

1066 Childminding Association

Contact: Mrs Emily-Jane Humphrey

Position: Chair

Address:

eMail:

Contact Information:

Contact mobile for more information.

What We Offer:

Our aim is to support childminders and their children, providing resources and drop-in activities, enabling children to be a part of a larger group and have a wider range of curriculum based activities. This prevents childminders from feeling isolated and we hope to seek additional training and workshops for our members. We have a vacancy and information support line for both childminders and parents seeking childcare.

1066 Country Olympic Focus Group

Contact: Mr John Hodges **Tel** 01424 429126

Position: Chair

Address: Summerfields Business Centre, Bohemia Road, TN34 1UT

eMail: kessex1066@btinternet.com

Website: www.1066twentytwelveplus.com

Contact Information:

As the Chair I can be contacted at any reasonable time. Our meetings are held at Summerfields Business Centre and if anyone out there has a will to see Hastings prosper, and has any bright ideas loosely connected with the focus of the Olympics that is currently falling on the UK (WE ARE NOT A SPORTING GROUP) please contact me and they are welcome to come along.

What We Offer:

To promote Hastings and Rother to the world through building a composite but unique picture. This will be achieved by combining many aspects of life, cultural, sporting, historical geographical, environmental, social and including health and education and a directory of every business that is present in the area. We believe that by creating this view of Hastings we can attract inward investment either through the permanent relocation of new businesses, or through the occasional presence of tourism. The Olympic Focus Group sit as enablers within a much larger strategic plan that features Jerwood, UCH, Sussex Coast College, Enviro Park, arts & media etc, all is directed to creating a better, more prosperous Hastings for everyone.

1066 Enterprise

Contact: Graham Marley **Tel** 01424 205500

Position: Chief Executive **Fax** 01424 205501

Address: Summerfields Business Centre, Hastings, TN34 1UT

eMail: info@1066enterprise.co.uk

Website: www.1066enterprise.co.uk

Contact Information:

Monday to Friday 8.45AM - 5PM

What We Offer:

To provide advice, support training and finance to pre start, start up or established businesses

1066 Specials

Contact: Mr Colin Taylor **Tel** 01424 210641

Position: Chair

Address: 12 The Marlowes, Hastings Road, Bexhill-on-Sea, TN40 2NS

eMail: barry.elphick@btinternet.com

Website: www.1066specials.org.uk

Contact Information:

First and last Saturday of the month at Bexhill College, Penland Road, Bexhill.

We have three sessions 9:30am - 12:30pm

What We Offer:

Provide football coaching and competition for young people with disabilities from ages 7 - 16 and 16+, in a safe, friendly environment.

1st Sidley Brownies

Contact: Ms Gwen Potter

Position: Leader

Address: 1 Sheila Child Close, Bexhill-on-Sea, TN40 2AQ

eMail: gwenpotter1@live.co.uk

Contact Information:

We currently meet Tuesdays 16:00 to 17:30 at Sidley House

What We Offer:

Aimed at girls aged 7 to 11. to enable them to grow and enjoy a variety of activities in an all female environment. Brownies have fun. They take part in outdoor and indoor activities that challenge them to do there best. Their meetings are action packed and full of challenges, games and activities, usually ones that the brownies have suggested themselves. Everything a Brownie does is an adventure, Brownies is a world of excitement, new interests and friends.

3rd Hastings Brownies

Contact: Mrs Janice Harmer **Tel** 01424 429206

Position: Brownie Guider

Address: St Helens Church Hall, The Ridge, Hastings, TN34 2RA

eMail: kite.kjb@sky.com

Contact Information:

Meeting time - Wed, 6pm - 7.30pm. Term time. Waiting list in operation.

What We Offer:

We are a Brownie Pack operating under the umbrella of the Guide Association. Girls between the ages of 7 and 11yrs can join (subject to place availability). They are encouraged to make new friends and learn new skills. They work for interest badges, as well as participating in games, etc. Each year we have a Pack holiday, where we take the Brownies away for a week. 2010 is the Centenary Year for Girlguiding and many exciting events are planned.

6th Hastings (Blacklands) Cub Scout Pack

Contact: Mrs Claire Davis

Position: Cub Scout Leader

Address: c/o 93 Lower Park Road, Hastings, TN34 2LE

eMail: clairedavis@homecall.co.uk

Contact Information:

6.30-8pm, Tuesday evenings - disabled access. For boys and girls age 8-10+

What We Offer:

Our Cub Pack is open to boys and girls aged 8-10. We provide a varied programme, and try to be out and about as much as possible. We provide a caring and safe environment for the children and, as our numbers show, we have fun and make new friends.

73a Centre

Contact: Mr Andrew Voyce **Tel** 01424 213099

Position: Service User **Fax** 01424 731867

Address: 73a London Road, Bexhill-on-Sea, TN39 3LB

Contact Information:

7 days a week

What We Offer:

This is a day centre for working age adults with mental health needs

AAAC Counselling Service

Contact: Mrs Julie Wigglesworth **Tel** 01424 728530
Position: Director & Counsellor **Fax** 01424 882799
Address: 2 Sedlescombe Road South, St Leonards-on-Sea, TN38 OTA

Contact Information:

Open Monday to Friday, by appt. only.

What We Offer:

Through GP referral or health professional referral, AAAC Counselling provides short-term counselling for adults (18+) who have been abused as children or who have suffered trauma emotionally or bereavement.

Abbeyfield Society, Sheltered Housing for Older People

Contact: Mr Ian McNulty **Tel** 01424 439013
Position: House Manager
Address: Ridge House, 27 Boscobel Road, St Leonards-on-Sea, TN38 0LX
eMail: i.mcnulty@abbeyfield.com

What We Offer:

Sheltered housing for older people - with a house manager. All meals provided, residents prepare own breakfast, laundry facilities. All utility bills, gardening and general maintenance included in charges. Residents may be eligible to claim Housing Benefit and supporting people payments. Lifeline service also included in charges.

Action for Change

Contact: Mr Paul Burley **Tel** 01424 460066
Position: Services Manager **Fax** 01424 430874
Address: 1st Floor, Hanover House, Marina, St Leonards-on-Sea, TN38 0DN
eMail: reception.hh@action-for-change.org
Website: www.action-for-change.org

Contact Information:

Mon-Fri 9am - 1pm & 2 - 5pm also Wed eve 5 - 8pm.
Advice & Information Open Access Clinics Wed 3 - 4:30pm and Fri 9:30 - 12 noon.
Bexhill Health Centre 1st & 3rd Mondays
Rye - Ferry Road Surgery 2nd & 3rd Tuesday.

What We Offer:

Action for Change offers a range of educative, preventative, counselling, group work and treatment services for people over 18 who are having problems with their alcohol consumption. Our core purpose is to help bring about a change in their use of alcohol, enabling improvements in the quality of peoples lives. We also provide a service for families and relatives of people who have problems with alcohol.

Action in Rural Sussex

Contact: Mrs Nan Hacking **Tel** 01424 882026
Position: Development Officer
Address: Rother Volunteer Support Project, c/o Billingham Farm, Udimore, Rye, TN31 6BD
eMail: Hackingnan@aol.com
Website: www.ruralsussex.org.uk

Contact Information:

Drop-Ins; Mondays 2 - 4pm at Rye CVS and Wednesday 10-12noon at Memorial Care Centre.

What We Offer:

The Rother Volunteer Support Project supports voluntary organisations in rural Rother. Sharing information about health issues, good practice, training, funding and will assist with volunteer recruitment. It also liaises with Statutory Agencies to work jointly for the benefit of rural people.

Activ8 (Hastings & Rother Mind)

Contact: Ms Su Barnicoat **Tel** 01424 442435
Position: Development Manager
Address: 6 Trinity Street, Hastings, TN34 1HG
eMail: activ8network@hotmail.co.uk
Website: www.activ8network.org

Contact Information:

Monday - Friday 10am - 4pm are core times. Open at other times. Phone to check availability of activities.

What We Offer:

We support people to maintain or improve their 'health and wellbeing'. Creative opportunities such as art, craft, photography, pottery, yoga, creative writing, music as well as volunteering is available. CAB-links is another initiative where volunteers support people with practical tasks that help 'move their lives forward'. Training and mental health information available.

AD/HD Adult & Adolescent Support Network

Contact: Mrs Judith Monk **Tel** 01424 420767
Position: Facilitator **Fax** 01424 202933
Address:
eMail: jmonk45582@aol.com

Contact Information:

Office hours, except in an emergency - then 'til 9pm.

What We Offer:

This Network exists to give advice and support to adults and adolescents with Attention Deficit/Hyper-activity Disorder and their families and carers.
We do this by:* early intervention training with Challenging Children courses for parents of younger and adolescent children with AD/HD and awareness training in schools. * assisting with connecting people with AD/HD to sympathetic and knowledgeable services and professionals * offering AD/HD Awareness Training to organisations such as probation, the police, social services, dentists and any others for whom contact with AD/HD can provide a challenge. * offering support in Police interviews where an appropriate adult with AD/HD knowledge is helpful * mailing information as required, to help sufferers of AD/HD access the help they need and we assist in filling in Disability Benefit forms. * help in any and every other way possible within our finances!

ADHD Support Group

Contact: Mrs Isabel Foreman **Tel** 01424 430641
Position: Facilitator
Address: Elphinstone Family Centre, 211 Elphinstone Road, St Leonards-on-Sea, TN34 2AX

Contact Information:

Meets every Tues, 9.30 - 11.30am at the Elphinstone Family Centre

What We Offer:

We support parents/carers, offering written and verbal information to empower them, to ensure their childrens needs are met. At time of family stress we can offer respite to members. The group plan outings during the year which gives the children an opportunity to interact and learn from each other. We welcome new comers.

Age Concern East Sussex

Contact: Mr Steve Hare **Tel** 01273 476704
Position: **Fax** 01273 486833
Address: 54 Cliffe High street, Lewes, BN7 2AN
eMail: information@aceastsussex.org.uk
Website: www.aceastsussex.org.uk

Contact Information:

Lewes Office Monday - Friday 9.00 am to 5.00pm Hastings Office
Open for clients to call in - Monday to Friday 10.00am - 1.00pm All
offices have a 24 hour ansaphone service.

What We Offer:

Age Concern East Sussex provides support and services for older people in East Sussex
With offices in Hastings, Lewes and Battle and day centres throughout the county, Age Concern East Sussex provides services for older people through a network of staff and dedicated volunteers.

Age Concern East Sussex - Hastings

Contact: Mrs Anne Bryant **Tel** 01424 426162
Position: Finance Administrator
Address: 50 Robertson Street, Hastings, TN34 1HL
eMail: anne.bryant@aceastsussex.org.uk
Website: www.aceastsussex.org.uk

Contact Information:

Hastings Office Open for clients to call in - Monday to Friday 10.00am - 1.00pm Office has a 24 hour ansaphone service

What We Offer:

Age Concern East Sussex - Hastings provides support and services for older people locally.
Age Concern East Sussex - Hastings provides services for older people through a network of staff and dedicated volunteers. Services include: information and advice, advocacy, day care, befriending, home from hospital, toe nail cutting, benefits advice outreach, health and well being, charity shops.

Age Concern East Sussex - Rother Office

Contact: Mrs Dorothy Smith **Tel** 01424 775721
Position: Information and Benefits Adviser **Fax** 01424 777050
Address: The Almonry, High Street, Battle, TN33 OEA
eMail: dorothy.smith@aceastsussex.gov.uk

Contact Information:

Tues-Thursday 10am-1pm
Monday 10am - 1pm in Bexhill 01424 215674

What We Offer:

Information and advice for older people; home visits to help complete benefits forms; advocacy, day care and toenail cutting services; gardeners' register; NHS hearing and battery exchange Weds 10am-12noon; home from hospital and take home and settle services 01424 775766

Alexandra Park Miniature Railway

Contact: Mrs Jillian Leonard **Tel** 01797 226905
Position: Secretary **Fax** 01424 425756
Address: 27 Kings Avenue, Rye, TN31 7LU
eMail: cleonard@nildram.co.uk

Contact Information:

Open to the public on the 1st & 3rd Sunday of each month, 12noon - 2pm, weather permitting.

What We Offer:

We operate the Alexandra Park Miniature Railway on a not-for-profit basis. We are located a few hundred yards south of Bucks Hole Reservoir, just off St Helens Road. We aim to preserve, maintain and

eventually extend the railway and give rides to the public at 50p to cover costs. We encourage all miniature railway enthusiasts, model engineers and are always looking for volunteers to help. We have a membership scheme for those interested. £12 full member £6 associate member.

Alliance Environment Agency

Contact: Mr Aloys Manzi **Tel** 01424 445042
Position:
Address: 6 Snowdrop Rise, St Leonards-on-Sea, TN38 0GJ
eMail: aloysmanzi@gmail.com

Contact Information:

by appointment
07533 510539

What We Offer:

Promoting environmental action around the world, promoting and providing energy saving solutions, promoting and providing eco housing, providing training for small businesses, social enterprise in management, marketing, business process management, team leaders, leadership, knowledge management and change management. Providing advice for small businesses and voluntary organisation in: strategy, financial analysis, entry market strategy, cross cultural dimension, innovation process.

Alzheimer's Society

Contact: Mrs Rosemary Iddenden **Tel** 01424 720640
Position: Branch Manager
Address: 19 Marine Court, St Leonards-on-Sea, TN38 0DX
eMail: alzheimers.hastings@gmail.com

Contact Information:

10 - 4pm Mon - Fri.
Wheelchair accessible (accessible toilets being provided soon).

What We Offer:

To relieve isolation of people with dementia and their carers. This is achieved through our information centre, carers group and befriending scheme. Information, advice, signposting and befriending are offered. We also have an Outreach Worker working with the memory assessment and support team.

Amicus Horizon

Contact: **Tel** 0800 121 6060
Position: **Fax** 01424 728218
Address: PO Box 1066, Hastings, TN34 1WY
eMail: customer-services@1066ha.org.uk
Website: www.amicushorizon.org.uk

Contact Information:

We have three local offices, all of which are open to the public and are accessible by people with disabilities, although only Queensbury House has a fully-accessible loo: * Queensbury House, top of Havelock Rd, Hastings TN34 1BP. Open 8am-5pm * St Leonards Neighbourhood Office, Kennedy Court, Stonehouse Drive. Open 9am-4pm * Hastings Neighbourhood Office, 46-48 Chiltern Drive. Open 9am - 4pm.

What We Offer:

AmicusHorizon is a housing association which owns properties across the South East of England. We are the main provider of rented housing in Hastings and St Leonards - with around 4,000 homes in the town. 500 of these offer 'A' rated independent retirement housing in safe, friendly sheltered housing schemes. All our properties are let through the Sussex Homemove scheme which you can join by going to www.homemove.org.uk. We reinvest all of the rent we receive from our tenants back into neighbourhood services. These include the country's first Residents Services Organisation, which employs local residents to provide environmental and decorating services. We work closely with residents and community groups and provide many community projects and activities. If you'd like any more information, we'd be happy to help - or you'll find more on our website. Please note that from April 2009, 1066 Housing Association no longer exists - we're still here but we're part of one AmicusHorizon organisation.

Anchor Staying Put

Contact: Ms Caryl Ganley **Tel** 01323 446446
Position: The Navigator Service
Address: 1st Floor, 29 Vicarage Fields, Hailsham, BN27 1BG
eMail: caryl.ganley@anchor.org.uk

What We Offer:

Anchor Staying Put runs the countywide services of the Navigator Service, County Connect and the new Independent Living Service. All these services are aimed at people over 60 with moderate needs. We visit people in their own homes giving advice, information, small aids and equipment. We refer onto services on behalf of our customers whilst also trying to re-engage back into the local community. Happy to talk to all groups and organisations about services in approached through the above email address.

Animate Youth Access and Training Centre

Contact: **Tel** 01797 229600
Position: Chairman **Fax** 01797 229448
Address: 25 Cinque Ports Street, Rye, TN31 7AD
eMail: admin@ryepartnership.org.uk

Contact Information:

9.00am - 4.00pm Monday - Friday

What We Offer:

Animate is a registered charity which provides a number of services for young people including advice and information on accessing education, training and employment. The centre houses a training kitchen to provide a venue for catering and lifestyle courses and also offers a safe and secure environment for the provision of other training opportunities. The catering kitchen is available to hire with Animate also offering a small computer suit, a meeting room and office space for a small fee.

ARRCC (Activity Respite & Rehabilitation Care Centre) (Rye)

Contact: Mrs Grace O'Neill **Tel** 01797 229368
Position: Chief Executive **Fax** 01797 229363
Address: 1 Kiln Drive, Rye Foreign, Rye, TN31 7SQ
eMail: admin@arrcc.org.uk
Website: www.arrcc.org

Contact Information:

ARRCC is open 5 days a week from 9:30am - 4pm and has full disabled access.

What We Offer:

ARRCC provides a day-care service for adults with physical and sensory impairments living in Rural Rother and Hastings. We work in partnership with other organisations to provide support and advice to both members and their carers. ARRCC has an holistic approach to care and offers tutoring in creative arts, ITC skills and creative writing. We have therapist for massage, reflexology and beauty treatments. Counsellors are available to help with the emotional well-being of our clients and includes art therapy and music therapy. Outings are organised and we are developing an outreach service to help members with shopping, banking and leisure activities.

Association of Carers

Contact: Miss Joanne Oliver **Tel** 01424 722309
Position: PR & Fundraising Manager **Fax** 01424 422522
Address: Theaklen Drive, Ponswood Industrial Estate, St Leonards-on-Sea, TN38 9AZ
eMail: info@associationofcarers.org.uk
Website: www.associationofcarers.org.uk

Contact Information:

Mon-Fri, 9am-4pm. Answerphone out of hours.

What We Offer:

Established in 1987 the Association is now a recognised and respected provider of services that support Carers, their dependants and families within Hastings, St Leonards, Bexhill, Battle and surrounding area. We provide a free home-based respite service to Carers, by introducing volunteers into their homes, offering friendly support and companionship to their dependants, allowing the Carer the opportunity to have a few hours to themselves. We do not carry out nursing or domestic tasks but our visitors ensure that their dependant is supervised and in safe company. Friendship and support is given to all our members. A signposting service assists members and callers to access other services and information.

Battle Area Community Transport

Contact: Ms Val Greenwood **Tel** 01424 772001
Position: Co-ordinator **Fax** 01424 772001
Address: Unit 8, Rutherford Business Park, Battle, TN33 0HY
eMail: bactoffice@tiscali.co.uk
Website: www.sussex-villages.co.uk/bact.html

Contact Information:

Office Hours Mon-Fri 10am - 1pm.

What We Offer:

We are a Community Transport Charity based in Battle. We serve the rural Rother villages in the surrounding area with a bus service to network the outlying villages. We have three buses which can be hired as well as the contracted service. These can be hired by local organisations. We have two buses which are wheelchair accessible. We run monthly shopping trips to Eastbourne and Tunbridge Wells. We also hire out buses for use by youth groups and age concern organisations, using our Midas approved volunteer drivers.

Battle Children's Centre

Contact: Ms Fay Mitchell **Tel** 01424 726340
Position: Area Co-Ordinator
Address: Market Road, Battle, TN33 0HQ
eMail: rotherchildrenscentres@eastsussex.gov.uk

Contact Information:

Mon - Thurs 8:30am - 5:00pm Fri 08:30am - 4:30pm

What We Offer:

At Battle Children's Centres you can...

meet other parents at our Bumps and Under 1's group join in with our Music group and come along to a dad's/male carers group – talk to a health visitor or family outreach support worker and much more. We aim to make life better for children, parents and communities by bringing together: early education, childcare, health and family support.

Bembrook Allotment Association

Contact: Dr Judy Clark
Position: Secretary
Address: 36 Collier Road, Hastings, TN34 3JR
eMail:

Contact Information:

Open at all times to plot holders.

What We Offer:

The aims of Bembrook Allotment Association include: * Promote the interests of all members in gardening activities. * Conduct negotiations with the local authority for the use of gardening land. * Co-operate with other gardening associations via the Hastings & St Leonards Allotment Federation.

Better Braybrooke

Contact: Caroline Kempster
Position: Chair
Address: Beechwood, 59 Baldslow Road, Hastings, TN34 2EY
eMail:
Website: www.betterbraybrooke.org.uk

Contact Information:

5 Committee Meetings and 5 General Meetings open to all residents of Braybrooke Ward. Pocket Park open during daylight hours, availability of keyholders permitting.

What We Offer:

Our object is to improve the Braybrooke Ward environment and neighbourhood without distinction of gender, sexual orientation, race or nationality, by associating with local authorities, voluntary organisations and inhabitants in a common effort to improve the Ward area. Also to campaigning on issues affecting the quality of life and interests of residents. We have established a Pocket Park which we maintain and manage, and is available to access for all.

Bexhill & Battle Under Fives Association

Contact: Mrs Helen Atkin **Tel** 01424 870888
Position: Development Manager
Address: Unit 43 Vinehall Business Centre, Vinehall Farm, Vinehall Road, Robertsbridge, TN32 5JW
eMail: helen@bbufa.org.uk
Website: www.bbufa.org.uk

Contact Information:

Contact 01424 870888 or 01424 733067 for details

What We Offer:

BBUFA is a registered charity established in 1993 as a local group to support childcare providers. Our members include playgroups, day nurseries, parent & toddler groups and child minders. We are funded by membership subscriptions and grants, and have service level agreements with Early Years and Childcare Services and Sure Start. Since 1993 we have grown substantially and now employ a group of staff including development workers, crèche workers and admin staff. We support around 50 establishments in the area offering assistance with training, equipment loan, general information, liaising with external organisations, staff and committee issues, policy documents, Ofsted inspections, funding and general day to day operations.

Bexhill Caring Community

Contact: Mrs Margaret von Speyr **Tel** 01424 215116
Position: Manager **Fax** 01424 224278
Address: 25 Sackville Road, Bexhill-on-Sea, TN39 3JD

Contact Information:

Monday to Friday 9am-12 noon

What We Offer:

To provide services enabling the elderly, disabled and lonely to remain in their own homes. Dial a ride, community car service, housebound library, hire of medical equipment, advice on attendance allowance.

Bexhill Childrens Centre

Contact: Ms Fay Mitchell **Tel** 01424 726340
Position: Area Co-ordinator **Fax** 01424 736741
Address: Battle Childrens Centre, Market Road, Battle, TN33 0HQ
eMail: rotherchildrenscentres@eastsussex.gov.uk

Contact Information:

Mon - Thurs 8:30am - 5:00pm Fri 08:30am - 4:30pm

What We Offer:

At Battle Children's Centres you can meet other parents at our Bumps and Under 1's group join in with our Music group and come along to a

dad's/male carers group – talk to a health visitor or family outreach support worker and much more.
We aim to make life better for children, parents and communities by bringing together: early education, childcare, health and family support

Bexhill Furry Friends

Contact: Mrs Brenda Deeprise **Tel** 07707173479
Position: Secretary
Address: 15 Festival Gardens, Sidley, Bexhill-on-Sea, TN39 5BW

What We Offer:

Bexhill Furry Friends are a team of volunteers who train their pet rabbits for therapy work in hospitals, nursing homes etc. We also work with autistic children to help them with memory and confidence, another part of work is to go round schools, youth groups such as brownies, cups etc. to promote good care and health of pet rabbits.

