theatre group to put on a drama highlighting the dangers of **bogus callers**

Wellbeing and healthy active lifestyles

- Partnership work with the Gateway Gardens Trust to visit their houses and gardens. The association backed a Lottery funding bid by the Gateway Gardens Trust to provide trips for disadvantaged older people aimed at combating social isolation.
- Columns in the local Shrewsbury Sports newsletter about ageing and physical activity.
- Poster campaign raising awareness about the community buses – helpful for young and old people.

D - Whole group questions and discussion – flipchart notes

- Public Liability Insurance- Shropshire gave details of how they had tackled this issue - £430 per annum for the whole Association.
- Contract with Shropshire CC describing what the Association must deliver for their funding - available from www.seniorsforumshropshire.org
- The Association has standing members on the Shropshire Equalities Forum to join in with partnership work in relation to diverse older communities.
- Which way should forums in East Sussex go – i.e. for charitable status the same as the Shropshire Association? Shropshire advocated that this issue needs to be decided by East Sussex forums for themselves. Registering as a charitable company is a complicated process to undertake, but not insurmountable. Forums should weigh up the benefits to being a charity and/or a company limited by guarantee.
- It's important to have clear lines of communication between district boroughs level forums and county-wide forum.
- Meetings are organised on a monthly basis with the Chief reporter of Shropshire Star once a month and messages go out twice a week on Shropshire radio.
- Membership recruitment: in Shropshire there are 300-400 luncheon club members which is a great route in to potential new members. There are also opportunities through by local parish and town councils.
- A very successful recruitment drive happened through setting up a desk in local council offices where senior citizens bus passes were being issued. People had to wait twenty minutes for the photo to be laminated and so the Association used the time to engage with older people about the benefits of becoming members of their local forums.

- Recruitment flyers have been posted (flyers) out with County Council mailings.
- Having a central database of membership is seen to be crucial, especially as a way of demonstrating the actual numbers of people who the Association is in regular contact with and who are members.

3. How East Sussex County Council works with other organisations in East Sussex

Becky Shaw, ESCC's Director of Policy and Communications explained her role and gave a presentation introducing the way that East Sussex County Council works with other agencies through partnership structures, and the East Sussex Sustainable Community Strategy . The implications of these partnership structures for the older people's forums were then discussed as a whole group.

Outcomes and action points from the discussion

- The relationship between the local forums and district and borough councils is fundamental. Contact needs to be made with each council at the highest level and the role of the forums explained. *Action: ESCC (Older People's Involvement Manager) in conjunction with individual local forums*
- There is a Local Strategic Partnership (LSP) for each district and borough area. Each local forum needs to find out how it can build a relationship with, and influence, the LSP in its area. *Action: Individual forums supported by ESCC (Older People's Involvement Manager) and partner agencies providing development support.*
- The East Sussex older people's forums need to be represented on the East Sussex Assembly and invited to its annual meetings. *Action: This is currently being pursued by ESCC (Strategic Partnerships Manager) feedback expected by the end of November 2006.*
- Older people's issues need to be fed into the East Sussex Sustainable Community Strategy. Progress will be made with the development of the Sustainable Community Strategy in the coming months. Once a link is formally established with the East Sussex Strategic Partnership the older people's forums will be part of any communication and consultation exercises associated with this. *Action: ESCC*

Key learning points

Through the East Sussex Strategic Partnership (ESSP) the County Council works with all the key agencies in East Sussex, or their representative bodies. The ESSP has two elements, consisting of the **Executive Board** and a wider **East Sussex Assembly**. The following agencies have a senior representative sitting on the **Executive Board** of the ESSP:

East Sussex County Council (1)	Councils (1)	East Sussex Economic Partnership (1)
Eastbourne Borough Council (1)	Sussex Police (1)	Hastings and Bexhill Economic Alliance (1)
Hastings Borough Council (1)	East Sussex Fire and Rescue Service (1)	Federation of Small Businesses (1)
Lewes District Council (1)	Environment Agency (1)	Voluntary and Community Sector Action in Rural Sussex (1)
Rother District Council (1)	Learning and Skills Council (Sussex) (1)	VOICES (3)
Wealden District Council (1)	National Probation Service (Sussex) (1)	
East Sussex Association of Local	Primary Care Trusts (2)	

In addition, there are non-voting members from the following agencies:

Government Office South East (1)
South East England Development Agency (1)

The **East Sussex Assembly** consists of representatives of around 100 organisations and groups involved or interested in the development and delivery of the East Sussex Sustainable Community Strategy and LAA. A list of partners is maintained by the Community Partnerships Team at East Sussex County Council. Membership is at the discretion of the Executive Board on the basis of geographical coverage, strategic remit and membership balance.

4. Future joint working across East Sussex - the main themes from the evaluation of the joint forum development day

In total forty-nine people attended the joint forum development day, with thirty-three representatives from older people's forums in East Sussex (twenty-seven in total) and Shropshire (six). Seventeen evaluation forms were completed on the day of the event, and one form was received by post. All full break down of the comments and views about the day is contained in appendix 3 of this report. The main themes from the evaluation can be summarised as follows:

- 4.1 Committee members clearly valued having the opportunity to meet up with committee members from other areas across the county, as well as the learning from their peers' experience in Shropshire. This enabled constructive discussions to take place to learn from each other and help with overall direction-setting for the forums in both a practical and strategic way. There was a clear enthusiasm to get together as a county-wide group again and to allow opportunities for forum members to work through issues and participate in workshops together, in addition to any local voluntary and community sector events that they can access as individual forums.**
- 4.2 Different people got different things out of the various elements of the day. It may be helpful to hold future meetings with a clearer, more separated, focus on one element e.g. a meeting for joint forum development or "business" issues, and a meeting where face-to-face engagement can happen with senior representatives from the County Council around issues of importance to older people. These could happen on the same day, as long as each element was separated out.**
- 4.3 In addition to the desire to regularly engage with representatives from the Council, the focus for future meetings seemed to fall into three main categories:**
- The need to share know-how and successful ideas for recruitment and projects that forums can take an active role in, as well as trouble shoot around any problems experienced no a number of levels locally e.g. rural/urban issues, becoming more inclusive and encouraging people to join the forums.**
 - Where possible this should engender a consistent approach across the county to things like publicity and communication about the forums, and instigating work jointly to underpin action taken at the local level.**
 - Having "time out" to consider the overall direction that the forums and older people's involvement itself are taking and understand where best to focus energy.**

Appendix 1: Approach used for the development day and background information

1. The joint forums development day entailed a mix of passing on information about how things work in practice as well as the opportunity to consider the developing the relationship between East Sussex County Council and the new older people's forums.
2. Learning and action points were noted on flip charts during the workshop parts of each session. These were then typed up to share with the older people's forums and other key people afterwards so that they can be followed up after the development day.
3. The development day was supported through the Shropshire/East Sussex joint project - funded by the former Office of the Deputy Prime Minister - to develop good practice in involving older people in East Sussex. Two separate but similar events are planned. The session in East Sussex was the first and a second session will be held in Shropshire.
4. The East Sussex development session was attended by a small number of representatives from Shropshire Association of Senior Citizen Forums, and more than thirty representatives from East Sussex older people's forums. Planning for the second session will take place and will be informed by the outcomes of this first session. Each development day will be a distinct stand-alone session.
5. The development day was formally evaluated and this information will be used to inform how future 'induction/introduction' processes for members of older people's forums take place. This can then be used to explore how to support best practice in older people's involvement in an ongoing way.