Bexhill Gateway Club

Contact: Mrs Frances Rowland **Tel** 01424 223354
Position: Club Leader
Address: Bexhill Youth & Community Centre, 10 Station Road, Bexhill-on-Sea, TN40 1RE

Contact Information:

Monday evenings, 7pm - 9pm. Contact anytime

What We Offer:

Social club for adults with special needs and/or learning difficulties. Our activities are varied; from disco's, music quizzes and days out to games nights and belly dancers.

Bexhill in Bloom

Contact: Mrs Sandy Melvin **Tel** 01424 844641
Position: Chair
Address: 294 Turkey Road, Bexhill-on-Sea, TN39 5HY
eMail: sandyapecs@beamingmail.com
Website: www.apecspromotions.com

Contact Information:

Anytime

What We Offer:

To encourage others to beautify the town with flowers and hanging baskets. To hold competitions for various categories including private gardens and businesses. To enter South & South East in Bloom to promote Bexhill and win awards.

Bexhill Visitor Info Point (BVIP)

Contact: Mrs Sandy Melvin **Tel** 0780 1921105
Position: Organiser
Address: The Colonnade Coffee Shop, 294 Turkey Road, Bexhill-on-Sea, TN39 5HY
eMail: info@bexhillvip.com
Website: www.bexhillvisitorinfopoint.com

Contact Information:

10 - 4 Friday, Saturday, Sunday & Bank Holidays

What We Offer:

To promote tourism in Bexhill and to act as an enterprise hub visitors, residents community groups and businesses offer business services. Printing, photocopying and broadband access.

Bexhill Youth & Community Centre

Contact: Mr Paul White **Tel** 01424 215455

Position: Centre Manager

Address: 10 Station Road, Bexhill-on-Sea, TN40 1RE

Website: www.bexhillcommunitycentre.com

Contact Information:

Daytime

What We Offer:

Youth and community centre offering pre-school, after-school and holiday childcare, youth activity and a venue for hire.

Bodiam Parish Council

Contact: Mrs Heather Lewis **Tel** 01580830332

Position: Clerk

Address: Old Rectory, Bodiam, Robertsbridge, TN32 5UG

eMail: helewis@bodiam25.freeserve.co.uk

Contact Information:

Monday to Friday, 9.00am - 5.00pm

What We Offer:

Parish Council

Bohemia Area Association

Contact: Mr Peter Holland **Tel** 01424 445086

Position: Chair

Address: 21 Bohemia Road, St Leonards-on-Sea, TN37 6RA

eMail: hollandpbandjs@yahoo.co.uk

Website: http://bohemiaarea.mysite.wanadoo-members.co.uk

What We Offer:

We seek local opinions and represent them to others. We act as a local pressure group and also plan events. We emphasise the positive aspects of living in Bohemia and provide feedback of our projects and campaigns to the local community.

Bohemia Counselling

Contact: Prof. Chris Beaumont **Tel** 01424 722923

Position:

Address: 133c Bohemia Road, St Leonards-on-Sea, TN37 6RL

eMail: bohemiacounselling@tiscali.co.uk

Contact Information:

11.00am - 5pm, Mon, Tues, Thurs, Fri

24 hr voice mail - response within 1 working day

What We Offer:

We offer a full range of talking therapy. We work from the Carl Rogers Humanistic model, providing psychotherapy/counselling and lifestyle coaching. We are the local link to a world wide practice of psychology, at the forefront of research and good practice. With the addition of a practical advice desk for clients with issues that require practical support we feel we are the sole provider of this method of support package in this area. All our services are free at the point of delivery. We accept referrals from other agencies and self-referral. There are also training and placement opportunities for counsellors, with group and one-to-one supervision.

Bohemia Walled Garden Association (BWGA)

Contact: **Tel** 01424720993

Position:

Address:

eMail: bohemiawga@yahoo.co.uk

Website: www.bohemiawga.weebly.com

Contact Information:

More details of the BWGA will be made available after our first public meeting to be held early 2009. Information will appear in the regional press and radio and people on a list of interested public will be circulated with details of how to get in touch.

What We Offer:

Proposal for a Bohemia Community Garden Centre in the walled garden at Summerfields aims to encourage residents of Hastings and St Leonards to grow some of their own food to demonstrate approaches to growing food which cater for all levels of physical capability and which are affordable on a low income to actively involve volunteers from the local community in practical horticultural projects to provide advice to residents of Hastings and St Leonards about growing their own food to provide users with opportunities to advance their skills in food production and horticulture more generally through formal and informal education to provide locally suitable plants and locally grown produce for residents and local enterprises to provide opportunities for practical vocational training in horticulture.

Brighton & Hove Federation of Disabled People

Contact: Mr Sam Hubbert **Tel** 01273 208934

Position:

Address: 3 Rutland Gdns, Hove, BN3 5PA

eMail: bhfederation@bhfederation.org.uk

Website: www.bhfederation.org.uk

Contact Information:

Monday to Friday, 9am to 5pm.

What We Offer:

The Brighton & Hove Federation of Disabled People is a user led organisation that promotes independent living for all. Disabled people are involved in how Federation services are designed and delivered to ensure that they support people to achieve choice, freedom, dignity and control over their lives. The organisation works with disabled people, member organisations and service providers to identify gaps and support them to be involved in how services are planned and delivered locally.

Brighton Housing Trust

Contact: Mrs Philippa White

Position: Manager

Address: Finding Futures, 16 Havelock Road, Hastings, TN34 1BP

eMail: philippa.white@bht.org.uk

Website: www.bht.org.uk

What We Offer:

'Combatting homelessness, creating opportunities, promoting change.' Our services include work and learning (Finding Futures in Hastings), supporting people services and legal advice services.

Broomgrove Playscheme

Contact: Mrs Karen Cramp **Tel** 01424 438500
Position: Chair
Address: c/o OASIS, 88 Malvern Way, Hastings, TN34 3PX

Contact Information:

Easter and summer holidays Tues & Thurs.
Panto at Christmas.
Indoor session at Broomgrove Centre.
Disabled toilet and accessible entrance.

What We Offer:

We provide holiday activities in a safe environment to provide good relationships with adults and peers. We provide support for families in need. We offer a range of activities through holiday periods, such as crafts, sports and team games. We also go on a wide choice of outings, such as museums, attractions and sporting activities such as bowling and swimming.

This year, 2007, we organised a weeks holiday, which was in Torquay, Devon. Several families enjoyed a subsidised break in an hotel on half-board basis. Day outings were organised to various locations, such as a mill, steam train journey and Longleat. There was also free time to spend on the beach.

Broomgrove Residents Association

Contact: Ms Gill Fulton **Tel** 01424 712696
Position: Chair
Address: Broomgrove Community Centre, 85 Chiltern Drive, Hastings, TN34 3PY
eMail: communitycentre@broomgrove.org.uk

What We Offer:

Broomgrove Residents Association only exists to promote the benefit of the inhabitants of the Broomgrove estate and the neighbourhood by associating with the local authorities, voluntary organisations and inhabitants in a common effort to advance education and to provide facilities in the interest of social welfare for recreation and leisure time occupation with the object of improving the conditions of life for the said inhabitants. Broomgrove Residents Association will establish a community centre to provide events and activities for the benefit of the inhabitants of the Broomgrove estate.

Brownbread Horse Rescue

Contact: Mr Tony Smith **Tel** 01424 892381
Position:
Address: Brownbread Stree, Ashburnham, Battle, TN33 9NX
eMail: tony.brownbread@tesco.net
Website: www.brownbreadhorserescue.com

Contact Information:

Open by arrangement. Full disabled access.

What We Offer:

Equine welfare and re-habilitation and training suitable ponies for persons with specific disabilities. 100 equines under the care of the charity, 500 in Friends group. 3x8 page newsletters annually. x2 big Open Days annually - stalls available, displays invited. Visitors otherwise by arrangement to the 70 acre sanctuary.

BTCV

Contact: Mr Mike Cook **Tel** 01424 446395
Position: Kent & East Sussex Manager
Address: Ninfield Study Centre, Potmans Lane, Catsfield, Battle, TN33 9BJ
eMail: East-Sussex@btcv.org.uk
Website: www.btcv.org.uk

Contact Information:

Mon - Fri, 9am - 5pm.

What We Offer:

BTCV is the country's largest practical conservation charity. We work with all types of volunteer groups across East Sussex, covering all aspects of nature conservation and the environment. We run various practical task days in the county including Healthy Walks Scheme. Please contact East Sussex office for details.

Campaign for Better Transport - East Sussex

Contact: Mr Derrick Coffee **Tel** 01424 446373
Position: County Officer
Address: 9 Mayfield Place, Eastbourne, BN22 8XJ
eMail: derrick.coffee@talk21.com

Contact Information:

Contact possible at any time. Meetings bi-monthly in Eastbourne and Lewes

What We Offer:

Campaign for Better Transport was set up to promote sustainable transport and land use policies. Members believe that support for walking, cycling and public transport schemes is a key to a better quality of life for all.

It would reduce land take and pressure on green spaces, habitats and landscapes; support accessible local economic activity and services; improve health by encouraging healthier lifestyles; create cohesive communities with greater opportunities for social interaction and less crime; dramatically improve the quality of urban environment.

Cancer Research UK Relay For Life Hastings

Contact: Mrs Nicola Evans **Tel** 01424 754702
Position: Chair
Address: c/o 24 Hazelwood Gardens, St Leonards-on-Sea, TN37 7HL
eMail: nicola@relayforlife Hastings.co.uk
Website: www.relayforlife Hastings.co.uk

Contact Information:

We have monthly team meetings for the members of the relay teams who raise funds for CRUK. We vary the nights of week and venues around Hastings and Bexhill, so for those who aren't able to come one month can get to us at another meeting. We meet in pubs / church halls etc. You can always email or tel any time. There is a monthly newsletter sent out too. We have access for all inc disabled toilets, etc. As we want everyone to be involved with this cause.

What We Offer:

Relay For Life is a year long event where the community comes together to fundraise for Cancer Research UK. Then at the end of the year there is a celebration weekend where the teams come together to celebrate their achievements, by taking part in a 24 hour relay in honour of those effected by cancer.

The Relay For Life Teams - organise fundraising activities for CRUK, can be as simple as a raffle or coffee morning.

We are about raising awareness as well as raising funds. We require general help volunteers/people who would like to be more involved can join the committee - to help with event organising, team recruitment, publicity, finance.

Care for the Carers

Contact: Marty Waite **Tel** 01323 738390
Position: Information Officer **Fax** 01323 745770
Address: 1 st Floor, Greencoat House, 32 St Leonards Road,
Eastbourne, BN21 3UT
eMail: info@cftc.org.uk
Website: www.cftc.org.uk

Contact Information:

Mon-Fri, 9am-5pm. By appointment only. The building has a lift and disabled toilet facility.

What We Offer:

Care for the Carers aims to improve the quality of Carers lives by helping the local community recognise and value the role of carers and by enabling carers to access the services and support they require. Services provided include outreach workers to provide one-to-one information and provide carers with an Emergency Alert Card, help access a Carer's Assessment, link carers to other services and social opportunities. Additional Care for the Carers services include, back awareness information, access to hospital liaison workers, advocacy advice and carers receive a free magazine. There is also a dedicated Young Carers service.

Carr-Gomm

Contact: Ms Deborah Cullen **Tel** 01424 436383
Position: Local Service Manager **Fax** 01424 439675
Address: Merrick House, 30 Salisbury Road, St Leonards-on-Sea,
TN37 6RX
eMail:
Website: www.carr-gomm.org.uk

Contact Information:

Current referrals from Hastings Borough Council.

What We Offer:

Merrick House is a 12 bed homeless hostel providing supported housing to adults (18+). Primary need is homelessness, with secondary support needs within mental health, substance misuse. Staff at Merrick House work with other local external agencies to provide identified support to tenants working to enable the individual to maintain a tenancy with the view of moving to independent living. Local links include St John Ambulance, Seaview, probation and CMHT.

Castle Ward Forum

Contact: Caroline Lwin **Tel** 01424 432462
Position: Secretary
Address: 8 Castle Court, Denmark Place, Hastings, TN34 3DX
eMail: info@cwf.org.uk
Website: www.castleward.org.uk

Contact Information:

All meetings are open to anyone who lives or works in Castle Ward. The meetings are advertised in the calendar delivered to every house and business, on the website and on the 6 community notice boards. Please phone to check the meetings are as advertised. Most meetings are held in venues with disabled access.

What We Offer:

Castle Ward Forum is a community group made up of residents and people who work in Castle Ward in Hastings town centre. Active members care about the place where they live and work and believe that together they have a stronger voice to influence the council and other service providers. The work of the Forum is broken down into Special Interest Groups which focus on particular issues such as Crime and Safety, the Environment, and Town Development. The Forum is run by a committee made up of representatives from these interest groups and other town centre groups such as resident associations.

Cats Protection

Contact: **Tel** 01424 754328
Position:

Address:

Website: www.hastings.cats.org.uk

Contact Information:

Shop open daily, 43 London Road, St Leonards, approx. 10am - 4pm. Phone for all enquiries. Shop phone number is 01424 203778

What We Offer:

The Charity's objectives are to: * rescue and re-home, when possible, unwanted cats and kittens. * encourage the neutering of all cats not required for breeding. * encourage the public to have a better understanding of the care of cats and kittens. These aims are all achieved through fundraising at our local charity shop, bazaars, boot sales, street collection etc. We have a shelter for the cats which needs to be maintained.

Chapel Park Community Centre

Contact: Ms Ann Reid **Tel** 01424 714095
Position:
Address: Chapel Park Road, St Leonards-on-Sea, TN37 6HR
eMail: ann.reid@yahoo.co.uk
Website: www.chapelarkcommunitycentre.org.uk

Contact Information:

Open to the Public Monday - Thursday 09:30 - 16:00
Friday 09:30 - 12:30

What We Offer:

Chapel Park Community Centre is situated in Chapel Park Road next to the Baptist Church, access is via steps down to centre. Alternative access is via ramp and a lift down to Centre. Chapel Park Community Centre offers a wide range of IT & social courses, ESOL classes and Internet café. The IT & social courses are free to everyone. The internet café provides 5 PCs which gives free use to visitors. The IT suite and hall are available for hire. (Hall has capacity to sit 100 people, IT suite has 14 PCs). HEMAS - Hastings Ethnic Minority Advice Service:- every Thursday 2 - 4pm for anyone needing assistance, advice and support in all day to day, work, education or employment related issues.

Chichester Diocesan Ass. for Family Support Work

Contact: Ms Jude Harrison **Tel** 01424 855222 E
Position: Family Support Worker
Address: Robsack Centre, Bodiam Drive, St Leonards-on-Sea,
TN38 9TW
eMail: jude.fsw@hotmail.co.uk
Website: www.familysupportwork.org.uk

Contact Information:

Mon to Fri 9am to 4:30pm.

What We Offer:

A free, confidential service to anyone raising or caring for a child/ children in Hastings or St Leonards. FSW works to help people to overcome difficult periods in their lives with positive emotional and practical support and advice. Volunteers wishing to train as home visitor supports or to help the organisation in other ways are welcomed.

Christ Church Parish Centre

Contact: Tel 01424 447784
Position: Church Warden
Address: 2 Christ Church Courtyard, London Road, St Leonards-on-Sea, TN37 6GL
eMail: bookings@christchurchstleonards.org
Website: www.christchurchstleonards.org

Contact Information:

The Church is open each day.
The administrator can be contacted Mon, Wed and Fridays.

What We Offer:

As a faith group/church our primary aim is to witness to the love of God for all, as it is proclaimed in the Gospel of Jesus Christ. The Church has various groups attached, eg, Uniformed groups to Alcoholics Anonymous. We also have a Parish Centre with a large hall and stage - all with disabled access. We are a vibrant community resource!

Christ Church, Ore

Contact: Rev Ron Elverson Tel 01424 715193
Position: Vicar
Address: Old London Road, Hastings, TN35 5BG
eMail:

Contact Information:

Rev. Ron Elverson can be contacted on the above number.

What We Offer:

Christ Church is the Anglican Parish Church in the heart of Ore village, Hastings. We have services in the church every Sunday and on Wednesdays. We also have prayer and bible study groups held in people's homes. We offer a wide range of activities for all ages: mother & toddler group, daily term-time playgroup sessions, children and youth groups, 'uniform' groups such as Scouts, adult social groups and a choir. We offer a sincere and caring welcome to all, irrespective of faith or where they live. Our modern Parish Hall, with its fully equipped large kitchen, is available for hire.

Churches Together Hastings & St Leonards

Contact: Mrs Marian Povey Tel 01424 719639
Position: Secretary
Address: 7 Boscobel Road, St Leonards-on-Sea, TN38 0LU
eMail: marianpovey@sky.com
Website: www.hastingschurches.org.uk

Contact Information:

Information available on website.

What We Offer:

Churches Together is an organisation designed to encourage churches and other Christian organisations to work together and share information. It encompasses most denominations in the town and organises events for the benefit of Christians and the local community. It runs parent/toddler groups, lunch clubs, outings and a special Unity Service where there is good collaboration between churches. A bimonthly newsletter is produced.

Circle of Life Rediscovery

Contact: Ms Marina Robb Tel 01273 814226
Position: Director
Address: 29 Mill Mead, Ringmer, BN8 5JG
eMail: info@circleofliferediscovery.com
Website: www.circleofliferediscovery.com

Contact Information:

9 - 4 Monday to Friday

What We Offer:

Circle of Life Rediscovery aims at empowering people of all ages and cultures to discover the natural world, the worlds between cultures and the worlds within themselves. We do this through camps, day events and bigger programmes for your people. We also run family events and youth and adult training in outdoor and personal education.

Citizens Advice 1066

Contact: Mr Geoff Brown Tel 01424 721420
Position: Chief Executive Fax 01424 452708
Address: 24 Cornwallis Terrace, Hastings, TN34 1EQ
eMail: geoff@citizensadvice1066.co.uk
Website: www.citizensadvice.org.uk/citizensadvice1066

Contact Information:

Monday - Friday 10am - 4pm for drop-in, telephone or appointments
Wednesday 5-7pm appointments.

Access via ramp

What We Offer:

The provision of quality marked advice services to the public including debt, housing, benefits, immigration & nationality (level 1), consumer, family etc. The provision of a specialist debt management service for those with multiple or complex debts. The provision of financial literacy training across Hastings & Rother.

Club 4 Kids

Contact: Tel 01424 440779
Position: Managing Director Fax 01424 440779
Address: PO Box 17, Hastings, TN35 5QL
eMail: enquiries@club4kids.org
Website: www.club4kids.org

Contact Information:

Mon - Fri 3pm to 6.30pm term time, school holidays Mon - Fri 8am to 6.30pm.

What We Offer:

Out of school hours play and childcare for ages 4-14 (including disabled children) after school clubs, including 12 o'clock for part-time school attendees and holiday clubs. Open all year round, throughout all school holidays (except for Christmas and Bank Holidays). Disabled children and children with additional needs welcome. Clubs situated at Sandown School, Little Ridge School and William Parker School. Transport from all local schools available on request - term time only.

Community Fruit & Veg Project

Contact: Mr Neil Sadler Tel 01424 201137
Position: Project Manager Fax 01424 201137
Address: Unit 33, Britannia Enterprise Centre, Waterworks Road, Hastings, TN34 1RT
eMail: neil@fruitandveg.org
Website: http://www.fruitandveg.org

Contact Information:

Open Monday to Friday with monthly markets held in rural locations on odd Saturdays. The veg box scheme operates on a Friday only.

What We Offer:

The Project benefits disadvantaged people in rural and urban areas and in particular targets those who find it most difficult to access affordable fruit and vegetables, such as older people and families on low incomes. The Project also works with children centres, playgroups and Primary Schools to set up deliveries for families, particularly targeting those on low incomes, including families that receive Healthy Start vouchers. It aims to increase awareness and education about cookery, healthy eating and local produce amongst these group of people by providing cookery demonstrations and training sessions.

Community Links Service - Together

Contact: Tel 01424 212321
Position:
Address: 73A Centre, 73A London Road, Bexhill-on-Sea, TN39 3LB
eMail: communitylinksbr@together-uk.org
Website: <http://www.together-uk.org/>

Contact Information:

The office is open 9:30 - 5pm Monday - Friday

What We Offer:

Staff provide an individual tailored package for clients which supports their transition from using mental health services back into community based activities. Staff encourage people to become involved in employment, volunteering and leisure activities. The intention is that people recovery from mental health distress and other excluded groups will become more independent and integrated into the local community.

Computers For Charities

Contact: Mr Simon Rooksby Tel 01323 840641
Position: Chair
Address: Cemetery Lodge, Ersham Road, Hailsham, BN27 3LJ
eMail: info@computersforcharities.org
Website: www.computersforcharities.org

Contact Information:

Monday - Friday 10am - 4pm

What We Offer:

Computers for Charities assists and advises Charities, Voluntary organisations, Church groups and educational establishments locally and nationally. CfC is able to advise and assist organisations with ICT development and sells low cost refurbished computer scheme to organisations listed above. Low cost Graphic design and printing services are also available to organisations requiring professionally produced logos, letterheads, brochures etc. Since it's beginnings in 1994. CfC has gained much experience and now develops and implements wide ranging projects addressing educational, environmental, social and humanitarian needs across the UK and overseas.

Connexions 360

Contact: Mr Tony Demarco Tel 01424 425780
Position: Client Adviser Fax 01424 431564
Address: 1st Floor, Queensbury House, Havelock Road, Hastings, TN34 1BP
eMail: tony.demarco@vtplc.com
Website: www.connexions360.com

Contact Information:

The office is open and phones staffed from Mon - Thurs 9am to 4.30pm Fri - 9am to 4pm. There are disabled toilet facilities on the ground floor. The premises are DDA compliant.

What We Offer:

Connexions 360 provides a careers and personal development service for clients aged 13-19 delivered under the Connexions contract. This includes support to help young people overcome barriers to learning and obtain employment, training and additional education. For clients aged 20 and it delivers a free information, advice and guidance service is available via the Next Steps Contract. An extensive careers resources centre is available for free access by the public during office opening hours.

Contact the Elderly

Contact: Ms Julia Rivas Tel 01273 471132
Position: Regional Development Officer
Address: PO Box 162, Lewes, BN7 9ET
eMail: julia.rivas@contact-the-elderly.org.uk
Website: www.contact-the-elderly.org.uk

What We Offer:

"Contact the Elderly" groups organise gatherings for frail, elderly people who live alone. One Sunday afternoon a month, volunteer drivers take around 8 elderly people on regular visits to the homes of volunteer hosts for tea. Groups visit a different home every month and spend a few hours in the company of friends, old and new. Contact the Elderly can help ensure that the very old do not end up isolated in their own homes not seeing anyone socially from one month to the next.

CRI - Young People & Families East Sussex

Contact: Miss Rachel Britt Tel 01424 423344
Position: Services Manager Fax 01424 446861
Address: Rothermere House, 49 - 51 Cambridge Road, Hastings, TN34 1DT
eMail: rachel.britt@cri.org.uk
Website: www.cri.org.uk

Contact Information:

Working hours Monday to Friday 9.00 to 5.00, telephone contact for all projects between these hours. Wheel chair; chair lift; lift access; toilet facility for people with disabilities.

What We Offer:

To promote safer communities through purposeful lives. There are 3 main projects : * Connexions Personal Advisor offering accommodation advice and support for 16-19 year olds (up to 25 if educationally statemented) in Hastings and Rother. Appointments only, ring Grace Davies (Project Worker). * Floating Support for 16 - 25 yr old tenants in Hastings. Referrals from Local Authority and other accommodation agencies. Self referrals also accepted. Contact Stewart Herrieven (Snr. Project Worker) or Gary Smith (Project Worker), or email yphastings@crinet.co.uk * Family Intervention Project working with families at risk of behaving anti-socially. Referrals from Multi Agency Task Team only. Contact Verra Papaspyrou (Team Leader), Elaine Fowler (Senior Parenting Practitioner), Liz Ellis and Sean Gravill (Project Workers). email : familysupporthastings@crinet.co.uk

CRI - Youth Accom. Support Service

Contact: Mr Peter Ginn Tel 01424 423344
Position: Senior Project Worker
Address: Rothermere House, 49 - 51 Cambridge Road, Hastings, TN34 1DT
eMail: peter.ginn@crinet.co.uk
Website: www.crinet.co.uk

Contact Information:

Drop-ins, Monday & Wednesday p.m. in Eastbourne and Tuesday & Thursday p.m. in Hastings.
Monday to Friday 9am to 5pm 01424 423344. Helpline 0800 1214414 5pm to 7pm

What We Offer:

YASS provides homelessness and housing advice, information, options and guidance to young people aged 13-25 who may be experiencing difficulties at home, at risk of homelessness, tenancy and landlord problems or finding accommodation. Help Clients claim benefits for the first time and making social fund claims. Help with education, employment or training options.

Decoda

Contact: Mr Gary Mills **Tel** 01424 439192
Position: Office Manager
Address: Theaklen House, Theaklen Drive, St Leonards-on-Sea, TN38 9AZ
eMail: enquiries@decoda.org
Website: www.decoda.org
Contact Information:

Contact by phone in first instance during office hours. There are no access problems at places where we run sessions. Disabled toilet facilities are available at Horntyte Park.

What We Offer:

Decoda is a social enterprise dedicated to engaging those with high individual support needs. We run the Music Gym at Horntyte Park - a large, fun interactive space for people with profound disabilities.

Diversity Resource International

Contact: Mrs Janet Baah
Position: Manager
Address:
eMail: dri.hastings@tiscali.co.uk
Website: <http://www.dridiversity.org/>

Contact Information:

The office is open on Tuesdays and Thursdays. Contact during this and at other times on 07979 717506

What We Offer:

Diversity Resource International is a social enterprise with primarily social objectives whose surpluses are principally reinvested for the purpose in the business or in the community, rather than being driven by the need to maximise profit for shareholders and owners. The mission of DRI is to use language to tackle social, cultural and economic exclusion of black and ethnic minorities and people of other cultures by providing them with career and employment centered training, education and promotional facilities.

East Sussex Association for the Blind (BEXHILL)

Contact: Ms Mary Colato **Tel** 01323 832252
Position: CEO **Fax** 01323 833054
Address: West End, Herstonceux, BN27 4NH
eMail: info@eastsussexblind.org
Website: www.eastsussexblind.org

Contact Information:

Head office open Mon - Fri, 9am - 4.30pm

What We Offer:

East Sussex Association for the Blind aims to enhance the lives of people with sight loss and to promote independence. We have over 1500 visually impaired members across the three rural districts of East Sussex and in Brighton and Hove. We make home visits to new referrals, provide an information help line and rehabilitation training, access to aids and equipment at our fully accessible Resource Centre just outside Hailsham or through our outreach service, social activities through our 14 social groups each meeting monthly and run by local volunteers, a free audio library and newsletter in various accessible formats, free audio equipment through British Wireless for the Blind, home visiting/befriending (in Brighton and Hove), vision awareness training for carers and paid staff or volunteers, and disability discrimination awareness training.

East Sussex Council for Voluntary Youth Services

Contact: Ms Laura Williams **Tel** 01323 439754
Position: Development Manager **Fax** 01323 439754
Address: 8 Saffrons Road, Eastbourne, BN21 1DG

eMail: admin@escvys.org.uk

Website: www.escvys.org.uk

Contact Information:

10:30 to 3:30 Tues - Thurs. alternatively phone Laura Williams on 07921 485813

What We Offer:

To support organisations in the voluntary sector who work with children and young people in East Sussex.

East Sussex Disability Association

Contact: Ms Julia Plowman **Tel** 01323 514500
Position: Information Officer **Fax** 01323 514501
Address: 1 Faraday Close, Hampden Park, Eastbourne, BN22 9BH
eMail: julia.plowman@esda.org.uk
Website: www.esda.org.uk

Contact Information:

Monday - Friday 9am - 5pm (some service times may vary) Visits by appointment only. Fully accessible premises, including accessible parking for Blue Badge holders.

What We Offer:

ESDA exists to help disabled people maintain choice and control in their lives. Our role is to actively empower and support disabled people through a range of services including:- * Information, advice and guidance * A display and assessment centre for adaptive equipment (Disabled Living Centre). * A benefits advice (Welfare Rights) service * A Holiday Service and * 19 local groups across the County. From April 2008, ESDA has been appointed as Host for the East Sussex LINK (the LINK has replaced the PPIH Forum (Patient & Public Involvement in Health) with a broader remit for health & social care.). For further details see www.thecountylink.net or call the LINK direct on 01323 514510.

East Sussex Healthy Homes

Contact: Sara Winnington **Tel** 0798 370 7729
Position: Project Officer - East Sussex Heal
Address: Top Floor Flat, 88 Lyndhurst Road, Hove, BN3 6FD
eMail: sara.winnington@ecsc.uk.com

Contact Information:

Monday - Thursday office hours

What We Offer:

To raise awareness of fuel poverty across East Sussex working in partnership with the local authorities and the energy centre for sustainable communities. Provides free fuel poverty training for professionals and organisations working with vulnerable groups, enabling them to take up energy efficiency grants to heat and insulate their home. Can attend events to provide energy efficiency advice and give talks to groups.

East Sussex Hearing Resource Centre

Contact: Mr John Leonard **Tel** 01323 722505
Position: Director **Fax** 01323 722505
Address: 8 St Leonards Road, Eastbourne, BN21 3UH
eMail: mail@eshrc.org.uk
Website: www.eshrc.org.uk

Contact Information:

Communication Group every 1st Friday of the month, 10.30 - 12noon, at Hastings Voluntary Action
At same venue, lip-reading classes each Mon, 2.30-4pm, during term time only. Called the Communication Group this is a small, friendly and relaxed meeting for people with a hearing loss. To contact directly please phone or email david@eshrc.org.uk

What We Offer:

Advice and information on all deaf and hard of hearing issues. Demonstration and display of assistive devices to aid with tv, doorbell, phone etc. Communication support, Lipreading Classes, Sign workshops. Communication/outreach groups meeting monthly at Hastings, Bexhill and deaf outreach service to many rural areas in East Sussex. Volunteer Visiting Service for deaf and hard of hearing in residential homes.
A regular outreach bus visits the Hastings & Rother area. Deaf/blind communicator guide services and deaf awareness training centre.

East Sussex Link (Local Involvement Network)

Contact: Mrs Jan Cutting **Tel** 01323 514510
Position: Development Worker - Hastings &
Address: 1 Faraday Close, Eastbourne, BN22 9BH
eMail: info@thecountylink.net
Website: www.thecountylink.net

Contact Information:

9 - 5 Mon-Fri. Meetings are held around the county at fully accessible venues. See website and newsletters for full details.

What We Offer:

The aim of the LINK is to promote and support the involvement of people in the commissioning, provision and scrutiny of local health and social care services. Anyone and everyone can be involved at whatever level they feel they wish, from receiving a newsletter, letting the LINK know of a comment, concern, issue or compliment of the services they, or others receive to attending focus groups or meetings.

East Sussex V Project

Contact: Mr Barrie Welford **Tel** 01590 671887
Position:
Address: 2 Ringbury, Lymington, SO41 9FH
eMail: action1066@aol.com
Website: www.vinvolvedeastsussex.org.uk

Contact Information:

Monday to Friday some weekends

What We Offer:

We work with hard to reach young people 16 to 24 years of age, and young people with special needs. Our programme aims to teach young people Media, Photography, Conflict Resolution, etc. and helps young people to volunteer within the local community.

EDRS (Eating Disorders Recovery via Self-help)

Contact: Miss Ann Cox **Tel** 01424 426880
Position: Founder/Manager
Address:

Contact Information:

No disabled access. I work from home and with an answerphone

service anyone can phone any time.

What We Offer:

Founded by Ann Cox who coped with life via eating disorder for 28 years. Now fully recovered Ann offers telephone help, one-to-one counselling to those unwell, plus family/relatives/friends. She also visits various organisations/colleges/schools to educate/inform on this subject, always with the emphasis on the 'how' of recovery. So much is spoken of the symptoms of eating disorders, little about self-esteem and body image.

Education Training Consortium Sussex

Contact: Mr Peter Carcas **Tel** 01424 849870
Position: Chair
Address: 49 Cambridge Gardens, Hastings, TN34 1EN
eMail: edtracon@btinternet.com

Contact Information:

Typical Hastings victorian building! Activity times vary - someone in office most days

What We Offer:

Formed in 2008 by four small voluntary groups/charities based in Hastings Town Centre who have come together to enable us to deliver training and education to their client groups. These include: refugees, asylum seekers, immigrants, recovering drug users, homeless people and young people from disadvantaged backgrounds. The current members are; Hastings Area Community Trust: a registered charity providing accommodation for voluntary organisations and the administration of grants for individuals in need. This organisation can trace its origins back to 1892 and has its own endowments plus funds it administers on behalf of the Charity Commission and other charities. Hastings Kurdish Welfare Association: a voluntary organisation formed in 2002 providing support to asylum seekers and refugees, mainly of Kurdish origin, across East Sussex and south Kent. Stumped: a voluntary organisation formed in 2001 working with people across East Sussex recovering from substance misuse. Gizmo: a registered charity formed in 2003 working with disadvantage

Elim Church Centre

Contact: Rev Gwilym Hughes **Tel** 01424 849840
Position: Minister
Address: Elphinstone Avenue, Hastings, TN34 2DJ
eMail: office@elimchurchcentre.org.uk
Website: www.elimchurchcentre.org.uk

Contact Information:

Office hours, 9am - 5pm, Sunday meetings @ 10:30am, Mums & Tots Wed 9:30am, Seven Youth Group alternate Fridays 7:30pm term-time only. For details of other meetings see website or phone the office.

What We Offer:

Serving the community by providing a centre for community groups, a focal point for families and a source of support for individuals. We provide opportunities for communities, families and individuals to enjoy a positive, secure social life, with a friendly, welcoming Christian ethos; whatever your age, background or social standing.

English in the Community

Contact: Mrs Zephyr Grayland **Tel** 01323 482847
Position: Project Leader
Address: 11 Broadview Close, Willingdon, Eastbourne, BN20 9RB
eMail: info@englishinthecommunity.org.uk
Website: www.englishinthecommunity.org.uk

Contact Information:

Contact (01323) 482847 Mon-Fri 9-5 or 07971 908 141 Mon-Sat 9-6
Lessons available at Gensing & Central St. Leonards Community
Information Centre, 16 Silchester Road, St. Leonards-on-Sea. Please
ring above for further information and course schedules.

What We Offer:

Our mission is to empower migrants who are resident in the UK and need help with their language skills. We offer quality English language lessons tailored to students' specific requirements. Within our lessons, we introduce students to service providers who may be of assistance to them and voluntary activities which can offer students 'hands-on' experience of our culture. It is our mission to ensure migrants achieve successful integration into society, and to promote positive links between native people and the international community. We undertake research with a view towards providing a greater insight into local migrant communities and the issues which concern them. We also provide teacher training, and seek to provide all our volunteers with opportunities and experience relevant to their requirements.

Etchingam Military & Aviation Preservation Group

Contact: Mr Ray Williamson **Tel** 01435 882091
Position: Curator
Address: Fonthill Cottage, Fontridge Lane, Etchingam, TN19 7DG
eMail: etchingam-military@tiscali.co.uk
Website: www.zyworld.com/ColinBoylett/emapg.htm

Contact Information:

We hold monthly meetings in Etchingam Village Hall on the first Thursday each month (except August) where we have a speaker. These talks are open to visitors free of charge. Other meetings, excursions, etc, are also held from time to time. Please telephone 01580 819364 for up-to-date details.

What We Offer:

We record and preserve the wartime heritage of the UK, with particular attention to our local area, and seek to educate the public about the lives of those, particularly local people, who lived and served during times of war, both in the armed services and at home. Using items from our own and our members' extensive collections, we also produce a travelling public exhibition, with a different topic every year, of wartime items and history, ending the season with a much larger display. The last was in Brede Village Hall in November, 2009. We are not obsessed with the thoughts of war: we value peace and hope that the lessons of the past will help to secure it for the future.

Family Information Service for East Sussex

Contact: **Tel** 01323 463850
Position: **Fax** 01323 463850
Address: Eastbourne Central Library, Grove Road, Eastbourne, BN21 4TL
eMail: kites@eastsussex.gov.uk
Website: www.direct.gov.uk/childcare

Contact Information:

Currently open Monday, Tuesday, Thursday and Fridays 8.30am-5pm and Wednesdays 8.30am-4pm

What We Offer:

Raising a family is a full time job. So when you need advice and information talk to us. Our service is friendly and free. Offers information on Childcare for all ages including; childminders, nurseries,

pre-schools, breakfast clubs at school, after-school clubs, holiday playschemes and nanny and au-pair services. Also provide information on getting help with childcare costs including tax credits, the Early Years Education Entitlement for all 3 and 4 year olds. Also hold details of fun activities for children and young people throughout East Sussex.

Fellowship of St Nicholas (FSN)

Contact: Mrs Stephanie Edmonds **Tel** 01424 423683 x
Position: **Fax** 01424 460446
Address: St Nicolas Centre, 66 London Road, St Leonards-on-Sea, TN37 6AS
eMail: cunsworth@fellowshipofstnicholas.org.uk
Website: www.fsncharity.org.uk

Contact Information:

8am - 6pm the Nurseries
9am - 5pm the Centres.

What We Offer:

FSN deliver a range of services for children, young people and families at St Nicholas and Robsack Centres. Services are delivered with aim of helping to combat poverty and deprivation by supporting the empowerment of local people to develop skills and wellbeing. FSN also run the Greenway Nursery in Hastings Town Centre [Waterworks Road] open 8am - 6pm weekdays. FSN manage the St Leonards Children's Centre 01424 200604. FSN are open on weekdays; St Nicks Nursery 8am - 6pm children age 3 months to 5 years. NIX & The Place - Youth clubs 6.30pm - 8.30pm - 5 nights per week. PALS - Play & Learn service. Fun Van - Rural outreach project. Dragonflies bereavement project. Family Life Parenting project. Personal Development Training /Employment training and support projects. Volunteering opportunities available in all areas. Room Hire for training and meetings including IT suites available at both Robsack [01424 855222] and St Nicholas Centres 01424 423683 ext 30

Filsham Wheelers

Contact: Mr John Smart **Tel** 01424 219690
Position: Chair
Address: 18 Singleton Walk, Bexhill-on-Sea, TN40 2RG
eMail: johnsmart09@yahoo.co.uk

Contact Information:

I am available 24/7 on my mobile. Practice times are Thursdays at Filsham Valley School from 3 till 5, Saturday at Hillcrest from 10 till 12.15.

What We Offer:

We are a wheelchair basketball team and cater for youngsters & adults from 12/13 to 45. This is mainly aimed at the disabled who use a wheelchair. We do allow a limited number of able bodied. This team enables the disabled to get into a sport, get fit and belong.

Five Villages Home Association

Contact: Mrs Penny Button **Tel** 01424 814608
Position: Chief Executive
Address: Five Villages House, Oast House Field, Icklesham, TN36 4BQ
eMail: fivevillageshouse@fsnet.co.uk

Contact Information:

The Five Villages office is open Mondays, Wednesdays and Fridays between 9am and 2pm

What We Offer:

Five Villages Home Association provides affordable sheltered housing for rent for people over 60 years of age. We have 51 self contained 1 bedroom flats as well as guest rooms, communal lounges lifts to the first floor, laundries. There is an active social club and a minibus for shopping.

Friary Gardeners (Parchment Trust)

Contact: Mr Roger Hambrook **Tel** 01424 752555
Position: Project Manager **Fax** 01424 755777
Address: Ore Place Farm, The Ridge, Hastings, TN34 2RA
eMail: parchment.trust@btconnect.com
Website: www.parchment-trust.org.uk

Contact Information:

Open 5 days a week from 8 am - 4 pm

What We Offer:

To provide daytime opportunities and training primarily for learning disabled groups in the gardening/horticultural field. Also volunteer opportunities for everyone encouraging those with a mental health background. Activities include community gardening, growing pot plants and organic vegetables on a 2 acre site. Also offer literacy and numeracy, I.T., photography, various craft activities, DIY and maintenance work.

Friends of Churchwood

Contact: Mrs Tina Hughes **Tel** 01424 852326
Position: Chair **Fax** 01424 854326
Address: Churchwood CPS, Church-in-the-Wood Lane, Hastings, TN34 3JN
eMail: office@churchwoodcp.e-sussex.sch.uk

Contact Information:

Unfortunately, the group meets termly at dates agreed at previous meetings. However, messages can be left on the school answerphone and these will be forwarded to the Chair of the committee. The group generally meets on the school site. This is split level but does have disabled access for toilet facilities.

What We Offer:

We are committed to supporting the Every Child Matters agenda and endeavour to provide the child with quality resources and social experiences. This we do by raising money to promote the school welfare of the children. Activities include: Lunchtime club to support vulnerable children. After school activities to provide extra curricular activities and extended schools provision. Hosting social events for children and the community. Fundraising events to provide resources and develop the school environment. Holding competitions to motivate the children promote self esteem and emotional wellbeing. Developing links with other agencies to support community projects.

Friends of Summerfields Wood

Contact: Derek Binns
Position: Chair
Address: 21 Barnfield Close, Hastings, TN34 1TS
eMail: summerfields.wood@hotmail.co.uk
Website: www.summerfieldswood.co.uk

Contact Information:

Open access but a steeply sloped site. Conservation work usually on second weekend of each month.

What We Offer:

To conserve Summerfields Woods, its flora, fauna and wildlife habitats as a community resource and promote its use by local people as a place for the quiet enjoyment and study of the woodland. To promote practical conservation works through voluntary action for the benefit of the local environment and community.

Friends of The Conquest Hospital

Contact: Mrs Margaret Williams **Tel** 01424 753005
Position: Secretary **Fax** 01424 753005
Address:
eMail: jabpinehurst@tiscali.co.uk

Contact Information:

By phone anytime.

What We Offer:

Allocate funds for the extra comfort, both of patients in the hospital and also in the wider community. We are a voluntary charity.

Friends of TREAD

Contact: Mr Colin Burling **Tel** 01424 853697
Position: Trustee **Fax** 01424 853697
Address: 233 Wishing Tree Road, St Leonards-on-Sea, TN38 9LA
eMail: treaduk@hotmail.com
Website: www.friendsoftread.org

Contact Information:

By appointment.

What We Offer:

Friends of TREAD works in partnership with TREAD India Trust to:
- relieve need, hardship and distress for people of Andhra Pradesh and Orissa, S India - further the education of children and young people and to found new establishments for that purpose - found and maintain technical training and vocational institutes - provide financial assistance for children and young people upon leaving their place of study to prepare them for the workplace so that they are able to live independent lives - preserve and safeguard the health of persons any age in AP and Orissa providing necessary medical aid and to found and maintain medical institutions.

Gensing & Central St Leonards Forum

Contact: Ms Sylvia Bennett **Tel** 01424 438291
Position: Chair
Address: Community Information Centre, 16 Silchester Road, St Leonards-on-Sea, TN38 0JB
eMail: chair@gcsl.org.uk
Website: www.gcsl.org.uk

Contact Information:

9:30am - 1pm

What We Offer:

Formed from volunteers, living or working in the two wards, who want to make the area a better place in conjunction with Hastings Borough Council and Statutory agencies. The Forum holds open meetings to raise awareness of all issues affecting the local community. The Forum has a Community Information Centre at 16 Silchester Road which is open each week day between 09.30-1.00pm. This provides a local place to get information, raise issues and concerns relating to the area through the Forum's volunteer work force. The Forum organises the very successful St Leonards Festival. It also has a training and meeting room available for hire. If you would like to be involved with Forum activities including the Festival or require more information contact the Community Information Centre.

Gensing and Central St Leonards Writer's Group

Contact: Mrs Carolyn Markson-Brown **Tel** 01424 438291
Position: Secretary
Address: 16 Silchester Road, St Leonards-on-Sea, TN38 0JB
eMail: cmarkson@btinternet.com

Contact Information:

The group meets every Wednesday from 1:00pm to 3:pm at the Gensing and Central St. Leonards Community Forum. There is disabled access. Office hours only for phone contact

What We Offer:

We are a small group of enthusiastic writers. We aim to develop our individual styles with the support of the group members. Each week we are able to read out our new pieces of work and ask for advice and positive criticism. Writing techniques and new skills are taught on a regular basis.

Girlguiding Sussex East

Contact: Mrs Glyn Martin **Tel** 01323 645504
Position: County Commissioner
Address: 2 Lindsay Close, Eastbourne, BN20 8DP
eMail: glyn.derrick@btinternet.com
Website: www.girlguidingsussexeast.org.uk

Contact Information:

Meetings are on various evenings during the week, and in some places could be a Saturday morning. This is dependant on the area/unit someone is interested in joining or helping with.

What We Offer:

We provide a unique girl-only space. We're relevant to today's girls. We promote diversity and equality. We give girls a voice. We offer new and exciting experiences for today's girls and young women. Our learning and activity programmes are girl-led and constantly evolving to meet their ambitions. With the support of our amazing volunteers, girls in guiding form close friendships, grow in self-confidence, learn new skills, gain new experiences and have fun! Challenged by a programme that extends beyond badges, today's young guiding members are involved in an incredibly diverse range of activities, from girl-led community projects to volunteering in developing countries. Rainbows 5-7 years; Brownies 7-10; Guides 10-14; Senior Section 14-25; Leaders; 18+

Gizmo DIY Theatre Company

Contact: Mrs Patricia Fisher **Tel** 01424 436333
Position: Director
Address: Gizmo World, 23 Priory Street, Hastings, TN34 1EA
eMail: gizmopatricia2006@hotmail.co.uk

Contact Information:

Mon: Performing arts (6pm - 8pm) Tues: Set/stage design and construction (6 - 8pm) Wed: Film making (6 - 8pm) Thurs: Performing arts (6 - 8pm) Fri: MC/DJ workshops (6:30 - 8:30pm) Sat: Art (12noon - 2pm) Performing Arts (2 - 3:30pm). All held at Gizmo World EXCEPT Thursdays where it is held at Isobel Blackman Centre, South Street, St Leonards-on-Sea. Open to all and has disabled access.