Appendix 2: Programme for the day

- 10.00 – 10.15am** Arrivals and refreshments
- 10.15 – 10.25am** Welcome and introduction to the day
Councillor Keith Glazier, Lead Member for Children's and Adults' Services, East Sussex County Council Cabinet
- 10.25 – 11.00am** *Local Government in East Sussex – Decision-making through to action*
Three short presentations to provide an understanding of how local government works in practice. The presentations will be followed by questions, answers and discussion to allow consideration about how processes could be further 'opened up' to involve older people.
- **Setting the scene: what we understand about East Sussex and its priorities – Cheryl Miller, Chief Executive, East Sussex County Council (ESCC)**

- Quick guide to how local government works in East Sussex – *Mary Clarke, Head of Democratic Services, ESCC*
- Quick guide to business planning and budget setting – how it all fits together - *Phil Packham, Assistant Director, Resources, ESCC*

11.00 – 11.30am Large group questions and answers

11.30 – 12.20pm Small group discussions, action planning and feedback

12.20 – 1.20pm *Buffet lunch and networking*

1.30 – 2.00pm *Shropshire Association of Senior Citizens' Forums – how we do things in practice* - presentation and question and answer session with members of Shropshire Association of Senior Citizens' Forum, covering:

- How it was set up, key building blocks and learning points, timescales etc.
- What the Forum's relationship is with Shropshire County Council, and other key public sector bodies
- Examples of issues taken forward and how they have been dealt with
- Examples of projects and initiatives that the Forum has implemented.

2.00 – 2.15 Questions and answer session

2.15 – 2.45 Action planning session - flip chart session to action plan the next steps for older people's forums in East Sussex.

2.45 – 3.00 pm *Refreshment break*

3.00 – 3.30 *How East Sussex County Council works with partner agencies – Becky Shaw, Director of Policy and Communications, ESCC*

- East Sussex Strategic Partnership, the East Sussex Assembly and the Sustainable Community Strategy.

Question and answer session - making links with what's gone before.

3.30 – 3.45pm Summing up, close of event and evaluation

Appendix 3: How the day was evaluated

Opinions of how the event went.

- | | |
|--------------------------------|-------|
| ☺ Very useful and interesting | (79%) |
| ☹ Quite interesting and useful | (21%) |
| ☹ A waste of time | (0%) |

How well do you think the aims were achieved?

- Very Well (67%)
- Partially (33%)
- Not at all (0%)

Practical Issues

- Future events to be held here
- Generally I feel that the length of such an event could be looked at- finishing at 2:30pm if possible
- Keeping the speeches shorter
- Making sure water is hot for tea making
- Access by public transport was difficult (3)
- Acoustics/Hearing (2) To make speakers aware of this for future meetings of this kind/ have sample runs on microphone usage.
- Comfort break is needed in the morning where none existed in the programme.

What people liked about the joint forum development day.

- ✓ Well represented, especially by Shropshire Forums.
- ✓ Meeting other East Sussex forum members (3)
- ✓ Meeting other Shropshire forum members (2)
- ✓ Getting a clear idea of how to move the forum forward
- ✓ Input from Shropshire was very informative (6)
- ✓ Input from East Sussex County Council was very informative (2)
- ✓ Well planned organisation
- ✓ Lots of helpful suggestions from the Shropshire forum
- ✓ Interaction between like-minded forums and the exchange of views
- ✓ Finding out how ESCC is working in relation to seniors' forums
- ✓ Networking with people from other areas, particularly Shropshire. (2)
- ✓ The opportunity to network and share experiences.
- ✓ Hearing from other groups how they managed various projects.
- ✓ The day enabled the "ordinary" committee members to meet and lead part of the process.
- ✓ The ability to talk and question the Shropshire delegates on a number of issues of concern.
- ✓ More time for talking between forums.
- ✓ How we do things in practice
- ✓ There appeared to be genuine willingness to learn from each other especially East Sussex from Shropshire. Also, the County Council indicated enthusiasm for good working relationships

What people thought could have made the day better, and some suggestions, comments and ideas for the future

- More time needed for work shops (2)
- To stick more strictly to published timetable
- Microphone could have been improved
- More discussion with East Sussex County Council members
- More discussion amongst the forums
- Speeches should be shorter, allowing more time for movement
- A focus on health and adult services provision in East Sussex
- A simple format needed to keep attention
- Without knowing a lot on how other E.S. forums operate, it is difficult to comment on this maybe finance and administration could be jointly carried out
- Half an hour siesta after lunch
- Perhaps more time
- To have workshops on basic subjects i.e. newsletter production, committee work, community events
- Perhaps, if time had permitted a second small group workshop and planning session
- All went very well