What We Offer:

Gizmo provides art form workshops in Castle Ward and Central St Leonards to children and young people aged 5 - 19 years, leading to participation in community events, educational trips and exhibitions of creative work. Gizmo now offers accreditation to young volunteers in recognition of their contributions.

Go Local Community Interest Company

Contact: Mr Tony Rowell **Tel** 07714099481
Position: Director
Address: 9 Laughton Lodge, Laughton, BN8 6BY
eMail: info@go-local.org.uk

Contact Information:

Available by phone and email at any time.

What We Offer:

(1) Develop projects that encourage local communities to become more self sufficient in food production and distribution.(2) Developing infrastructure capacity in the not for profit sector to ensure groups continue to exist and flourish.(3) To develop projects that will improve the local natural environment through improving green spaces and buildings, reducing pollution, promoting environmentally friendly transport and tackling climate change through a variety of means. Currently Go Local is developing a programme of led cycling trips for the over 50s across East Sussex. In the near future service to the voluntary sector will be offered in particular on environmental and financial issues.

Grass Roots Open Writers (GROW)

Contact:
Position:

Address:

eMail:

Website: www.grass-roots-open-writers.btik.com

Contact Information:

GROW meets every Tuesday morning from 10.00 – 12.00 (Except School Holidays) in the Hastings Children's Library, Robertson Passage (off Robertson Street) Hastings, TN34 1HL. This venue has wheelchair ramps and has an accessible toilet.

What We Offer:

Provide a safe and supportive environment that helps our members to build their social skills, confidence and self-esteem, while improving their writing, reading and communication skills. * Organise writing workshops, social activities and ten working events, produce our own literature and multimedia presentations.* Enable our members to find their own voice, experiment with new writing methods and explore different writing styles.* Help our members get actively involved with the planning, decision-making and running of the organisation.* Promote the organisation and publicise our work. * Offer training and support to help our members recognise the skills they already have acquire new skills and to develop them further. * Assist our members to take part in social and writing activities that are organised by other local and national organisations. * Encourage our members to help and support each other, and to share their skills, knowledge and expertise when they feel ready and able to do so.

Happy House

Contact: Mr Michael Arnold **Tel** 01424 434778
Position: Co-ordinator
Address: 3b Castledown Avenue, Hastings, TN34 3RJ
Website: www.happyhouse.co.uk

Contact Information:

Phone between 1 - 4pm Monday - Friday.

What We Offer:

Happy House, a group of professional artists, musicians and writers based in Hastings, was formed in 1992. Our skills cover a broad spectrum of different art forms. We work with the community on contemporary cultural projects, films, music, poetry, creative writing, making art, publishing, performance, murals etc. encouraging communication and creativity. We go out into the community and educational settings to work with individuals and groups of all ages. We also provide workshops.

Hastings & Bexhill Mencap Society

Contact: Mrs Pauline Fletcher **Tel** 01424 424813
Position: Administrator **Fax** 01424 422082
Address: Frimley, 64 London Road, St Leonards-on-Sea, TN37 6AS
eMail: hastings.mencap@yahoo.com

Contact Information:

Office open 8:30 - 4pm for full details of times of all activities.

What We Offer:

Provision of services for people with learning disabilities and their families and carers by Open Door day service, Active Arts our educational arts programme, residential care, Wednesday evening social club for adults, Saturday discos, holidays, outings and social events. Regular carers and family lunches are held. Main fundraising is through our charity shop in Kings Road, St Leonards. We also hold other fundraising events throughout the year.

Hastings & District Interfaith Forum

Contact: Mr Timothy Miller **Tel** 01424 812419
Position: Chair
Address: Manor View, Winchelsea Road, Guestling, Hastings, TN35 4LW
eMail: timjmiller@onetel.net

Contact Information:

Telephone calls: Monday-Friday 9.00-5.00pm. Monthly meetings are held in the St Leonards area.

What We Offer:

To promote community cohesion through dialogue and cooperation between faiths, with the motto Many Faiths-One Community. The aims and objectives are: To engage in dialogue which promotes, mutual respect and understanding amongst the faith communities, without diminishing or diluting the traditions represented or seeking to proselytise. To foster friendship and understanding between people of faith. To promote educational projects and events whereby faiths can teach others about their beliefs and diminish prejudice, ignorance, fear and misunderstanding. To work together for the solution of problems experienced by local faith communities in the practice of their religion. To work on agreed projects for the common good of the local community. To co-operate with other groups and networks with similar aims and facilitate good communication between faith and community groups. To influence decision making processes and promote the positive role of religious faith in community life, by engaging with statutory and voluntary bodies.

Hastings & Rother Counselling Service

Contact: Mr Dave Burke **Tel** 01424 428300
Position: Service Manager
Address: 48 Cambridge Gardens, Hastings, TN34 1EN
eMail: counselling.hastings@yahoo.co.uk

Contact Information:

Mon + Wed 1- 7pm, Tues + Thurs 10am - 7pm
Unfortunately our premises are not wheelchair accessible; however we will try to make alternative, suitable arrangements.

What We Offer:

H&RCS is a charity which offers one-to-one counselling on a wide range of issues including depression, relationship breakdown, sexuality, loss, stress and any issue which causes mental or emotional distress. Our aim is to promote emotional well-being. We also run groups for anger management. Our counselling services are primarily intended for the unemployed or those on low income. We can supply lists of private counsellors for those who can pay from £30 per session. We positively welcome people from minority groups. We also see people at Bexhill, Northiam and Rye. We have special arrangements for students at Hastings College.

Hastings & Rother Credit Union Ltd

Contact: Mr Richard Street **Tel** 01424 202651
Position: President **Fax** 01424 202651
Address: 16 Silchester Road, St Leonards-on-Sea, TN38 0JB
eMail: info@hrcu.org.uk

Contact Information:

Hollington Community Centre, 1 Wishing Tree Road North, Thursday 8 - 9pm, Saturday 2 - 3pm
Hastings Trust, 35 Robertson Street, Friday 10am - 12noon
Community Information Centre, 16 Silchester Road, 10.30am - 12 noon

What We Offer:

The objects of the Credit Union are to: promote thrift among its members by the accumulation of their savings, create sources of credit for the benefit of its members at a fair and reasonable rate of interest, use and control members' savings for their mutual benefit, and educate members in the wise use of money and in the management of their financial affairs, contribute towards the

alleviation of poverty within the community, to contribute towards the economic regeneration of the community.

Hastings & Rother Disability Forum

Contact: Mr Terry Steeples
Position: Membership Secretary
Address: PO Box 269, Hastings, TN34 9BS
eMail: enquiries@hrdf.org.uk
Website: www.hrdf.org.uk

Contact Information:

Committee meetings 1st Monday of the month. Access Group meetings 2nd Tuesday of the month alternating between Hastings & Rother. Answerphone available during office hours. All meetings take place in accessible venues.

What We Offer:

To ensure the appropriate provision of services to disabled people in Hastings & Rother and promote the right of disabled people to full integration and equality of opportunity in society. Lobbies local service providers to improve the facilities available to disabled people, organises Public Meetings to focus on matters of interest to disabled people, works - through it's Access sub-group - to make the local area more accessible to disabled people, represents the voice of disabled people in the provision of local services, actively promotes equal opportunities and tackles discrimination.

Hastings & Rother Family Friends

Contact: Reece Buckley **Tel** 01424 210231
Position: Co-ordinator
Address: 130 Dorset Road, Bexhill-on-Sea, TN40 2HT
eMail: family-friends@btconnect.com

Contact Information:

Office open 4 days a week

What We Offer:

We are a small charity-run organisation that provides short term respite care for children with learning disabilities. Carers are vetted and look after children in the child's own home, the carer's home (subject to regulations) or activities in the community.

Hastings & Rother Gay & Lesbian Social Group

Contact: Mr Roger Sweetman **Tel** 01424 444777
Position: Chair
Address: PO Box 6, St Leonards-on-Sea, TN37 6EE
eMail:

Contact Information:

Meets every Sunday lunchtime and a social programme is available to full members.
01424 444777 wed. 7-9 or leave a message

What We Offer:

The purpose of the group is to relieve isolation and secure safety to Gay and Lesbian people living in the Hastings and Rother Area and to unite to establish a group diversity, to enable Gay and Lesbian people to enjoy social recreational activity among people of their own sexuality, to create a safe space in order to meet and to establish a regular pattern of social events. Available to members only.

Hastings & Rother Health & Social Care Forum

Contact: Mr David Rogers **Tel** 01424 430832
Position: Chair
Address: 54 Royal Terrace, Terrace Road, St Leonards-on-Sea, TN37 6QH
eMail: daverogers414@hotmail.com

What We Offer:

Our Mission Statement says 'Building and developing cost effective projects to bring about models of good practice for the communities of Hastings & Rother, focussing on an holistic health and social care theme. Undertaking the delivery of the voice of our forum to all levels, agencies and sectors within the vista of health and social care holistic wellbeing theme.'

Hastings & Rother Health Trainer Service

Contact: **Tel** 01424 457133
Position:
Address: PO Box 124, St Leonards-on-Sea, TN38 9WH
eMail: healthtrainers@hastingsrotherpct.nhs.uk
Website: www.eastsussexhealthtrainers.nhs.uk

Contact Information:

The Health Trainer Service is available from Monday to Friday during normal working hours plus some evening clinics.

What We Offer:

Do you or someone you know want to improve your health but not sure how to go about it? A Health Trainer could be the answer. A Health Trainer provides free one to one motivational support on making changes to improve your health. They can help you with stopping smoking, healthy eating and weight watching, becoming more physically active, improving mental well being, sensible drinking and improving sexual health.

Hastings & Rother Lesbian & Gay Helpline

Contact: Mr Roger Sweetman **Tel** 01424 444777
Position: Secretary
Address: PO Box 6, St Leonards-on-Sea, TN37 6EE
eMail: roger.sweetman@virgin.net

Contact Information:

Telephone only. Duty hours Wednesdays 7pm - 9pm or leave a message on the answerphone which is checked regularly.

What We Offer:

Our mission is to assist helpline callers who need information on any aspect of sexuality and of same-sex relationships. Calls are answered live whenever possible but there are preferred duty hours. There is also an answering machine service.

Hastings & Rother Mediation Service

Contact: Mrs Nicola Hawkins **Tel** 01424 446808
Position: Manager **Fax** 01424 426900
Address: 2nd Floor, 3 Cambridge Gardens, Hastings, TN34 1EH
eMail: hrmediation@aol.com
Website: www.hrmediation.org

Contact Information:

9am -5pm, Mon-Fri. Clients visited daytime/evening by appointment.

What We Offer:

To provide a free, independent, impartial and confidential service to help people in dispute with others. To encourage communication and understanding between people, thus reducing discrimination and promoting equal opportunities. We visit people in their own homes and

act as a path of communication, helping them to focus on the future in a positive way.

Types of mediation undertaken: Neighbourhood, Intergenerational (between young people and parents), Peer Mediation in schools. We also offer training in mediation to volunteers and outside agencies. Also undertake Family Mediation (Divorce and Separation). Clients charged at LSC approved rates, unless publicly funded. Clients seen in confidential environment.

Hastings & Rother Multiple Sclerosis Society

Contact: Mrs Margaret Howie **Tel** 01424 426685
Position: Chair
Address: 8 Laton Road, Hastings, TN34 2ET
eMail: maggie.howiems@btinternet.com

Contact Information:

By telephone during normal working hours.

What We Offer:

Support and advice and represent the needs of people with MS and their families. We liaise with local Social and Health care services, incorporating the Multi-Disciplinary Team and the MS Nurse Specialist based at the Conquest Hospital, enabling those affected by MS to receive the best level of support and services available. - hydrotherapy, physiotherapy, counselling, yoga, welfare support, socially active support group and lunch clubs for members.

Hastings & Rother PCT

Contact: Ms Joolz Robinson **Tel** 01424 457115
Position: Lifestyle Change Advisor
Address: 103 Sedlescombe Road North, St Leonards-on-Sea, TN40 2DZ
eMail: Julie.robinson@hastingsrotherpct.nhs.uk

What We Offer:

To take referrals from GPs & Practice Nurses of people over the age of 18, to help them take steps to become more active to benefit their health. An adviser has info on local physical activity opportunities.

Hastings & Rother Rainbow Alliance (HRRRA)

Contact: Mr Les Tostevin
Position: Chair
Address: c/o Hastings Voluntary Action, 32 Priory Street, Hastings, TN34 1EA
eMail: info@hrra.org.uk
Website: www.hrra.org.uk

Contact Information:

Office visits by appointment as not regularly staffed. Please email or ring (leave message and contact details)

What We Offer:

HRRRA promotes the equality of treatment and diversity of lesbian, gay, bi-sexual and trans people. Offers information, provides/assists in the provision of social welfare and recreation or other leisure time occupations.

Hastings & Rother U3A (University of the Third Age)

Contact: Ann Lowndes **Tel** 01424 43986
Position: Membership Secretary
Address:
eMail: loynestsb@aol.com

Contact Information:

General meetings are usually held on the fourth Monday of the month at 10 am at the St Peter's Community Centre, Church Street Bexhill Old Town. At these members have a chance to socialise and guest speakers give talks on different topics. In addition, members can if they wish attend Study Days and Summer Schools organised by Brighton University, some of which take place at local colleges, for those wishing to go into more depth in subjects.

What We Offer:

The U3A is an association of retired people 50+ who wish to share a range of interests and study activities in an informal and friendly atmosphere. Your local U3A has 50 interest groups which meet in Hastings, Bexhill and Little Common in members' homes, weekly/ fortnightly/monthly. Group members themselves decide on the content and structure of the group "we learn for pleasure". Socialising with like-minded people plays a large part in these groups.

Hastings & Rother Voluntary Association for the Blind

Contact: Mrs Fiona Farrier-Twist **Tel** 01424 436359
Position: Executive Officer
Address: Healey House, 3 Upper Maze Hill, St Leonards-on-Sea, TN38 0LQ
eMail: hrvab@freeuk.com
Website: www.hastingsandrblind.org

Contact Information:

Visit or by telephone 8am to 6pm 7days a week

What We Offer:

HRVAB provides a range of services intended to improve the life style of the visually impaired within the Hastings and Rother area. Facilities include a residential home which offers both permanent and respite / holiday accommodation. The Day Centre where people can have a midday meal, take part in the daily activities and book an appointment with our visiting chiropodist and hairdresser ensures that the needs of our clients who choose to remain in their own homes are catered for.

In addition to the above we operate help desks at the Hospital in Bexhill and the Conquest in Hastings, we also have a Welfare Officer who visits people in their own homes and is able to give advise and assistance with every day living. The weekly clubs we run provide the chance to join together with other people with sight impairment and have a chat with a friend over a cup of tea at a local venue, take part in a quiz, enjoy an entertainer or take a trip out for perhaps a cream tea or a visit to a garden centre.

Our fleet of minibuses, which have disabled access, provide transport to and from our weekly clubs and day centre, each has a helper on board to ensure the safety of the passengers and everyone is escorted from and to their front door.

If anyone feels that they would like to receive more information about the care our organisation can provide or would like to become part of our volunteer team then please visit us at the address above or call us on 01424 436359.

Hastings & Rother YMCA

Contact: Jane Cooper **Tel** 01424 429677
Position: Acting CEO
Address: St Pauls Road, St Leonards-on-Sea, TN37 6RS
eMail: hastingsymca@hastingsymca.plus.com
Website: www.hastingsymca.org.uk

Contact Information:

Mon-Sat, 9am-10pm.

What We Offer:

To provide at the YMCA's centre a weekly programme of sports, leisure and social activities for children and young people in a safe and friendly environment where a welcome is found and counsel may be sought. The weekly programme includes Gymnastics, Judo, Badminton, Drama, Skate and Skateboard sessions, Roller Skate Discos, Fitness Classes, Indoor Football (girls/boys). Indoor Football Leagues. Summer holiday clubs operate during the school holiday break. Junior clubs (5-8yrs and 9-13yrs) provide sports and general activities designed to offer a challenge to all who participate. Youth Club activities (13-under 17yrs) meets 4 times each week (Mon -Thurs). The Association also has projects in partnership with schools and other organisations for children or young people excluded from school or in danger of entering into criminality, or child/young person/family in need of other support.

Hastings & St Leonards Allotment Federation

Contact: Dr Judy Clark **Tel** 01424 720369
Position: Chair
Address: 36 Collier Road, Hastings, TN34 3JR
eMail:

Contact Information:

Every day, dependent upon weather & prior notification.

What We Offer:

The overall aim of the Federation shall be to protect allotment sites, promote allotment gardening and to ensure the continued provision of allotments as an important outdoor leisure activity for the residents of Hastings and St Leonards without distinction of gender, ethnic background, age, disability, sexuality or religious, cultural or political beliefs. The Federation holds regular meetings of allotment site representatives and plays a lead role in discussions with the Directorate of Leisure and Amenities on the provision, maintenance, security and improvements to allotment sites.

Hastings & St Leonards Chess Club

Contact: Paul Buswell
Position: Secretary
Address: Pelton House, 2 Cornwallis Terrace, Hastings, TN34 1EB
eMail: info@hastingschessclub.co.uk
Website: www.hastingschessclub.co.uk

Contact Information:

Opening hours - daily 1pm - 9pm, while Club members are on the premises. Best adult club evening is Fridays 7pm. Junior Chess Club term-time Wednesdays 6pm - 7:30pm. Regret no wheelchair access.

What We Offer:

To promote the game of Chess within Hastings & St Leonards.

Hastings & St Leonards Muffin Club

Contact: Mr Raymond Barrett **Tel** 01424 420555
Position: Service Member
Address: Upland, 227a The Ridge, Hastings, TN34 2AE
eMail:

Contact Information:

Anytime.

What We Offer:

Provide financial and other support to local good causes and deserving individuals.

Hastings & St Leonards Seniors' Forum

Contact: Mr Digger Brodrick **Tel** 01424 426131
Position: Chair
Address: Freepost PRJK-JGLY-RUYU, PO Box 270, Hastings, TN34 9BT
eMail: hotelfoxtrot@hotmail.co.uk
Website: www.hssf.org.uk

Contact Information:

Telephone contact during office hours, several open meetings and discussion groups held each year.

What We Offer:

Hastings & St. Leonards Seniors' Forum is a local, voluntary community group run by and for seniors in the town. Membership is free and open to all people living in Hastings and St. Leonards over the age of 50. The forum has 5 Special Interest Groups which tackle issues around Transport, Crime and Safety, Health & Social Care, Quality of Life and Planning & Regeneration. The aims of the Forum are to: give dignity to seniors, reinforce their feeling of self-worth and make known the benefits their life experiences can bring to the community. Our aims also promote the welfare and interests of seniors, to work in partnership and liaise with relevant organisations, to provide a platform where matters of concern can be raised and acted on, to engage with decision makers so the HSSF can influence policies and change life for the better for seniors in Hastings & St Leonards.

Hastings & St Leonards Voluntary Lifeguard Club

Contact: Mrs Di Cooke **Tel** 01424 420862
Position: Secretary
Address: c/o 17 Austen Way, Rock Lane, Guestling, TN35 4JH

Contact Information:

Life saving/support training Fridays 8-10pm at Summerfields
Open water activities summer weekends.

What We Offer:

The Club provides water safety, life-saving, life support and life guard training to community, youth and those wanting a vocational qualification. Open water training leads to additional qualifications and provision of voluntary beach patrols and safety cover for special events.

Hastings Advice & Representation Centre (HARC)

Contact: Mrs Sandra Lewis **Tel** 01424 428375
Position: Admin Manager **Fax** 01424 423266
Address: 8 Cambridge Road, Hastings, TN34 1DJ
eMail: info@harcuk.com
Website: www.harcuk.com

Contact Information:

Monday - Friday 9:45-12:45 (open advice drop-in)

What We Offer:

Our mission is to relieve local poverty and improve the quality of life for those on a low income. We aim to ensure the correct benefit is received, protect the rights of employees, facilitate a return to employment, assist disabled people to live independently, provide free educational courses and give practical assistance to the homeless. Our objectives are to provide comprehensive information on welfare benefits and employment law using various means and to represent clients who have been unsuccessful in claiming benefits at tribunal where appropriate.

Hastings Area Community Transport

Contact: Mr Chris Cousins **Tel** 01424 424583
Position: General Manager **Fax** 01424 436868
Address: Philips House, Drury Lane, St Leonards-on-Sea, TN38

9BA

eMail:

Contact Information:

By phone.

What We Offer:

To provide community transport for all sections of the community, both for groups and with Dial-a-Ride, the individual.

Hastings Arts Forum

Contact: Mr Harry Lyons **Tel** 01424 201636
Position: Chair
Address: 36 Marina, St Leonards-on-Sea, TN38 0BU
eMail: harrylyons@btinternet.com
Website: www.theartsforum.co.uk

Contact Information:

Forum meetings are held quarterly in disabled access buildings.

What We Offer:

A community-based arts organisation dedicated to promoting Hastings as a major centre for the arts. By holding quarterly forum meetings for both individuals and organisations, maintaining a lively website and providing regular email updates to members, we act as the representative voice for the arts community on the Community Network. The forum operates two galleries exhibiting works of contemporary art by local and nationally-recognised artists, and hosts an extensive Creative Directory on its website providing free listings for any member to promote their work. In addition, the forum manages the Baird Film & Television Initiative, an extensive Government-funded scheme to promote enterprise and employment in the film and television sectors in Hastings and Bexhill.

Hastings Association for Retired People

Contact: Vic Lavender **Tel** 01424 431924
Position: Chair
Address: Central Hall, 6a Bank Buildings, Station Road, Hastings, TN34 1NG
eMail: viclavender@talktalk.net

Contact Information:

Monday to Saturday 9am - 12.30pm
Disabled toilet - no steps.

What We Offer:

We run a Tea Bar for senior citizens and arrange holidays and outings. We are known as the Pop In and serve snacks. We also have a hairdressing and toe-nail cutting service, plus Bingo (Fridays) and dancing (Thursdays).

Hastings Bengali Forum

Contact: Mr Abdul Mukith **Tel** 01424 718514
Position: Chair
Address: 5 Norman Road, St Leonards-on-Sea, TN37 6NH
eMail: ABBU.AHMED@hotmail.co.uk

What We Offer:

Hastings Bengali Forum aims to promote cultural, religious and social welfare of the Bengali community in Hastings, St Leonards and Rother District. In the UK we aim to develop strong links with other community groups. Our activities include a healthy cooking programme, information service, women activities, children activities, open meetings for members and traditional Remembrance Days.

Hastings Christian Trust

Contact: Mr Roger Mitchell **Tel** 01424 422299
Position: Chair of Management Committee
Address: 242 St Helens Road, Hastings, TN34 2NE
eMail: avvk28@dsl.pipex.com

What We Offer:

To support schools in their responsibilities to deliver spiritual, moral, social and citizenship aspects of the curriculum.

Hastings Conservation Volunteers

Contact: Dr Simon Barker **Tel** 01424 444591
Position: Chair
Address: 2nd Floor, 38 West Hill Road, St Leonards-on-Sea, TN38 ONB
eMail: hastingscv@btinternet.com
Website: www.simonpbarker.btinternet.co.uk

Contact Information:

Sundays 9:30am - around 3:30pm working in the countryside. Access to some sites may be difficult, with steps or stiles.

What We Offer:

We help to maintain a number of nature reserves across Hastings and Rother. Work includes improving wildlife habitats and maintaining footpaths. Training is given in the use of hand tools where needed.

Hastings District Woodcraft Folk

Contact: Mrs Shar Brown **Tel** 01424 718421
Position: District Co-ordinator
Address: 34 Plynlmmon Road, Hastings, TN34 3LX
eMail: misha.tyson@btinternet.com

Contact Information:

5:15 - 6:45pm Tuesday evenings in term time. Contact by telephone anytime.

What We Offer:

Co-ordinate and supervise all the activities of the Woodcraft Folk Groups in its area; initiate joint activities between the Woodcraft Folk Groups in its area and with other groups within and outside the Woodcraft Folk as appropriate; initiate and promote Woodcraft Folk leadership training, in order to ensure good quality leadership; ensure that all its activities remain consistent with the National Woodcraft Folk Constitution as amended by the decisions of the Woodcraft Folk Annual Gathering; ensure that it applies the decisions of the Woodcraft Folk Annual Gathering; maintain a list of members; ensure reasonable conduct by all members while engaged in any Woodcraft Folk activity; to help children and young people understand the values of co-operation, citizenship, collective responsibility, internationalism, peace and respect for the environment. Weekly sessions with children aged between 6 - 12 years, that lasts an hour and a half. We focus on co-operative games, practical skills and we also go on camping trips and residential.

Hastings Environment Network (HEN)

Contact: Miss Maresa Bossano
Position: Chair
Address: c/o The Green IT Company, Creative Media Centre, 45 Robertson Street, Hastings, TN34 1HL
eMail: info@hastingsenvironment.net
Website: www.hastingsenvironment.net

Contact Information:

HEN holds Green Drinks on the 2nd Thursday of every month 8.30pm at the White Rock Hotel - our committee meetings start an hour earlier - all are welcome. In order to contact us please send an e-mail to: info@hastingsenvironment.net or come along to Green Drinks

What We Offer:

Hastings Environment Network (HEN) is a volunteer-run organisation

that aims to create a network of environmental organisations and individuals in Hastings and St Leonards in order to:

- enable and facilitate environmentally aware projects,
- encourage the implementation of environmental policy at local and regional level,
- ensure that there is representation of environmental issues at LSP level,
- promote environmental education in all sectors of the community,
- promote green growth and sustainable development, and
- promote and support local environmental events.

Membership of Hastings Environment Network is free and is open to anyone who supports our aims. We provide information on environmental events, projects and news on our website www.hastingsenvironment.net and via our regular e-newsletter. We also host web pages for other environmental groups on our website. If you are interested in having a web page please get in touch.

Hastings Furniture Service Ltd

Contact: **Tel** 01424 441112
Position: Chief Executive
Address: 6 - 10 Dorset Place, Hastings, TN34 1LG
eMail: mail@hfs.org.uk
Website: www.hfs.org.uk

Contact Information:

Mon-Thurs 9:30am - 4:30pm.
Fridays 9:30 - 4pm
Saturdays 10am - 3pm.

What We Offer:

HFS is a social enterprise that enables people with low incomes to create safe, comfortable homes for themselves and their families. We collect re-usable furniture and appliances throughout Hastings & Rother free of charge. If you receive means-tested benefits (e.g. working tax credit, income support, housing benefit or council tax benefit), you will receive a discount on furniture and access to appliances and beds which we only sell to low-income homes. HFS also provides cost-price removals for people with low incomes. A full house clearance service is also available. Call to arrange an assessment visit for a quote. Bexhill Store, 47 London Road, Bexhill, East Sussex. 01424 223594

Hastings Gateway Club

Contact: Mrs M Johnson
Position:
Address: 6 Grange Avenue, Hastings, TN34 2QE
eMail:

Contact Information:

Meets Thursdays 7pm - 9pm at Conquest Centre, Chichester Road, St Leonards-on-Sea. Disabled friendly centre.

What We Offer:

A weekly social club for adults with learning disabilities. Activities include games, music, craft, outings, theatre trips and entertainers.

Hastings Healing Rooms

Contact: Dr Susanne Jones
Position: Director
Address: c/o 169 Bembrook Road, Hastings, TN34 3PD
eMail: gug.doctor@virgin.net

Contact Information:

We have a walk in surgery 3-4pm Saturday afternoons at the Citadel, St Andrews Square, Hastings. Every Saturday except Christmas, Easter weekends and the summer school holidays.

What We Offer:

We are an interdenominational group of church ministry team members who offer free confidential prayer for healing in the name of Jesus Christ, to anyone who requests it. We are all trained by and are part of The National Association of Healing Rooms.

Hastings Intercultural Organisation

Contact: Mrs Shiva Serati
Position: Chair
Address: c/o 31 Mann Street, Hastings, TN34 1SE
eMail: shivaserati@yahoo.com

What We Offer:

Hastings Intercultural Organisation aims to support and empower BME communities, also challenges prejudice and discrimination in all areas of members' lives.

Hastings International Chess Congress

Contact: Mrs Pam Thomas **Tel** 01424 445348
Position: PR Officer **Fax** 01424 445348
Address: 5 High Wickham, Hastings, TN35 5PB
eMail: pae123@aol.com
Website: www.hastingschess.org.uk

Contact Information:

Full disabled access.

What We Offer:

To promote, organise and perpetuate the international chess tournament held annually within the Borough of Hastings. In doing so the Congress runs other associated chess events. The Congress believes that chess is an activity of educational benefit. The Congress also believes that its activities provide an economic benefit to the town. The Chess Congress has also become involved running successful chess coaching sessions with local community groups - in schools, regeneration groups and YMCA.

Hastings Kurdish Welfare Association

Contact: Mr Yaser Dirki **Tel** 01424 427911
Position: Volunteer
Address: 49 Cambridge Gardens, Hastings, TN34 1EN
eMail: hkwa1066@yahoo.co.uk

Contact Information:

Monday - Friday 9:30am-5pm.

What We Offer:

Hastings Kurdish Welfare Association (HKWA) was formed in 2002 to provide help and support to the local Kurdish refugee population. A typical day might include visitors needing help with filling in job application forms, assisting with paying council tax and utility bills, schooling and education queries. We also help with filling in benefit forms, signposting and referring people to different agencies in the town.

Hastings Old Town Residents Association

Contact: Mr Dick Edwards **Tel** 01424 437069
Position: Chair
Address: East Hill House, 13 Tackleway, Hastings, TN34 3DE
eMail: dick@hotra.org.uk

What We Offer:

HOTRA seeks to promote and protect the best interests of the residents of the Old Town. We are willing to positively engage with all agencies and organisations whose work affects our members quality of life.

Hastings Open Bowls Tournament

Contact: Mr Gordon Leggatt **Tel** 01424 461803
Position: Hon. Treasurer
Address: Main Bowls Pavilion, White Rock Gardens, Hastings, TN34 1LD
eMail: gleggatt31@btinternet.com

Website: www.hastingsbowlstournament.com

Contact Information:

Disabled access and toilets available.

What We Offer:

To provide and maintain an open bowls tournament of the highest standard. It is held for one week commencing the second Monday in August of each year under the patronage of the Mayor and Hastings Borough Council. The tournament committee also organise an end of bowling season charity mixed triples competition in aid of local charities which is held on the last Sunday in September for one day only. Both events attract many visitors, bowlers and their friends and family to the town.

Hastings Pensioners Association

Contact: Mrs Jean Gillam **Tel** 01424 438611
Position: Secretary **Fax** 01424 425773
Address:
eMail: jean.gillam@btinternet.com

Contact Information:

We meet on the second Wed of each month at The Pop In, 6 Bank Buildings, Hastings. Doors open from 1pm, Meetings starts at 2pm. Although the entrance to the hall is poor, wheelchairs and mobility chairs can get in.

What We Offer:

Hastings Pensioners Association is for retired people in the Hastings & St Leonards area. We hold monthly meetings and monthly trips to places of interest. We also visit members when they are in hospital or if they are housebound.

Hastings Pier & White Rock Trust

Contact: Ms Lesley Davis
Position: Trustee
Address: White Rock Hotel, 1 - 10 White Rock, Hastings, TN34 2JZ
eMail: info@hpwrt.co.uk
Website: www.hpwrt.co.uk

Contact Information:

The shop is open in the winter Fri/Sat/Sun 11am - 4pm. From Easter Everyday (except Mon) 10.30am - 5.30pm. There are no steps to Arthur Greens. At this time we have no public facilities.

What We Offer:

Our aims are to take on the ownership of Hastings Pier to repair the substructure and bring the top back to a vibrant retail space for the use of the community and visitors alike. In the mean time we have opened a trust base and artist makers space at Arthur Green 34 White Rock on the seafront opposite the old bathes. Community groups and projects can use the shop to promote themselves, can hold small group meetings, Artists makers can apply to sell their wares in the shop. We will have the history of Hastings Pier, White Rock and The American ground on display. Up to date information on the Pier and the Trust.

Hastings Religious Society of Friends

Contact: Peter Bolwell
Position: Clerk
Address: Friends Meeting House, 5 South Terrace, Hastings, TN34 1SA
eMail: piffkin@googlemail.com
Website: www.hastings-quakers.org.uk

Contact Information:

Meeting for worship every Sunday 10.30am. Ramp access from the road to assist buggies and wheelchairs. Disabled toilets not yet installed but building alterations to be undertaken shortly will include this.

What We Offer:

Quakers were founded on the belief that we all have "that of God" within us, and that everyone can have direct experience of God without the need of priests, creeds or hierarchies. We therefore have no clergy, no "leaders" and no formal liturgy. Our worship is based in silence during which we seek to discern the "inward light" of the Spirit. Meeting for Worship is held every Sunday at 10.30 am and lasts for an hour. Everyone is welcome to join us in our Sunday worship: there is no need to ask permission or to make any commitment. We have no "creed" but we have principles (which we call "testimonies") to live by. The most important of these are our testimonies to peace, integrity and equality. Above all we say that how you live, and what sort of person you are, is more important than what you believe.

Hastings Russian Community

Contact: Mrs Marina Orden **Tel** 01424 438121
Position: Chair
Address: St Nicholas Centre, 66 London Road, St Leonards-on-Sea, TN37 6AS
eMail: rainbowrus@yahoo.co.uk

Contact Information:

Meets twice a week. On Mondays and Wednesdays from 16:00 - 17:30.

What We Offer:

Hastings Russian Group was created in 2004 to give support to children and their parents and to help ease their integration into the society in Hastings. We also promote friendship between the local communities by organising events which celebrate our culture and history. We hold classes to teach the Russian language for children. Hastings Russian Community is a great opportunity for Russian speaking parents to meet up and talk about their daily lives in their native language. In addition, we provide support and information for parents who are in need of particular services in Hastings & St Leonards.

Hastings Sanctuary Service

Contact: Mrs Mel Tapp **Tel** 01424 200353
Position: Service Manager **Fax** 01424 200352
Address: 36 Ashburnham Road, Hastings, TN35 5JL
eMail: mel.tapp@turning-point.co.uk

Contact Information:

Facilities are only for the service users.

What We Offer:

Turning Point's Hastings Sanctuary Service provides short term residential support for up to seven people in a mental health crisis for up to two weeks. We offer individualised care, practical help and emotional support, enabling people to overcome their period of crisis and find new ways of coping in the future. To access The Sanctuary, service users have to be referred by a mental health professional. Main activities are tv, board games, gardening and cooking, these are only for the clients at the service.

Hastings Shopmobility

Contact: Mr Dennis Simpson **Tel** 01424 447847
Position: Co-Ordinator **Fax** 01424 718053

Address: Priory Meadow Shopping Centre, Queens Road, Hastings, TN34 1PJ

eMail: hastingsshopmo@btconnect.com

Contact Information:

Mon - Sat 10am - 4.30pm all year. Seasonal Sundays and Bank Holidays 11am - 4pm. Thursdays until 7.30pm

What We Offer:

Supply vehicles such as wheelchairs, powerchairs and scooters or electric wheelchairs to enable people to shop more easily in the shopping centre and in and around Hastings. Equipment is also available on long-term loan to accommodate holiday makers to the town.

Hastings Sierra Leone Friendship Link

Contact: Robin Gray **Tel** 01424 436603
Position: Hon. Secretary
Address: c/o Oaklands, Rock Lane, Hastings, TN35 4NY
eMail: robin.gray1066@googlemail.com
Website: www.hastingshastings.org.uk

Contact Information:

We hold meetings in Hastings Town Hall every 6 weeks or so - access is easy. Our fund-raising activities may take place anywhere in Hastings. Contact through the Secretary, Robin Gray, on 01424 436603, the Membership Secretary, Stella Underhill, on 433034, or the Vice-chair, Derek Tomblin, on 753768.

What We Offer:

Hastings Sierra Leone Friendship Link is established to maintain a bridge between Hastings East Sussex and Hastings Sierra Leone (the two towns have been officially twinned since 14.02.07) with the aims of: developing inter-community relations, promoting understanding and greater cultural awareness; supporting Hastings Sierra Leone as it rebuilds itself in the aftermath of civil war; endeavouring to provide humanitarian aid and support in the areas of education, health and sustainable development, especially through the local administrative authority, and through the area's training institutes for medical education, police training, fire & ambulance services and vocational education. The Link has rebuilt 13 bridges in the town and is now well on the way to raising £125k to build a 'community resource building' with postal, banking, admin and training facilities etc. Amongst other links, there are 7 pairings of schools. We organise fundraising events throughout the year, and are now looking at accessing major funding sources

Hastings Swapshop

Contact: Miss Emma Turner
Position: Acting Chair
Address: c/o Robsack Childrens Centre, Bodiam Drive, St Leonards-on-Sea, TN38 9TW
eMail: hastings.swapshop@googlemail.com

Contact Information:

Swapshop runs on the first Friday of every month 1130-1300 at a children's centre across the town, please visit your local children's centre to see posters with dates and locations, we are also a facebook group! - 'Hastings Swapshop' can be found in search with facilities to send messages and post requests to volunteers

What We Offer:

Swapshop is a volunteer run service which takes place on the first Friday of every month. It is a unique shopping experience where families can pick up clothing for all of the family, toys, baby equipment and homeware; all the volunteers ask is that people pass on something they no longer need in return, hence the name!

The group run Swapshop from a local storage courtesy of 1066 Housing Association and tours around various East Sussex County Council Children's Centres in Hastings and St Leonards. They also have good links with the Family Outreach service and other local organisations.

Anyone is welcome to come along and swap their goodies which include clothes, toys and equipment for babies, girls, boys, adults and the home (no electricals or furniture though). Swapshop relies entirely on funding and goodwill and are always looking for more volunteers as there is always lots going on behind the scenes and between events

Hastings Traditional Jack-in-the-Green

Contact: Mr Keith Leech **Tel** 01424 716576
Position: Chair
Address: 62 Collier Road, Hastings, TN34 3JS
eMail: makeithappen@fastmail.fm
Website: www.hastingsjack.co.uk

Contact Information:

May Day Bank Holiday weekend.

What We Offer:

To continue the custom of taking out a Jack-in-the-Green on May Day Bank Holiday and associated Morris Dance and folk festival.

Hastings Trolleybus Restoration Group

Contact: Mr Ion Castro **Tel** 01424 437468
Position: Chair **Fax** 01424 440433
Address: c/o 119 Braybrooke Road, Hastings, TN34 1TQ
eMail: trolley@1066.net
Website: www.1066.net/trolley

Contact Information:

Depot is not open to the public. Meetings usually at RAFA Club, Wellington Square.

What We Offer:

The restoration, upkeep, display and demonstration of Hastings Trolleybuses. To promote the re-introduction of trolleybuses as a viable and ecologically sound sustainable form of transport.

Hastings Trust

Contact: Ms Mel Bonney-Kane **Tel** 01424 446373
Position: Executive Director **Fax** 01424 436740
Address: 35 Robertson Street, Hastings, TN34 1HT
eMail: mel@hastingstrust.co.uk
Website: www.hastingstrust.com

Contact Information:

Ground floor fully-accessible. Open 9:30am - 5pm. Upper floor meeting room - not accessible to those with mobility problems. IT/internet facilities available at low cost or free for the use of job search facilities.

What We Offer:

Development trust and community anchor promoting social, economic, cultural and environmental regeneration of Hastings and St Leonards through direct delivery of various projects, partnership facilitation and working, individual assistance in self development, volunteering, enterprise development etc and assistance in community self help and community led regeneration activity. The trust also runs a community development finance initiative which provides access to affordable loans and financial literacy support for individuals excluded from mainstream financial institutions. Volunteering opportunities available in customer service, administration, reception and IT support. Social enterprise.

Hastings Urban Bikes

Contact: Mrs Judy Russell **Tel** 01424 434035
Position: Secretary
Address: 5 Portland Terrace, Hastings, TN34 1QG
eMail: info@hastingsurbanbikes.com
Website: www.hastingsurbanbikes.com

What We Offer:

The aim of Hastings Urban Bikes (HUB) is to work towards improvements in cycling facilities in Hastings and St Leonards and bring about positive change through campaigning, research, fund-raising and other activities. Our goal is to create better and safer routes to school, work and around the town.

Hastings Voluntary Action

Contact: Mr Steve Manwaring **Tel** 01424 444010
Position: Director **Fax** 01424 432877
Address: 31a Priory Street, Hastings, TN34 1EA
eMail: steve@hvauk.org
Website: www.hastingsvoluntaryaction.org

Contact Information:

Open 9am - 5pm, Mon - Fri. Volunteer Bureau open between 9.30am - 2.30pm or direct phone line - 01424 446060 (answerphone available).

What We Offer:

A Council for Voluntary Services (CVS) which: * provides support services that promote voluntary action and help voluntary community groups operate effectively * supports voluntary/community sector development to meet local needs * facilitates liaison between groups and develops lines of communication between the voluntary & statutory sector on key policy issues * promotes the role of the voluntary sector and established partnerships with statutory agencies involved in the planning and delivery of local services
Support services provided include information, newsletter, website, local directory of voluntary & community sector resources, volunteer bureau, community accountancy, group support, Community Empowerment Fund, town centre meeting space with disabled access. Community development support available: * to groups involved in regeneration activities * to groups involved in health & social care initiatives * to black & ethnic minority communities including asylum seekers & refugees.

Hastings Welsh Society

Contact: Mrs Marjorie Atherden **Tel** 01424 441208
Position: Secretary
Address: 91 Barley Lane, Hastings, TN35 5NT
eMail:

Contact Information:

No set times, meetings and events notified to members by newsletter.

What We Offer:

To promote the interests of those who are Welsh by birth, relationship or inclination, in friendship, education and cultural interests in Wales and the Welsh language. To meet socially and support charities.

Hastings Writers' Group

Contact:

Position: Secretary

Address:

eMail: hastingswritersgroup@googlemail.com

Website: www.hastingswriters.co.uk

Contact Information:

Meetings are alternate Mondays 7.30-9.30 pm at the White Rock Hotel, St Leonards-on-Sea. Prospective members may visit by arrangement without obligation. Currently no disabled access.

What We Offer:

Hastings Writers' Group was established in 1947 and aims to encourage all forms of writing. We offer a stimulating programme of activities including manuscript evenings for constructive feedback, workshops, speakers, and varied competitions with guest judges. Our members range from beginners through to award-winning published authors. An information pack can be e-mailed on request. We have self-published our own anthologies of members' work and also a charity anthology. We run the prestigious national Legend Writing Awards for short stories and flash fiction with a percentage of the profits going to charity. .

Hastings Youth Council

Contact: Mr Oli Fawcett **Tel** 07542 525945

Position: Young Person / Worker **Fax** 01424 451319

Address: 9 Redmayne Drive, Hastings, TN34 1RD

eMail: armyoli@hotmail.co.uk

Website: www.hastings.gov.uk/youth_council

Contact Information:

Meetings Mondays 6:30 - 8pm at St Nicholas Centre, 66 London Road, St Leonards-on-Sea.

What We Offer:

Hastings Youth Council aims to provide a voice for young people 13-21 to enable them to participate in decision making processes that affect their lives. It provides a forum for young people to debate and consult with local agencies, politicians and authorities on issues that affect them and their communities.

Hastings Youth Trust

Contact: Mr C Lane

Position: Clerk

Address: Glenwood, 151 Old Roar Road, St Leonards-on-Sea, TN37 7HH

What We Offer:

Grants may be made to recognised organisations and to individuals who meet the following criteria:- Beneficiaries must be under 25 years old, They must reside in the Borough of Hastings or within 5 miles of the Borough Boundary.

The main objects for which grants may be made are:- The provision of facilities for recreation and other leisure activities for those having need of such facilities by reason of their youth or social and economic circumstances and with the object of improving their condition of life. The provision and promotion of facilities for religious and social education and training.

The provision and promotion of facilities for the education and training of potential youth leaders.

Hastings, Rye & District Scouts

Contact: Mrs Ann Brownhill **Tel** 01424 426878

Position: Secretary

Address: 12 Henderson Close, Hastings, TN34 2DU

eMail: secretary@hastingscouts.org

Website: www.hastingscouts.org

Contact Information:

Groups in our District meet at various places around Hastings, St

Leonards, Brede, Westfield ,Northiam, and Rye on every night of the week.

What We Offer:

The aim of the Scout Association is to help Young People achieve their full physical, intellectual, social and spiritual potential as individuals, as responsible citizens and as members of their local, national and international community. To have FUN.

Headstart2Work

Contact: Miss Nicki Dann **Tel** 01424 893803

Position: Project Manager

Address: Crouch Farm, Crouch Lane, Ninfield, TN33 9EG

eMail: nickidann@btconnect.com

Contact Information:

8.30-4.40

We have disable access but no disabled toilet facilities at the moment.

What We Offer:

Engage young people from 10 to 25 in vocational courses to motivate them back into education or training. To avoid them becoming NEET (not in employment, education or training). We target the disadvantaged, the travelling community, those with learning difficulties, behavioural issues, mental health issues, special needs, those who have been excluded or risk exclusion, those at risk of becoming or are NEET and other individuals marginalised by society. We offer courses in construction, animal and pet care, agriculture and horticulture, lifeskills and works skills and art.

Health Trainers

Contact: Mrs Daliea Redman **Tel** 01424 457133

Position: Health Trainer

Address: PCT Office, 103 Sedlescome Road North, St Leonards-on-Sea, East Sussex

What We Offer:

Health trainer is a local person who offers support and encouragement to people who want to make a lifestyle change to improve their health and wellbeing. Health trainers will listen to you, help you with any barriers and help you set your own goals and how to achieve them.