To have further meetings
Liaisons with other forums
Sharing good results
Sharing problems
Helping each other to grow

To discuss imminent decisions to be made by government before they are made, so our input on the whole can be taken into account not just the individual forums

Consider formation of nationwide organisation
Pressure public transport providers to stop isolating certain sections of the community, particularly on Sundays and bank holidays
Individual presentation by each forum

Public Liability Insurance at County Forum level
Maximise publicity
County wide policy and issues written into problems and successes
To have shorter groups working together

Planning strategies
Working in groups with Shropshire members around the table

Perhaps mix and match town forum reps with equivalent reps in the second county and rural with rural- together to identify ways of tackling similar issues??

Extremely useful exercise and I think it would be good to repeat it after e.g. one year or 18 months, to review progress and update the thinking as well as to renew acquaintances

Appendix 4: attendance list

	Name	organisation/group
1	Candelaria Balismon	Black & minority ethnic elders' forum
2	Betty Barber	Black & minority ethnic elders' forum
3	Julia Yip	Black & minority ethnic elders' forum
4	John Appleyard	Hastings & St Leonards Seniors' Forum (Chair)
5	Alan Crouch	Hastings & St Leonards Seniors' Forum
6	Mary Crouch	Hastings & St Leonards Seniors' Forum
7	Michael Scard	Hastings & St Leonards Seniors' Forum
8	Wendy Wood	Hastings & St Leonards Seniors' Forum
9	David Glen	Lewes & District Coalition of Older People (Chair)
10	Elizabeth Newton-Price	Lewes & District Coalition of Older People
11	Evelyn Waxman	Lewes & District Coalition of Older People
12	Fred Bennett	Meridian Coast & Downs Mature Citizens' Forum (Chair)
13	Kate Davies	Meridian Coast & Downs Mature Citizens' Forum
14	Kathleen Manning	Meridian Coast & Downs Mature Citizens' Forum
15	Peter Wilson	Meridian Coast & Downs Mature Citizens' Forum
16	Tony Moore	Rother Seniors' Forum
17	Ron Sunderland	Rother Seniors' Forum (Chair)
18	Ruby Willis	Rother Seniors' Forum
19	John Burns	Seaford Seniors' Forum (Acting Chair)
20	Ken Davies	Seaford Seniors' Forum
21	Don Hart	Seaford Seniors' Forum
22	David Pocock	Seaford Seniors' Forum
23	Betty Bateman	Shropshire Association of Senior Citizen Forums
24	Jane Campbell	Shropshire Association of Senior Citizen Forums
25	Joy Hollanby	Shropshire Association of Senior Citizen Forums
26	Betty Norton	Shropshire Association of Senior Citizen Forums
27	Priscilla Roscoe	Shropshire Association of Senior Citizen Forums
28	Mike Seale	Shropshire Association of Senior Citizen Forums
29	Ivy Elsey	Wealden Senior Citizens' Partnership
30	Hanno Fry	Wealden Senior Citizens' Partnership (Chair)
31	Renee Goddard	Wealden Senior Citizens' Partnership
32	Linda Graham	Wealden Senior Citizens' Partnership

33	William Porter	Wealden Senior Citizens' Partnership
34	Diane Parr	Age Concern East Sussex
35	Leslie Wilkins	Age Concern East Sussex
36	Samantha Carr	East Sussex County Council
37	Mary Clarke	East Sussex County Council
38	Gemma Counsell	East Sussex County Council
39	Judi Dettmar	East Sussex County Council
40	Councillor Keith Glazier	East Sussex County Council (Lead Member, Children's and Adults' Services)
41	Cheryl Miller C.B.E.	East Sussex County Council (Chief Executive)
42	Phil Packham	East Sussex County Council
43	Becky Shaw	East Sussex County Council
44	Vicky Smith	East Sussex County Council
45	Mike Taggart	East Sussex County Council
46	Clive Mills	Rother Voluntary Action
47	Jenny Burgess	Shropshire County Council
48	Chi Ling Chan	Sompriti
49	Gary Loke	Sompriti