Help the Aged

Contact: Mrs Diane Aslett **Tel** 02072 781116

Position: Regional Development Manager

Address: 207-221 Pentoville Road, London, N1 9UZ

eMail: Diane.aslett@helptheaged.org.uk

Website: www.helptheaged.org.uk

Contact Information:

Office hours Monday - Friday.

What We Offer:

Aims to free disadvantaged older people in the UK and overseas from poverty, isolation and neglect. We carry out vital social and biomedical research and run high profile campaigns to bring about change at both policy and practical level to improve people's lives. Also provide services enabling older people to remain living independently in their own homes for as long as possible. They are: 1. Home Support - a range of practical services such as SeniorLink, a home telephone service connected to a response centre for emergency assistance (call 0845 053 2306) plus insurance and home shopping services. 2. Information and Advice in the form of advice leaflets, care fees advice service, falls prevention advice and SeniorLine which offers free, confidential and impartial advice on benefits, care and housing issues (call 0808 800 6565). 3. Community Living which provides the services of a Regional Development Officer who supports older people's groups to secure funding, run local campaigns and develop their activities as well as provide access to Help the Aged grants.

Hollington Community Centre

Contact: Mr Peter Shoesmith **Tel** 01424 852166
Position: Chair
Address: 1 Wishing Tree Road North, St Leonards-on-Sea, TN38 9LL

eMail:

Contact Information:

Centre open every evening 7 - 11pm.
Activities Monday - Friday and Sunday evenings.

What We Offer:

To encourage social intercourse between members/groups of our local community. Sporting and recreational activity.

Holy Redeemer Church

Contact: Rev Ian Byrnes **Tel** 01424 420815
Position: Parish Priest **Fax** 01424 751543
Address:

eMail: elizabeth.fitch@dabnet.org

Website: www.rcchurchesinstleonardsonsea.org.uk

Contact Information:

Varied - contact parish office, mornings only. Weekend masses Saturday 6:30 pm and Sunday 9am

What We Offer:

Supporting people in local community - in particular, hospital chaplaincy; scouts, cubs, beavers; bereavement support; marriage preparation; Third World support (CAFOD); hall available for hire; church and hall with wheelchair access; Art group.

Home Works

Contact: Mrs Liz Maynard **Tel** 01424 858344
Position: Gateway Manager **Fax** 01424 858342
Address: Innovation Centre, Highfield Drive, St Leonards-on-Sea, TN38 9UH
eMail: E.Maynard@southdownhousing.org

Contact Information:

How to contact us for more information or feedback
By phone: 01424 85834, text: 07540 721244, or email: referrals@homeworkseast.org.uk

What We Offer:

Home Works is for anyone aged 16 to 64, who needs help and support around housing and lives in East Sussex. This includes single people, couples and families who: □ have mortgage, rent arrears or debt problem, are at risk of becoming homeless or are homeless, □ are setting up home for the first time, □ are suffering from or at risk of domestic violence, □ have drug or alcohol problems, □ have recently had a relationship breakdown or bereavement or any other reason that places your accommodation at risk

Homecall (Rother)

Contact: Mrs Jenny Private **Tel** 01424 848365
Position: Scheme Manager
Address: 149 Pear Tree Lane, Bexhill-on-Sea, TN39 4NR
eMail: jenny@homecall.fsbusiness.co.uk
Website: www.homecall.uk.com

Contact Information:

Office hours are 9am til 1pm Monday to Friday, excluding Wednesdays. However, there is an answerphone available at all times for contact outside of these hours.

What We Offer:

Homecall is a voluntary home visiting scheme for Blind and Partially Sighted people living in Bexhill on Sea and surrounding area. Our aims are to support independence, health and welfare, encourage social inclusion and relieve isolation. Through our network of volunteers we offer weekly visits for about an hour to help with tasks made difficult by

sight loss. These include reading correspondence and writing, help with day to day financial administration, small sewing jobs and a myriad of tasks, giving much needed support in the home as well as enabling visits to the town or to go for walks. We do not offer help with personal care, cooking, housework or any tasks classed as 'paid work'. Homecall is a free service.

Home-Start Hastings & Rother

Contact: Mrs Judy Breen **Tel** 01424 443636
Position: Scheme Organiser **Fax** 01424 443636
Address: 66 London Road, St Leonards-on-Sea, TN37 6AS

eMail: jbreen@hshr.org.uk

Website: www.hshr.org.uk

Contact Information:

Contact should initially be made on the office telephone or alternatively on the mobile listed. Office hours are Monday to Friday 9.00am until 4.00pm.

What We Offer:

Home-Start offers one to one, personalised support for parents with children under five; reaching out to families at risk of social exclusion including those who do not engage with other services. Home-Start places trained volunteers alongside parents. Support is tailored to the individual needs of each family and is provided for as long as the family needs it. Volunteers are managed and supervised by their local Home-Start scheme which is in turn supported by Home-Start UK; a community resource with all the benefits of a strong national organisation

Horizons Community Learning Project

Contact: Ms Sonia Plato **Tel** 01424 204136
Position: Co-ordinator **Fax** 01424 718212
Address: 2 Churchill Court, Stonehouse Drive, St Leonards-on-Sea, TN38 9DG
eMail: horizons@sussex.ac.uk
Website: www.horizons-hastings.org.uk

Contact Information:

We run Monday to Friday 9.00am to 5.30pm but office is open Monday - Thursday

What We Offer:

Horizons Community Learning Project offers a wide range of tasters, short and longer courses to adults wishing to return to learning in an informal setting, close to home. It offers qualifications, such as NVQ's, GCSE's and university accreditation. All courses are free, supported by free carer/creche facilities and free transport where possible. Advice and guidance is offered on a range of educational and funding opportunities. Support for learning is also offered through drop-ins and individual sessions. Many courses can be joined throughout the year The project works closely with other local and voluntary and statutory groups and offers opportunities and qualifications for volunteering.

HydeMartlet

Contact: Tel 0800 085 4195
Position: Regeneration Co-ordinator **Fax** 01273 234235
Address: 113-119 Davigdor Road, Hove, BN3 1RE
eMail:
Website: www.hydemartlet.co.uk

Contact Information:

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What We Offer:

HydeMartlet is an affordable housing provider. Our services include tenancy and estate management, resident involvement, income collection, repair services, housing development and community regeneration services. As members of the Hyde group we also offer new homes for rent and shared ownership through inPlace, as well as housing support service through inTouch. Our community regeneration team, HydePlus work in partnership with statutory service, other service providers and the local communities to improve the quality of life for HydeMartlet residents.

In 2 Play CIC

Contact: Claire Power **Tel** 01424 432742
Position: Director
Address: The Bridge Community Centre, 361 Priory Road, Hastings, TN34 3NW
eMail: info@in2play.org.uk

Contact Information:

Anyone interested needs to ring as services take place in different venues.

What We Offer:

This group is a community interest company with 4 Directors. Its aim is to promote play and playful activities through a series of projects:- Mobile toy library service for under 5's across Hastings. After school club at Broomgrove and the Bridge. Training for child-care workers and assessors. CRB checking service as an umbrella body. Lottery funded project 'Play on your doorstep'. Offers a creche service for meetings and training sessions. Working with a client group of children in the planning and development of the new Adventure Playground in Ore Valley.

in touch Hastings & Rother, Sanctuary Scheme

Contact: Caroline Alpine-Sills **Tel** 0845 247 1101
Position: Sanctuary Co-ordinator **Fax** 01424 464899
Address: First Floor Offices, Warrior Square Station, St Johns Road, St Leonards-on-Sea, TN37 6HP
eMail: sanctuariescheme@intouchsupport.co.uk
Website: www.intouchsupport.co.uk

What We Offer:

Assists people to remain in their own homes, in greater comfort, security, independence and with dignity. Work with Hastings Borough Council and Rother District Council to provide a Sanctuary Service. Enables survivors of issues such as domestic abuse and hate crime to remain in their own home and feel safe. The scheme is voluntary, free and available to homeowners and tenants. You will need to apply and be eligible for the scheme but this process is simple and straightforward. We also tackle issues such as distraction burglaries and bogus callers and can fit basic security items.

In Touch Home Improvement Agency (Hastings and Rother)

Contact: Mrs Janet Geering **Tel** 01424 464880
Position: Service Manager **Fax** 01424 464899
Address: First Floor Offices, Warrior Square Station, St Johns Road, St Leonards-on-Sea, TN37 6HP

eMail: janet.geering@intouchsupport.co.uk

Website: www.intouchsupport.co.uk

Contact Information:

Opening hours 9 am to 5 pm Monday to Friday, the offices have level access for visitors making enquiries and offer a visiting service by appointment.

What We Offer:

A home improvement agency assisting older, disabled and vulnerable people to remain safe, secure and independent, living in their own homes in comfort and with dignity (home owner and private tenants) and gives advice regarding housing options that includes advice on welfare benefit entitlement, accessing and preparing applications for mandatory Disabled Facilities Grants and/or discretionary repair grants and overseeing the works to completion. We will advise on funding options for works and liaise with many charitable organisations when statutory funding is not available. We run a Handyperson Service assisting with security, minor repairs and adaptations (funding for works may be available) a Sanctuary Scheme (to assist victims of domestic violence and hate crime - all tenures) remain in their own homes with greater security. In addition and agency works in partnership with Rother District Council and Hastings & Rother Primary Care Trust to advise service users on how to prevent accidents within the home and lessen the risk of hospital admissions.

in touch Stairlift Services

Contact: Jackie Jenner **Tel** 01424 224060
Position: Administrator **Fax** 01424 224060
Address: 47 London Road, Bexhill-on-Sea, East Sussex
eMail: stairliftservices@intouchsupport.co.uk
Website: www.intouchsupport.co.uk

Contact Information:

Shop is open Monday - Friday 10-12 noon & 1-3.00 pm Telephone service during normal office hours.

What We Offer:

We are a registered charity that aims to provide an affordable and trusted service to residents of Hastings & Rother to enable them to purchase quality new and recycled stairlifts. We also have a selection of recycled daily living equipment (i.e. perching stools, grab rails, trolleys, Zimmer frames, etc.) We aim to reduce landfill and protect the environment and to create a successful, sustainable social enterprise that provides a useful service and creates local jobs. We are working in partnership with Hastings Borough council, Rother District Council and Hastings Furniture Service.

Islamic Information Centre

Contact: Dr Tariq Rajbee **Tel** 01424 812727
Position: Chair **Fax** 01424 755560
Address: 38 Little Ridge Avenue, St Leonards-on-Sea, TN37 7LS
eMail: tyrajbee@googlemail.com

Contact Information:

Available all hours by telephone or email, By appointment for lecture or discussion.

What We Offer:

To remove misunderstanding and misconception about Islam. To create harmony with the host community and Muslims. Free supply of books, cd, dvd and lectures or one-to-one discussion with non-Muslims eager to know about Islam.

Jaan Pehchaan

Contact: Mrs Atiya Rajbee **Tel** 01424 755355
Position: Chair **Fax** 01424 755560
Address: 38 Little Ridge Avenue, St Leonards-on-Sea, TN37 7LS
eMail: atiyarajbee@hotmail.com

Contact Information:

We hire suitable places for events.

What We Offer:

To promote Urdu language by helping Urdu speaking people settle in this part of the world.

KINN

Contact: Ms Rosamond Palmer **Tel** 0845 3273964
Position: Creative Director
Address: The Creative Media Centre, 17 Robertson Street, Hastings, TN34 1HL
eMail: rosamond@kinn.org.uk
Website: www.kinn.org.uk

Contact Information:

Creative Media Centre is a virtual address, availability is office hours. We are not accessible to public except by appointment.

What We Offer:

KINN Ltd is a charitable company that produces fun shows and workshops with a health education bias. We create and produce plays that address pertinent health issues such as obesity, smoking tobacco, dental health care and the effect eating a poor diet has on children's ability to learn and socialise. KINN puts on a new play for 'Playdays in the Park' each summer and tours plays to schools in East Sussex. We work in partnership with local PCTs, Youth Development Service, East Sussex Fire & Rescue Service and ESCC Education. KINN takes commissions from voluntary or statutory organisations which explore health related issues.

We also run creative workshops such as finding out the views of children who receive a service from statutory organisations. KINN works in East Sussex, particularly Hastings and the surrounding area, and likes to engage with service users who wouldn't usually access theatre and creative activities.

Kivu Peace Initiative (Communities Peace Initiative)

Contact: Mrs Naima Mapesa **Tel** 01424 428239
Position: Secretary
Address: 10 Marline Road, St Leonards-on-Sea, TN38 9HL
eMail:
Website: www.communitiespeaceinitiative.org

Contact Information:

Unfortunately due to funding we have lost our office base in Britania Enterprise, we meet at WRVS in St Leonards On Sea, individuals or organisations wishing to get in touch with us can use the above contact details.

What We Offer:

We are an educational organization promoting peace and harmony between communities. Our mission is to improve people's knowledge about refugees and asylum seekers, raise an awareness of asylum related issues, challenge racial and cultural stereotype and advocate for the social integration of refugees and asylum seekers and ethnic minorities. We provide information on rights and entitlements of refugees and asylum seekers. We support peace and harmony between asylum seekers and refugees and the host community. We develop projects that empower communities affected by conflicts around the world. We aim through research to broaden appreciation of cultural diversity and raise awareness of how global societies are inter-connected. Kivu Peace Initiative (Communities Peace Initiative) has initiated the first ever Refugee Week in Hastings and St Leonards and organised the event for 5 years, this advocacy event is now established permanently. The organisation has successfully implemented wide range of educational projects and events.

Knowles Tooth Childrens Centre

Contact: **Tel** 01273 832363
Position: Centre Head
Address: Langton Lane, Hurstpierpoint, BN6 9EZ
eMail: knowlestooth@familysupportwork.org.uk
Website: www.familysupportwork.org.uk

Contact Information:

Purpose-built extension for wheelchair users.

What We Offer:

KnowlesTooth is a large country house, a venue for group holidays for support organisations, schools etc. Groups have exclusive use of the house and gardens. There are 11 bedrooms, sleeping up to 26 people, six bedrooms are especially designed for people with mobility difficulties. We are a charity that has been in existence for 29 years and are part of the Chichester Diocesan Association for Family Support Work. We cannot accept individual families but welcome enquiries from organised groups or all types. The facilities can also be offered over the winter months as a training venue or for shorter breaks, please contact us for more information.

League of Friends of The Memorial Care Centre Rye

Contact: Mr John Priestly **Tel** 01797 224339
Position: Chairman
Address: Rye Hospital, Peasemars Road, Rye Foreign, Rye, TN31 7UD

What We Offer:

The care of patients and former patients of Rye Hospital and patients within the community.

Lions Club of Hastings

Contact: Mr Andre Waters **Tel** 0845 833 2756
Position: Secretary
Address: Bassetts, 318 Rye Road, Hastings, TN35 4LN
eMail: andre.waters@virgin.net
Website: www.hastingslions.org.uk

What We Offer:

A non-sectarian/non-political organisation. The largest service organisation in the world. Each local Lions Club aims to service its local community. Hastings Lions Club raises its own funds, assesses applications for support, makes donations to local causes and assists in fundraising events. Membership by invitation. The Community Services Committee meets on the 1st Tuesday of each month and the Club's business meeting is on the 2nd Tuesday of each month.

Little Common Community Library

Contact: **Tel** 01424 842371
Position:
Address: Little Common Community Centre, Shepherds Close, Little Common, Bexhill-on-Sea, TN39 4SQ

Contact Information:

between 10-12 Monday - Friday

What We Offer:

To provide a regularly changing selection of adult fiction and non-fiction books including large print editions – to be borrowed by any member of the general public for home reading. Facilities available 1.5 days per week with no joining fee or any other charges.

Maitreya Buddhist Centre

Contact: Mr Andrew Durling **Tel** 01424 733761
Position: Administrative Director
Address: 13 Sea Road, Bexhill-on-Sea, TN40 1EE
eMail: info@meditateinbexhill.co.uk
Website: www.meditateinbexhill.co.uk

Contact Information:

The Centre, its office and retail shop is open from 10am - 4pm Mondays to Saturdays. The Meditation Room is available, free of charge, during these hours. The Centre is also open most Monday evenings for meditation classes.

What We Offer:

- 1.Provision of classes/courses in mediation and/or Buddhism so that anyone can learn how to gain inner peace and happiness and improve the quality of their lives through gaining a greater control over their minds and gaining greater insight into the relationship between their minds and their life experiences. The Centre also provides products and gifts complementary to mediation and Buddhism, and spirituality in general through its retail shop at the Centre.
- 2.The provision of accurate information and advice concerning Buddhism to local schools, colleges and community groups.
- 3.Participating in local community networks such as the Hastings & District Interfaith Forum.

Marlborough House in touch

Contact: Mrs Janice Easton **Tel** 01424 713478
Position: Project Manager **Fax** 01424 713480
Address: 23-29 Warrior Square, St Leonards-on-Sea, TN37 6BG
eMail: janice.easton@intouchsupport.co.uk

Contact Information:

Community resources open 7 days a week 9am - 5pm. Disabled facilities, level access, lifts to community floor.

What We Offer:

Marlborough House is an Extra Care Sheltered Housing Project, located in Warrior Square, St Leonards. It comprises of 40 self-contained for elderly and disabled people as well as an entire floor of community resources. The housing scheme offers support to its tenants 24 hours a day and daytime care all year round. The Community Resources include a community café, large lounge, library resource room and a salon. Members of the community can access these resources 7 days a week between 9am & 5pm. Community rooms are available for hire in the afternoons and evenings, catering can be provided. The café welcomes all sections of the community and is open from 9am to 3pm 7 days a week. The salon is currently open every Monday, Tuesday and Friday mornings for the hairdresser. Wednesday, Thursdays a visiting Aromatherapist. Chiropody clinic every 5th and 6th week. Assisted bathing service.

Marsh Link Action Group (MLAG)

Contact: Mr Stuart Hartland **Tel** 01797 222410
Position: Chairman
Address: PO Box 100, Rye, TN31 7DP
eMail: info@mlag.org.uk
Website: www.mlag.org.uk

Contact Information:

Best to contact us by email to more for more and current information

What We Offer:

MLAG is a voluntary organisation representing the interests of all passengers using the Ashford to Hastings ("theMarshlink") train service. MLAG campaigns for improvements to this vital community link and for the strategic development of the whole local rail network; it also campaigns for improvements in connections and services to London and the Continent.

Marsham Older Peoples Project (MOPPs)

Contact: Mrs Sylvia Gutsell **Tel** 01424 812544
Position: Vice Chairman
Address: Fairlight Village Hall, Broadway, Fairlight, Hastings, TN35 4DA
eMail: sheilaspan@btinternet.com

Contact Information:

Telephone during the week 9-5 01424 812544 on Fridays Fairlight Village Hall 9-3 01424 814726

What We Offer:

Day centre for the Elderly, meeting every Friday 10.30 – 2.00. Open to residents of Fairlight, Pett, Guestling and surrounding areas. Healthy lunch, social activities, toe nail cutting, information/benefit advice, exercises. Transport provided.

Martha Trust

Contact: Mrs Julie Brett **Tel** 01424 757966
Position: Community Fundraiser **Fax** 01424 757969
Address: Mary House, 490 The Ridge, Hastings, TN34 2RY
eMail: juliebrett@marthatrust.org.uk
Website: www.marthatrust.org.uk

What We Offer:

Martha Trust is a Christian charity providing specialised care for people with profound physical and learning disabilities. Our residential home on The Ridge, Mary House, is home to young adults with very complex needs. We offer a loving and stimulating environment, equipped with superb facilities and highly trained, motivated staff. Our overall philosophy is to concentrate on people as individuals and to do everything in our power to help them to lead as normal and happy lives as possible. We are currently developing Mary House by building extra accommodation units, a respite centre and a hydrotherapy pool. Although we receive basic funding from local authorities, we rely significantly on donations in order to continue our vital work in the community.

Mencap Open Door

Contact: Mrs Veronica Smith **Tel** 01424 718223
Position: Manager **Fax** 01424 422082
Address: 64 London Road, St Leonards-on-Sea, TN37 6AS
eMail: veronica.smith@onetel.net

Contact Information:

Mon - Fri, 9am - 4pm. Various part-time client vacancies. Limited wheelchair access.

What We Offer:

Open Door was established in 1987 and provides daycare for adults with a learning disability, covering a wide range of abilities. Each service user is assessed on their ability in all areas and from this an individual programme is developed. We offer a one in five staff ratio in all our activities and when necessary this can be increased. Open Door has the following policies - health & safety, equal opportunities, medication, confidentiality & grievance policies, risk assessments on individuals and all activities and a mini-bus. The ethos of Open Door is for each individual to be given the opportunity to use community-based activities and gain individual independence.

Migrant Helpline

Contact: Mrs Susan Fawcus **Tel** 01424 461225
Position: Regional Operations Manager **Fax** 01424 434879
Address: 17a Silchester Mews, Silchester Road, St Leonards-on-Sea, TN38 0JB

eMail:

Website: www.migranthehelpline.org

Contact Information:

Drop-in available Mon, Tues, Wed & Thurs 9:30 - 12:30 and 14:00 - 16:00

What We Offer:

Assistance for asylum seekers/refugees with enquiries regarding welfare benefits, Home Office support, accessing health care, education, housing and employment.

Mountfield Village Hall Committee

Contact: Mrs Ruby Willis **Tel** 01580 880186
Position: Chairman
Address: 1 Brickyard Cottages, Mountfield, Robertsbridge, TN32 5LB

eMail: rubywillis@tiscali.co.uk

What We Offer:

To maintain the village hall for the use of all residents to hire for different occasions and activities. We run an extend class for older people. There are painting classes, belly dancing classes, drama reading group, with other intermittent activities and social happenings.

Moving-on/Moving-up Activities & Support Group

Contact: Ms Maureen Curzon **Tel** 01424 721489
Position: Secretary **Fax** 01424 721526
Address: 13-15 Priory Avenue, Hastings, TN34 1UH
eMail: maureen.curzon@sanctuary-housing.co.uk

What We Offer:

Community group for Residents, ex residents and interested parties. The group was set up to empower, support, expand and monitor the positive development of the group members in a creative and imaginative way. This group is service user led.

Music Therapy for Rye

Contact:
Position: Music Therapist
Address: 1 Seaview Terrace, East Street, Rye, TN31 7JZ
eMail: Lisand@seaviewrye.fsnet.co.uk

Contact Information:

Monday & Tuesday at Rye Community Primary School. Wednesday at 1 Seaview Terrace. Phone any weekday.

What We Offer:

-□ To provide sessions of music therapy to people with special needs both adults and children. It supports people with learning difficulties behavioural & emotional problems, trauma, grief, autistic spectrum disorder and Aspergers syndrome, physical difficulties and neurological problems as well as anxiety, depression or stress.

My Choice Advocacy Services

Contact: Ms Janet Lundberg **Tel** 01424 441562
Position: Project Manager **Fax** 01424 204687
Address: The Advocacy Centre, 42 Robertson Street, Hastings, TN34 1HL

eMail:

Website: www.seap.org.uk

Contact Information:

9.00am-5.00pm, Mon - Fri, some evening and weekend availability. Office on ground floor with accessible room, toilet and kitchen.

What We Offer:

To provide a range of advocacy services to adults with a learning difficulty in Hastings, Rother and East Sussex and Slough. Current services include advocacy to:- self-advocacy group (Voices for Change), Adults with Asperger Syndrome or Autism, contracts with Care Homes to provide advocacy to the clients of that home, Adults with acquired brain injury (spot purchase contracts), Advocacy Groups - Day service Resource (contracted service).

National Youth Advocacy Service NYAS

Contact: Roger Sealy **Tel** 0800 616101
Position: Young Peoples Advocacy Manage **Fax** 01323 410977
Address: c/o EAVS, 8 Saffrons Road, Eastbourne, BN21 1DG
eMail: roger.sealey@nyas.net
Website: www.nyas.net

Contact Information:

Monday - Friday 8am - 8pm
Saturday 10am - 4pm

What We Offer:

The National Youth Advocacy Service is a National Charity that delivers advocacy to young people who are looked after by the local authority. The service also provides advocacy to young people who have disabilities, those who have no or little contact with their family, young people in secure accomodation or any young person who finds themselves in need.

NHS Hastings and Rother User Bank (The HUB)

Contact: Isla Dowds **Tel** 01424 735683
Position: Engagement and Equalities Mana
Address: Bexhill Hospital, Holliers Hill, Bexhill-on-Sea, TN37 6JA
eMail: isla.dowds@hastingsrotherpct.nhs.uk
Website: www.hastingsandrotherpct.nhs.uk

Contact Information:

Hub activities take place throughout the year including events, meetings, by post, phone, via the internet or email. If you would like to register or get more information please contact Isla Dowds.

What We Offer:

HUB members play a part in shaping how we look after people's health locally. Membership is open to anyone. Once you are a HUB member we will contact you with information or invite you to get involved in projects and activities. We can also help you to take part in opportunities to influence wider NHS ideas or plans when people's views are being gathered. We can pay out of pocket expenses for many types of activity and for some activities there is also a sessional reward fee that can be claimed. We are keen to recruit as wide a range of people as possible.

Northiam Parish Council

Contact: Mrs Sue Keighley **Tel** 01797 253990
Position: Parish Clerk
Address: Prospect, Mill Corner, Northiam, Rye, TN31 6HP
eMail: northiamclerk@tiscali.co.uk
Website: www.northiamvillage.co.uk

Nutstash Woodland Project CIC

Contact: Miss Fiona Tooth
Position: Managing Director
Address:
eMail: info@nutstash.co.uk
Website: www.nutstash.co.uk

Contact Information:

Contactable by phone during normal waking hours on designated mobile phone, number 07514 815743. All activities are carried out in woodland without disabled facilities

What We Offer:

Nutstash aims to provide a supportive training programme and social enterprise for 'at risk' young people through: accredited training courses in coppice management, pest control, and allied subjects including taster days, 24 day and short follow-up courses, encouraging the continued involvement of participants in the not-for-profit social enterprise as employees, free-lance makers, mentors and volunteers with signposting to further education and alternative employment opportunities, offering pest control, woodland management and woodfuel/sawlog processing services to other land/woodland owners, continuing the sensitive management of Nutkin's Wood providing an example of acknowledged best practice, developing and marketing a range of products including woodfuel, charcoal and woodcraft items and establishing a presence at local Farmers' Markets and private outlets, offering up to 2 Directorships of the CIC to participants who demonstrate suitable attributes and collaborating with other allied organisations and charities to mutual advantage.

OASIS

Contact: Mrs Jackie Gaunt **Tel** 01424 427582
Position: Co-ordinator
Address: Broomgrove Community Centre, Chiltern Drive, Hastings, TN34 3PY
eMail: oasis@orevalley.co.uk
Website: www.orevalley.co.uk

Contact Information:

Oasis is open 9 - 5 pm Monday - Friday. There is an accessible toilet on the ground floor, stairs to the first floor, but no lift. We can hold meetings on the ground floor if needed, or carry home visits for residents who cannot make it to the Oasis centre.

What We Offer:

We aim to deliver and facilitate services and activities that respond to the needs of the community in East Hastings through building up social networks and the capacity of the local community and reducing the barriers to participation. Our activities include providing health information, fruit and veg stall, ESOL classes (English for Speakers of Other Languages), a Befriending Scheme, smoking cessation advisor, outings, over 50's craft club, ten pin bowling, health walks, weekly Pop In, group support, individual support, community launderette, room use, free PC and Internet use

Old Hastings Preservation Society

Contact: Anne Scott **Tel** 01424 427718
Position: Chair **Fax** 01424 427718
Address: Hastings History House, 21 Courthouse Street, Hastings, TN34 3AU
eMail: ohps@ohps.org.uk

Contact Information:

Thursdays (10.00am - 1.00pm), or as advertised for events, or by appointment - 447643 (Dennis Collins)

What We Offer:

To promote the permanent preservation of buildings of beauty or historic interest, in the Borough of Hastings and St Leonards. To foster an appreciation of the history of the town of Hastings and to preserve evidence of that history. To develop the History House at our Headquarters to enable residents, visitors and students to explore the

history of the town, by providing exhibitions, research facilities, talks and courses, and to continue our programme of external lectures, guided walks and publications. To encourage and undertake recording and research which supports our objective. To ensure the Fishermen's Museum continues to provide interpretation of this important local industry and to preserve and add to its collection. To oppose any inappropriate developments likely to destroy the artistic or historic amenities of the town, whilst encouraging good architecture, design and planning in conservation areas

Orbit South Housing Association

Contact: Mr Craig Atkins **Tel** 0800 678 1221
Position: Community Support Worker **Fax** 01424 757701
Address: 1-3 The Oaks, Little Ridge Avenue, St Leonards-on-Sea, TN37 7UW
eMail:
Website: www.orbit.org.uk

Contact Information:

Sussex Housing Centre at 1-3 The Oaks is open from 9am - 5pm, Mon - Fri and has disabled access. Call centre staffed 24hrs a day.

What We Offer:

One of the Largest Social Housing providers in the South East of England, with approximately 12,000 homes for rent, mainly for families, 700 of these in Hastings & St Leonards. We are a registered social landlord (RSL) and our mission is to build brighter futures for people and communities by providing enduring solutions to housing problems and offer the best possible standards of service to our customers and the wider community.

Ore Community Association

Contact: Mrs Margaret Pawson **Tel** 01424 432719
Position: Centre Manager
Address: 455 Old London Road, Hastings, TN35 5AL
eMail: mags.pawson@live.co.uk

Contact Information:

Mon - Fri 9:30 - 3:30, contact by phone or email. Wheelchair access and disabled toilets available.

What We Offer:

Ore Centre is available for the whole community to enjoy. The café is open on Tues, Wed and Fridays. Activities enjoyed are: Swing Band, Bingo, Yoga, Tai Chi, Art, Weight Watchers, Rainbow Playgroup, Wendy Cameron School of Dance and Family History Society. Large and small halls available for hiring and parties. Car park available.

Ore Community Land Trust

Contact: Ian Sier **Tel** 01424 428990
Position:
Address: 3 Oakfield Road, Hastings, TN35 5AE
eMail: ore.clt@hotmail.com
Website: www.orecommunitylandtrust.org.uk

What We Offer:

Aims to: protect and enhance urban green space in the Upper Ore Valley ('Speckled Wood') for accessible open space for community use and animal habitat. acquire and manage community land, buildings and associated assets for environmental benefit and sustainable development of community amenities, promote conservation, protection and improvement of the physical and natural environment, provide and assist in the provision of recreational facilities and activities for all age groups and to improve access for those with disabilities and mobility limitations, organise and assist in organising community events and activities associated with the work of the Trust and to promote community development and social cohesion. To help in the provision, improvement and maintenance of footpaths and cycle ways for travel to work and education and for leisure and exercise. To contribute to education, training, work experience and volunteering. To involve the community in the work of the Trust

Ore Valley Action

Contact: Mr Aubrey Ingleton
Position: Steering Committee Member
Address: c/o Care & Share Shop, 414 Old London Road, Hastings, TN35 5BB

eMail: orevalleyaction@hotmail.co.uk

Website: www.hastingsenvironment.net/orevalleyaction

Contact Information:

Meetings arranged as and when necessary.

What We Offer:

AIMS: To ensure that all residents in the Ore Valley are properly informed and consulted over any strategies, plans and developments affecting the Ore Valley; To comment on Millenium Community plans for the Lower Ore Valley; To campaign to ensure that the regeneration vision for the area is not lost by poor quality design and overdevelopment; To work with ORE COMMUNITY LAND TRUST to preserve the Upper Ore Valley ('Speckled Wood') as green space with some community amenity use; To protect green space and habitat as far as possible; To work with other organisations, groups and residents with similar aims; To recognise diversity and seek to be an inclusive group.

ACTIVITIES: Helping to organise information events for residents, newsletters & leaflets: Assisting with the development of the Speckled Wood Community

Plan: Commenting on and challenging development applications and strategic plans as necessary; Representation in consultation events and on forums; Lobbying and campaigning

Ore Valley Forum

Contact: Ms Jude Churchman **Tel** 01424 436218
Position: Support Worker **Fax** 01424 430440
Address: c/o The Bridge, 361 Priory Road, Hastings, TN34 3NW
eMail: jchurchman@hastings.gov.uk

Contact Information:

Contact Support Worker (afternoons Mon-Thurs) for dates and times of meetings.

What We Offer:

The Ore Valley Forum is an umbrella community association which seeks to improve the well-being of those who live, work and study in the HBC wards of Tressell and Baird. The Forum brings together residents associations, with representatives from housing associations, ESCC, HBC, Sussex Police, PCT and others to enable partnership delivery informed by local residents. OVF organizes meetings, events and community action in the areas of planning, community safety, education, health, art and environmental improvement. OVF also seeks to secure funding to support local projects, for example the Big Lottery Youth Club Project. For information on community activities in the area and how to get involved please contact Jude Churchman.

Paperchase Business Support Services

Contact: Ms Chrys Brookes **Tel** 01424 721505
Position: Managing Director **Fax** 01424 721505
Address: PO Box 17, Hastings, TN35 5QL
eMail: info@paperchaseservices.co.uk
Website: www.paperchaseservices.co.uk

Contact Information:

Mon-Fri 9.30am to 5pm

What We Offer:

Paperchase is a social Enterprise. It provides all types of business support services from basic administration to preparing business and financial plans, management consultancy as well as running payroll, accounts, etc. For further details of the services available please visit the website. The companies social aims include creating opportunities to develop - Local capacity building - through specific training opportunities. Community Empowerment & Development - work

experience opportunities. The inclusion of disadvantaged groups to participate in local economic activities - employment opportunities. PaperChase will also encourage people with learning disabilities to develop their individual skills so that they too can play an active part in their community through the participation in economic activities and training to develop transferable skills.

Parish Community Club. St Mary Star of the Sea

Contact: Mrs Shirley Kleinot

Position: Chair

Address: High Street, Hastings, TN34 3HR

Contact Information:

Monday mornings 10.30 - 12noon

What We Offer:

The Community Group has been going for 11 years. We number approx. 120 people. Every other week is coffee and chat. Our members come from all around the Old Town and St Leonards. We raise money from table sales and raffles. We also go on various outings to visit places of interest - one or two trips to France each year. Our Community Club has 72 members currently.

Park Road Under Fives

Contact: Ms Lou Gentle **Tel** 01424 443030

Position: Manager/Supervisor

Address: Park Road Methodist Church, Upper Park Road, St Leonards-on-Sea, TN37 6SJ

Contact Information:

Mon, Wed, Thurs & Fridays 9:15 - 3:30pm

What We Offer:

We are a community pre-school setting. Children learn through play in a warm and friendly setting. Children are supported in their learning by qualified or experienced paid staff. We are regulated by OFSTED. Some parents receive Sure-Start bursary funding, others receive nursery education grants. Activities are planned and focused on the needs of the child. Visitors are welcome at any time without an appointment. We embrace children with special needs.

Parkinson's Disease Society - South East

Contact: Mr Fell Duncan **Tel** 0844 225 3662

Position: Information & Support Manager

Address:

eMail: fduncan@parkinsons.org.uk

Website: www.parkinsons.org.uk

Contact Information:

Mon - Fri 9:30am-9pm, Sat- 9:30am - 5:30pm FREEPHONE Helpline - 0808 800 0303

What We Offer:

Information, advice, advocacy, support for people with Parkinson's Disease, their carers and families. Local branch, information & support worker and local meetings.

Pelham Crescent Residents Association

Contact: Mr Ashley Bolch **Tel** 01424 480040
Position: Secretary
Address: 9 Pelham Crescent, Hastings, TN34 3AF
eMail:

Contact Information:

By phone and email. We have no disabled access or facilities.

What We Offer:

To serve the interests of both residents and traders in and below the Crescent. To supervise the collection of refuse and maintain a database of residents car registrations and contact details. To liaise with owners, business lease holders, council and builders to maintain buildings and the road. To liaise with police and community police on behalf of residents and traders. To liaise with lease holders of St Mary-in-the-Castle.

Penny Beale Memorial Fund

Contact: Miss Penny Beale **Tel** 01424 436269
Position: Founder
Address:
eMail: penny.beale@yahoo.com
Website: www.pennybealememorialfund.org

What We Offer:

addressing domestic violence
To preserve and protect the physical and mental health of persons who are or have been victims of domestic violence, and to advance the education of the public, including local authorities and voluntary bodies, by the provision of information, advice and training programmes into the causes, remedies and prevention of domestic violence.

Pestalozzi International Village Trust

Contact: Miss Penny Williams **Tel** 01424 870444
Position: Personnel Officer **Fax** 01424 870655
Address: Ladybird Lane, Sedlescombe, TN33 0UF
eMail: office@pestalozzi.org.uk
Website: www.pestalozzi.org.uk

Contact Information:

9am to 5pm weekdays or by appointment.

What We Offer:

1. To educate academically talented young people from disadvantaged backgrounds in developing countries.
2. To promote cultural diversity as a positive dimension of local community life.
3. To develop an international conference study centre at Pestalozzi.
4. To develop the Pestalozzi estate as a base for research and education on conservation and the environment.

Polish Association - Hastings & Surrounding Areas

Contact: Miss Aleksandra Nona
Position: Chair **Fax** 05601 272947
Address:
eMail: info@pinh.co.uk
Website: www.pinh.co.uk

Contact Information:

We meet at the Polish café HAK, 37d/e Robertson Street, Hastings and in private homes. Details can be found on our website.

What We Offer:

Our organisation aims to bring together Polish people living in the Hastings/St Leonards area and encourage them to take an active part in the local community.

We aim to aid integration within this community, but at the same time to enhance elements of our Polish identity. In order to do that we would like to provide language support when requested, ensure support and access for Polish people to education and support them with housing needs as much as we can. We would also like to support and encourage employment and self-employment and raise awareness of the English law.
We would also like to link Poles with the local authorities and voluntary organisations and represent them on appropriate bodies.

Pregnancy Crisis Service

Contact: Mrs Sheila Rosewell **Tel** 01424 421934
Position: Co-ordinator
Address: The Hastings Centre, The Ridge, Hastings, TN34 2SA
eMail: pcshastings@hotmail.com

Contact Information:

Local helpline - we aim to respond to answerphone messages within 24hrs. Appointments by arrangement. A national helpline is also available on 0800 028 2228.

What We Offer:

The aims of this service are: a) to enable women and men, in a pregnancy crisis situation, to consider all their options and to make a well-informed choice. We offer ongoing practical support where required and free pregnancy tests are available. b) to provide post-abortion counselling and support. c) to provide information about pregnancy and abortion to young people, by working with local schools and other agencies. PCS is staffed by Christian volunteers who are trained to ensure that our service is confidential, non-judgemental and non-pressured.

Primary Care Bridge Builder Service

Contact: Mrs Sandy Lazarus **Tel** 01424 717430
Position: Manager
Address: Southwater Area Community Centre, 1 Stainsby Street, St Leonards-on-Sea, TN37 6LA
eMail: admin@bridgebuilder.org.uk
Website: www.hastingsandrotherpct.nhs.uk

Contact Information:

Monday-Friday 9am - 5pm via landline and emails. Please note, we offer an outreach service so when the office is not staffed you will need to leave a message. We do not offer home visits.

What We Offer:

The Primary Care Bridge Builder Service is for people who are recovering from mild to moderate mental health problems and have been supported in a primary care setting e.g. through their GP or the Mental Health in Primary Care Team. The service will aim to provide information, support and encouragement enabling clients to engage in everyday activities such as learning, volunteer work and social activities. We also support people who are on sick leave from work through depression or stress and who would like help to communicate with their employers, return to work or leave with dignity. We accept referrals from Primary Health Care Services such as GPs and Practice Nurses, Counselling Services and self-referrals for people aged 18 - 65 who live in Hastings & St Leonards and fit the criteria above. The Bridge Builder Team are happy to speak to anyone who may like to use the service themselves or to any organisation who may want to refer clients to us.

Project Art Works

Contact: Ms Wendy Routley **Tel** 01424 423555
Position: Finance & Office Manager **Fax** 01424 423555
Address: Arch 3, Braybrooke Terrace, Hastings, TN34 1TD
eMail: info@projectartworks.org
Website: www.projectartworks.org

What We Offer:

Project Art Works is a visual arts organisation that creates opportunities for young people and adults who have complex impairments to communicate and express themselves through making art. We also attempt to raise awareness, understanding and tolerance of difference through exhibitions, films and publications. Project Art Works is led by visual artists based in Hastings, East Sussex.

Radiator Arts

Contact: **Tel** 01424 435711
Position:
Address: 10 West Street, Hastings, TN34 3AN
eMail: radiatorarts@btconnect.com
Website: www.radiatorarts.co.uk

Contact Information:

The answer machine is checked - please leave a message.

What We Offer:

Radiator Arts is a combined arts company based in East Sussex. Its is run by its members of multi- disciplined artists, with expertise in staging festivals, community arts projects, public arts commissions and theatrical events. Radiator works in a variety of ways, offering workshops and training to schools, community groups and organisations for children and adults with special needs. Radiator is a catalyst company making links with different groups in the community to create celebratory events and to promote better quality of life by developing a culture that is rich in individual and collective creativity.

Rainbow Playgroup

Contact: Mrs Shirley Medhurst **Tel** 01424 434084
Position: Supervisor
Address: Ore Community Centre, 455 Old London Road, Hastings, TN35 5BH
eMail:

Contact Information:

We offer 4 days per week. 9am - 3pm with optional lunch 11:30 - 12:30 at a cost.

What We Offer:

We are a local playgroup catering for children 2yrs-5yrs. We have a lot of Surestart children as we are in the middle of a large council estate. We have just extended to full day care as the need is there.

Remap Sussex East Panel

Contact: Mr Ray Hingston **Tel** 01424 772627
Position: Chairman
Address: 2 Starrs Mead, Battle, TN33 0UB

Contact Information:

Contact anytime

What We Offer:

To provide bespoke aids and equipment for disabled people which is not available commercially.

reMEmber

Contact: Ms Janice Kent **Tel** 01273 831733
Position: Director
Address: PO Box 1647, Hassocks, BN6 9GQ
eMail: me_cfs@hotmail.com

Website: www.remembercfs.org.uk

Contact Information:

We can be contacted by telephone at any time. Details of our events are published in the local press.

What We Offer:

The relief of sickness and distress of persons suffering from Chronic Fatigue Syndrome (CFS) otherwise known as myalgic encephalomyelitis (ME) We campaign for improved services, run self-management courses, organise talks and social events, issue a quarterly newsletter and run a telephone helpline.

Respond Academy

Contact: Mrs Jc McFee **Tel** 01424 718235
Position: Project Manager
Address: Ground Floor, Silchester Mews, 17a Silchester Road, St Leonards-on-Sea, TN38 0JB
eMail: respondyouthgroup@hotmail.co.uk
Website: www.respondacademy.com

Contact Information:

Tues & Thurs - 1 - 7pm, Wed & Fri - 1 - 5pm, Sat & Sundays open for set projects.

What We Offer:

Respond is about young people taking responsibility for their futures, creating opportunities through music, art and media projects and activities that could lead to training or employment. Respond is a 'showbiz agency' for young people led by young people.

ResQ Club

Contact: Mr Michael Cleary **Tel** 01424 440965
Position: Hon Sec. **Fax** 01424 440965
Address: 3 Salters Lane, Hastings, TN34 3HD
eMail: micleary@talktalk.net

Contact Information:

24/7

What We Offer:

The ResQ Club - Guard against cancer with Salvestrols. Information given about the work and results issued by the Cancer Drug Discovery Group. Leicester School of Pharmacy, De Montfort University. Ref.BCJ2002 Issue86:pp774-8. Help given in members' decision making. Advise new members. Quarterly newsletters. Arranging meetings. Membership is free. NHS Medicines and Healthcare Products Agency ref 000158. Advisory service for oncologists and nutritionists.

Rethink - SOS East Sussex Coastal Service

Contact: Ms Tania Forward **Tel** 01424 714406
Position: Service Manager
Address: 6 Trinity Street, Hastings, TN34 1HG
eMail: soseastsussexcoastal@rethink.org
Website: www.rethink.org

Contact Information:

The service is open Monday - Friday 9am - 5pm. The group venues are fully accessible to all.

What We Offer:

A community based service, managed by Rethink and funded by the National Lottery via the Big Lottery Fund which provides one-to-one short-term support to individuals following a suicide attempt. SOS is a confidential user-led service and offers to explore with clients any factors relevant to their suicide attempt. The service is able to sign-post clients to other services and support networks. By helping clients to address whatever problems may have contributed to their crisis, SOS aims to minimise the risk of a further suicide attempt. The Hastings office supports those living in Hastings & Rother. Weekly support groups for anyone affected by suicide are available in both Hastings & Eastbourne.

For further information about the service please contact the Service Manager on the above number. For further information about Rethink please contact the Welcome Team on 0845 456 0455.

Robertsbridge Children's Services

Contact: Cllr Sue Prochak **Tel** 01580 881309
Position: Chair
Address: George Hill, Robertsbridge, TN32 5AY
eMail: cllr.susan.prochak@rother.gov.uk
Website: www.robertsbridgechildrensservices.co.uk

Contact Information:

Monday-Friday 0800 hrs to 1800 hrs.

What We Offer:

Childcare for 0 to 11 years olds, from 0800 to 1800, five days a week 48 weeks of the year. We have three areas of activity: nursery, pre-school for school age children. See our website for more details of call in for a Prospectus.

Robsack Centre

Contact: Mrs Michelle Hooper **Tel** 01424 855222
Position: Community Dev. Co-Ordinator **Fax** 01424 850124
Address: FSN, Bodiam Drive, St Leonards-on-Sea, TN38 9TW
eMail: michellehooper56@yahoo.co.uk
Website: www.fsncharity.org.uk

Contact Information:

Open 9am - 5pm Monday - Friday. On 20 bus route, car parking, full disabled access. Possible to arrange activities outside these days and times (evenings and weekends) by arrangement.

What We Offer:

To provide family activities by offering leisure and educational services. Projects include 'Robsack Community Learning' offering non-accredited and accredited courses ranging from 3 - 30 hours and Dragonflies Takes Flight - a bereavement project to support children and young people. We also offer room hire to the community at reasonable rates as well as sports hall facilities including a climbing wall and archery.

Rotary Club of Hastings

Contact: Mr Peter Andrews **Tel** 01424 222058
Position: Secretary **Fax** 01424 222058
Address: 6 South Cliff, Bexhill-on-Sea, TN39 3EL
eMail: peterandrews6@talktalk.net

Website: www.hastingsrotary.org.uk

Contact Information:

Club meets at Victoria Hotel on the 1st & 3rd Friday of each month. 1pm - 2:30pm

What We Offer:

Rotary is an international organisation (registered charity) where members devote time and organise projects to raise money for service to people in the local community. Examples being collection at Christmas for distribution to the poor and needy, old people's day out, deprived children from London, transport for the blind and to help with individual appeals for funds. Motto - 'Service Above Self'.

Rother Environmental Group

Contact: Mr Christopher Strangeways **Tel** 01797 280282
Position: Committee Member
Address: PO Box 100, Rye, TN31 7DP
eMail: info@rotherenvironmental.org.uk
Website: www.rotherenvironmental.org.uk

Contact Information:

We meet on the last Tuesday of the month at 7.15pm – All welcome. best to contact us by email.

What We Offer:

REG campaigns for the protection and enhancement of the environment in Rother and the wider area. Our priorities for action are waste, energy, water and biodiversity and local food supply.

Rother Family Outreach Service

Contact: Mrs Tina Jackson **Tel** 01424 210550
Position: Manager
Address: Egerton Park Children's Centre, Egerton Road, Bexhill-on-Sea, TN39 3HL
eMail: tina.jackson@eastsussex.gov.uk

Contact Information:

Monday to Thursday 8.30am - 5pm
Friday 8.30am - 4.30pm

What We Offer:

Early intervention for Parents with Children under 5, offering Home visits, a Listening ear, Guidance & support, New ways of thinking, Sign posting to other Services, supporting with access to other Health Professionals and support to attend local groups.

Rother Seniors Forum

Contact: Mr Ron Sunderland **Tel** 01424 870801
Position: Chair
Address:
eMail: ronsunderland@talktalk.net

Contact Information:

Monday - Friday 10am to 5pm, if no reply leave a message.

What We Offer:

Rother Seniors' Forum invites local people who are 50+ years to have their say about Public Services. This forum speaks out about issues affecting seniors such as: transport & road safety; life-long learning & leisure; health & care; housing & pensions and crime & safety. We work with local service providers so that members can keep abreast of and help shape developments that affect them.

Rother Voluntary Action

Contact: Mr Martin Fisher **Tel** 01424 217259
Position: Director
Address: The Old Bank Chambers, Buckhurst Road, Bexhill-on-Sea, TN40 1QF
eMail: martin.fisher@rothervoluntaryaction.org.uk
Website: www.rothervoluntaryaction.org.uk

What We Offer:

RVA is a community led organisation supporting Rother's voluntary and community sector in Rother District, East Sussex and directly providing facilities and services to the community. We are a registered charity and company limited by guarantee. We are located in offices in Bexhill and Rye but also work through all the 32 villages in Rother.

Royal Terrace Social Club

Contact: Mr Ted French **Tel** 01424 432330
Position: Chair
Address: 149 Royal Terrace, St Leonards-on-Sea, TN37 6QJ
eMail: efrench@mypostoffice.co.uk

Contact Information:

Royal Terrace is a fully accessible building and open for other organisations to use for meetings.

What We Offer:

To promote the benefit of the inhabitants of Royal Terrace without distinction. The membership of Royal Terrace, in a common effort to advance education and to provide facilities in the interests of social welfare, and well-being for the recreation or occupation of the membership: with the aim of improving the conditions of life for the said membership of Royal Terrace. The Social Club shall be non-party and non-sectarian and open to everyone who lives in Royal Terrace.

RSPCA Mallydams Wood

Contact: Mrs Bel Deering **Tel** 0300 123 0750
Position: Manager **Fax** 0300 123 8350
Address: Peter James Lane, Fairlight, TN35 4AH
eMail:
Website: www.rspca.org.uk/mallydams

Contact Information:

The wildlife centre is open for admissions every day from 9am-5pm; during the months of May - August our hours of admission are 8am-8pm. The wildlife centre can be called on 0300 123 0723 - leave a message on our answerphone and we will get back to you. The centre is open to public viewing on our open day in August only. The education centre can be contacted on 0300 123 0750 to find out more about courses and volunteering opportunities.

What We Offer:

A wildlife rehabilitation and animal welfare education centre set in 22 hectares of woodland nature reserve. We take in around 2500 wildlife casualties each year and welcome over 5000 people on site for courses and events. We need volunteers to support our wildlife rehabilitation work, education activities and woodland management. In addition, we depend on volunteers to help run our annual open day and other fundraising events.

Rural Mental Health Recovery Service

Contact: Elaine Frew **Tel** 01424 776555
Position: Site Co-ordinator **Fax** 01424 777492
Address: Battle Health Centre, Telham House, 13 Mitre Way, Battle, TN33 0BF
eMail: elaine.frew@sussexpartnership.nhs.uk

Contact Information:

08.30 to 17.00 Monday to Friday

What We Offer:

Adult Mental Health Service

Rye & District Council for Voluntary Service

Contact: Jo Kirkham **Tel** 01797 229750
Position: Chairman
Address: 25 Cinque Ports St, Rye, TN31 7AD
eMail: tina.hall@rothervoluntaryaction.org.uk

Rye & District Lions Club

Contact: Mr Robert Harvey **Tel** 01424 751059
Position: Secretary
Address: Rye, TN39 4HS
eMail: robert.harvey25@btinternet.com
Website: www.rye.lions105se.org.uk

Contact Information:

Phone or e-mail Bob any time (within reason, obviously). We welcome new membership enquiries and run several public fundraising events and twelve club socials every year.

What We Offer:

Fundraising directly from the general public to help deserving causes and charities, local, national, and international and Lions Clubs International Foundation charities, promoting eyesight health and regeneration through Campaign Sight First (\$365 million so far), medical research through Lions International Blood Research Appeal (LIBRA) at Kings College Hospital, London and other organisations, youth activities and many other areas.

Rye British Legion

Contact: Neale East **Tel** 01797 225 852
Position: Chairman
Address: 3 Vidlers Court, Strand Quay, Rye, TN31 7DB
eMail: info@ryebritshlegion.org.uk
Website: www.ryebritshlegion.org.uk

Contact Information:

Meet monthly on the second Monday at the George Hotel in Rye at 19:30 (no meeting in August)

What We Offer:

We help serving and ex-Service personnel and their families. Not just those who fought in the two World Wars, but also those involved in the many conflicts since 1945 and those still fighting today.

We provide welfare services, campaign on a range of issues affecting Service people, are custodians of Remembrance, raise funds through the annual Poppy Appeal and we are a membership organisation.

Rye Farmers Market

Contact: Ms Jill Halliday
Position: Co-ordinator
Address: C/o Rye Heritage Centre, East Sussex

Contact Information:

Best to contact us at the market on Wednesday (ask for Jill) or by e-mail.

What We Offer:

Market takes place every Wednesday 10am at Strand Quay, Rye. Local producers selling mainly food and crafts. During the winter the market closes at 12pm in Summer at 1pm.

Rye Medical Centre

Contact: Tel 01797 22 33 33
Position: Fax 01797 226858
Address: Rye Medical Centre, Kiln Drive, Rye Foreign, Rye, TN31 7SQ
Website: www.ryemedicalcentre.com

Contact Information:

We are open weekdays only from 0830 to 1830

What We Offer:

To provide primary care clinical support to our local NHS and private patients.

Rye Relief in Need

Contact: Richard Farhall
Position: The Secretary
Address: Town Hall, Market Street, Rye, TN31 7LA
eMail: townhall@ryetowncouncil.gov.uk
Website: www.ryetowncouncil.gov.uk

Contact Information:

Town Hall open Mondays to Thursdays 9.00am – 1.00pm

What We Offer:

Rye Relief in Need is the Town Council's charity which distributes its investment income for the benefit of Rye residents in need, hardship or distress.

SAFE Respite Care

Contact: Cath Burrows Tel 01424 432054
Position: Secretary
Address: Flat 1, 9 Upper Maze Hill, St Leonards-on-Sea, TN37 0LQ
eMail: cath@burrows.fsnet.co.uk

Contact Information:

Chairman Roy Tucker 01424 752764 Secretary Cath Burrows 01424 432054 Treasurer Sheila Ward 01424 717046

What We Offer:

SAFE has fundraised for the last 12 years to support Respite Care in the Hastings and Rother area. Formerly the League of Friends for St. Augustine's Nursing Home, we now aim to continue to support respite care at St. Michael's Hospice since the closure of St. Augustine's.

Samaritans (Hastings & Rother Branch)

Contact: Tel 01424 436666
Position: Volunteer
Address: 26 St Andrews Square, Hastings, TN34 1SR
eMail: enquiries@hastingsandrothersamaritans.co.uk
Website: www.hastingsandrothersamaritans.co.uk

Contact Information:

Telephone: 24hrs, 7 days a week
Visitors: 9.30am - 9.30pm on most days, but best to telephone first.

What We Offer:

Samaritans is available 24 hours a day to provide confidential emotional support for people who are experiencing feelings of distress or despair, including those which may lead to suicide. Samaritans believe that being listened to in confidence, and accepted without prejudice, can alleviate despair and suicidal feelings; and that everyone has the right to make fundamental decisions about their own lives, including the decision to die by suicide.

Sanctuary Supported Housing

Contact: Mrs Fiona Knight Tel 01424 721489
Position: Project Manager Fax 01424 721526

Address: 13-15 Priory Avenue, Hastings, TN34 1UH

eMail: fiona.knight@sanctuary-housing.co.uk

What We Offer:

To provide good quality safe accommodation on a short-term basis. To offer a key working support programme to the needs of the individual. Aim to support the learning of skills required to maintain a more permanent tenancy and to live safely in the wider community.

Sara Lee Trust

Contact: Ms Sarah Geall Tel 01424 456608
Position: Therapeutic Manager
Address: 25 Upper Maze Hill, St Leonards-on-Sea, TN38 0LB
eMail: saraleecentre@stmichaelsospice.com
Website: www.saraleetrust.org

Contact Information:

Five days a week 9am - 16.30hrs on telephone 01424 456608

What We Offer:

We provide complementary therapies and counselling to people living with cancer, HIV/AIDS and MND. We provide a service to St Michaels Hospice and Rye, Winchelsea and District Memorial Hospital providing care to people in their wards and daycare and also seeing community patients. A community therapist see patients in their home in Hastings, Bexhill & Rother Districts. A sanctuary day once a month for patients and relatives - this also provides six hours off for carers. Apart from complementary therapies we also provide patients with creative therapies in writing, verse, music, movement, poetry and clay - all free of charge.

SAREEA

Contact: Ms Mary Dawson Tel 01424 852668
Position:
Address:
eMail: rainbowsmary@phonecoop.coop
Website: www.sareea.co.uk

Contact Information:

Workshops will be planned over the year. There are no regular times but they are likely to be in the school holidays. Details about access to the workshops will be given on flyers.

What We Offer:

SAREEA are interested in environmental issues and aims to offer 'fun' and 'creative' workshops for children, young people, schools and in community settings on environmental subjects. Training for teachers and others to deliver environmental subjects using creative methods. We encourage everyone to have their voice heard in relation to environmental issues, to be active so they can all 'make a difference'. We will work creatively in the workshops using art, drama, story telling, games and music. Facilitating these in outside environments as much as possible. Subjects: Reducing waste, litter and CO₂, Recycling and reusing, Saving energy and water, Growing and composting, Looking after woodlands and natural spaces, Caring for creatures in all natural settings.

Seaview Project

Contact: Mr John Evans **Tel** 01424 717981
Position: Chief Executive **Fax** 01424 722601
Address: Southwater Centre, Hatherley Road, St Leonards-on-Sea, TN37 6LB
eMail: admin@seaviewproject.org.uk
Website: www.seaviewproject.co.uk

Contact Information:

Opening hours - 10am-4pm, Mon, Tues, Thurs, Fri, 10am - 2pm Wed.
Full disabled access and facilities.
Drop in centre. Housing Services. Health Care.

What We Offer:

Exists to address poverty, homelessness, inequality and social exclusion, Seaview believes that priority should be given to working with people whose full participation in society is limited by economic, political and social disadvantage.

Working with vulnerable people to improve their quality of life, the main aims are: * to help people access and maintain decent and affordable accommodation, * to enable people to achieve self-dependence,* to encourage and provide opportunities for people to realise their full potential.

Sedlescombe Park Estate Residents Association

Contact: Mr Graham Wathey **Tel** 01424 715318
Position: Chair
Address: 43 Sedlescombe Gardens, St Leonards-on-Sea, TN38 OYT

Contact Information:

Phone above number in the evenings.

What We Offer:

Residents association to benefit the residents of the Sedlescombe Park Estate, which includes Sedlescombe Gardens, Drapers Way, Hollybank Gardens, Vantage Walk, Cowden Walk, Dell Close and Horseshoe Close. The Residents Association aims to bring together the local community through a common desire to improve the area in which the residents live.

Shaping Voices

Contact: Jane Metcalfe **Tel** 07979 658312
Position: Creative Director
Address:
eMail: email@shapingvoices.co.uk
Website: www.shapingvoices.co.uk

Contact Information:

Various - day time.

What We Offer:

Shaping Voices is an East Sussex based not-for-profit arts company whose aim is to bring the arts to groups of people in Sussex who would not normally have the opportunity to explore this area of activity. In conjunction with the charity Sound Architect we are aiming to provide Free training courses in Creative Writing, IT, Music Technology and Web Design to the over 50s in East Sussex. We have the intention of creating a website that can publish the work of all over 50s in East Sussex.

Shaw Trust

Contact: Mrs Dawn Minchell **Tel** 01293 554720
Position: Employment Adviser
Address: Sterling House, 103 High Street, Crawley, RH10 1GE
eMail: dawn.minchell@shaw-trust.org.uk
Website: www.shaw-trust.org.uk

Contact Information:

We are currently in Hastings on a Wednesdays and St.Leonards-on-

Sea on Thursdays.

What We Offer:

Shaw Trust has over 25 years experience of helping people find sustainable employment; last year alone we supported 60,000 people to access training and work opportunities. Our vision is that every person has the Opportunity to work. Shaw Trust can offer you all the support and advise you need to find employment. This project is open to people claiming health related benefits, living in Surrey and Sussex. We offer training courses, such as Confidence Building, help with CVs and application forms; and we may be able fund other training for your particular needs. We offer a £200 back to work grant, and in-work support once you start work.To find out if we can support you to find employment,contact us today.

Shipwreck & Coastal Heritage Centre

Contact: Jacqueline Stanford **Tel** 01424 437452
Position: Trustee **Fax** 01424 437452
Address: Rock-a-Nore Road, Hastings, TN34 3DW

eMail:

Website: www.shipwreck-heritage.org.uk

Contact Information:

Summer 7 days a week 10.00 - 17.00

Winter Saturday and Sunday 11.00 - 16.00 (the Centre is available outside these times subject to prior booking)

What We Offer:

We are a unique museum covering shipwrecks and coastal history such as fossils etc. Are aim is to educate the public about the Hastings coastline and the important wrecks that this coast is home to. We run events and tours throughout the year and our Museum is available for hire for parties of no more than 50 people. We have good wheelchair access and catering can be arranged.

Shorelink Community Writers

Contact: Mr Frank Kennedy **Tel** 01424 443718
Position: Secretary
Address: 2 Church Road, St Leonards-on-Sea, TN37 6EF
eMail: info@shorelinkwriters.org.uk
Website: www.shorelinkwriters.org.uk

Contact Information:

Monday evenings, 7.30-9.30pm Marlborough House.

Tues morning 10am - 12noon at Hastings Childrens Library (term-time only) - good disabled access.

What We Offer:

SCW is a community writing and publishing group which is open to all, but particularly welcomes people who need to develop confidence in expressing themselves. We encourage members to find their own voice and experiment with new writing methods and style. We aim to provide a safe and supportive environment which enables them to build their social skills, confidence and self-esteem.

Siddartha Nepali Society

Contact: Mr Babu Ram Devkota **Tel** 01424 201509
Position: Secretary
Address: 21 Clinton Crescent, St Leonards-on-Sea, TN38 0RN
eMail: baburamdevkota@yahoo.com

Contact Information:

We do not have a specific place to meet, but arrange a hall or restaurant nearer the time.

What We Offer:

The aim of our organisation is to unite all Nepalese living in the area and celebrate our cultural activities, New Year and other festive Hindu occasions.

Sidley Community Association

Contact: Stephen White
Position: Hon. Secretary
Address: Sidley House, 121 Ninfield Road, Bexhill-on-Sea, TN39 5BD

What We Offer:

To promote benefit for the people of Sidley and surrounding areas in any way deemed appropriate at the time by directors and members.

Silverhill Playgroup

Contact:
Position: Manager
Address: St Luke's Church Hall, Alma Terrace, St Leonards-on-Sea, TN37 6QT

Contact Information:

School Term Times - Mon, Wed & Thurs 9am - 3pm, Tues & Friday 9am - 12:30pm

What We Offer:

Play in a safe and friendly environment. Learning important life skills through play. Building experiences and confidence needed in the foundation stage.

SMART Youth Club

Contact: Mr Jeremy Wells **Tel** 01424 440779
Position:
Address: PO Box 17, Hastings, TN35 5QL

Contact Information:

Ad-hoc youth provision. Contact between 9-5pm Monday - Friday

What We Offer:

Our aim is to provide a safe, stimulating environment for young people aged 8-16, to socialise with their peers, enjoy a wide range of activities freely chosen by young people.

SoCo (South Coast Artists)

Contact: Ms Lesley Cornish **Tel** 01424 713873
Position: Chair
Address: Oak Passage Studios, Top Floor, 68 George Street, Hastings, TN34 3EE

eMail: socoartists1@btinternet.com

Website: www.soco.org.uk

Contact Information:

SoCo website gives information on our activities plus information on how to join.

We can arrange meetings at alternative venues with disabled access.

What We Offer:

SoCo (South Coast Artists) is a voluntary artists-led organisation that encourages local artists to experiment, question and broaden their practice through a programme of workshops, seminars and exhibitions. SoCo aims to broaden participation in the arts and develop new audiences amongst the local community and beyond. SoCo's current base, due to its location, does not benefit from disabled access and facilities.

South East England Malayalee Association (SEEMA)

Contact: Mr Joseph Arayathel **Tel** 01424223015
Position: Secretary
Address: 60 Ridgewood Gardens, TN40 1TS
eMail: seema_eastsussex@yahoo.co.uk
Website: www.seema.org.uk

Contact Information:

Anyone who wishes to contact us can send us an e-mail and we will respond within 3 days. Alternatively, you can call us on land/Mobil phone if the matter is urgent.

What We Offer:

- (1) To function as an association of 'Malayalee' immigrant community in South East of England to promote and preserve their cultural identity. ('Malayalee' terms represents people those who can speak or understand Malayalam language and have roots from Kerala - a southern state in India)
- (2) To promote integration of its member community to Britain, and to effectively contribute towards cultural diversity of United Kingdom.

South East Planning Aid

Contact: Mr John Hughes **Tel** 01634 831309
Position: Planning & Community Advisor **Fax** 01634 831167
Address: Kent Architecture Centre, Admiral's Offices, The Historic Dockyard, Chatham, ME4 4TZ

eMail: john.hughes@planningaid.rtpi.org.uk

Website: www.planningaid.rtpi.org.uk

Contact Information:

The office is open Mon to Fri 9am to 5pm.

What We Offer:

We offer free, independent and professional advice on town & country planning issues to community groups & individuals who cannot afford to pay a planning consultant. We also work with communities to help them understand and play a role in the planning process. Planning Aid is not part of local or central government, but is an independent source of advice and information which compliments the assistance given by local authorities. South East Planning Aid works with people & communities to help them influence changes to their local areas. This support includes helping people to: * Understand & use the planning system, * Be involved in preparing plans, * Develop their own plans for the future of their communities, * Comment on planning applications, * Apply for planning permission or appeal against refusal or permission, * Appear at Public Enquiries.

South of England Advocacy Projects

Contact: Miss Jill Miles **Tel** 01424 718075
Position: Chief Executive **Fax** 01424 204687
Address: 42 Robertson Street, Hastings, TN34 1HL

eMail: info@seap.org.uk

Website: www.seap.org.uk

Contact Information:

Monday - Friday 9am - 5pm

What We Offer:

South of England Advocacy Projects (SEAP) provides advocacy and related services to a wide range of client groups including: * adults with mental health issues * children and young people * adults with learning difficulties * anyone wishing to make a complaint about their NHS healthcare.

South Saxon Wetlands

Contact: Mrs Elizabeth Pye **Tel** 01424 717095
Position: Chair
Address: 76 Edinburgh Road, St Leonards-on-Sea, TN38 8DB

Contact Information:

Group meeting last Thursday in the month 2pm at above address. Refreshments.

What We Offer:

Tidy and care for open space in West St Leonards. Remove litter and generally maintain site for public to enjoy. Working with schools to promote the environment and value of this place. Give talks to groups of people about the Wetlands and our plans for the future,

Southwater Area Community Centre

Contact: Mr Patrick Bennett **Tel** 01424 461414

Position:

Address: 1-2 Stainsby Street, St Leonards-on-Sea, TN37 6LA

eMail: support@southwatercentre.org

Website: www.southwatercentre.org

Contact Information:

The community centre office is open Monday to Friday 9.30am to 1.30pm and bookings can be made for 7 days a week. We have full disabled facilities including a disabled toilet and a lift to gain access to the first floor.

What We Offer:

To promote the Southwater Area Community Centre to the residents of Southwater and the surrounding area, without distinction, and to bring together the inhabitants, local authorities and voluntary groups in a common effort to improve the conditions of life for all residents in Southwater and the surrounding area of St Leonards and Hastings as a whole. The Centre has offices for rent and rooms for local groups to hire. The centre organises/facilitates social/educational/etc activities/trips in response to needs expressed by the local community. Provide volunteering opportunities. The centre has a small café and IT facilities plus much more! Please contact co-ordinator for further details.

SSAFA Forces Help (Soldiers, Sailors, Airmen & Families Ass)

Contact: Mrs Liz O'Brien **Tel** 01424 736836

Position: Divisional Secretary **Fax** 01424 736836

Address: The Drill Hall, Down Road, Bexhill-on-Sea, TN39 4HS

eMail: ssafa@hast1066.wanadoo.co.uk

Contact Information:

Clients cannot visit the office. We have a 24hr answer phone and will ring back to the client and visit them.

What We Offer:

We help serving and ex service military personnel and their families with clothing, white goods, debt, benefits, aids and adaptations and holidays. In the Hastings and Rother area we also help the Merchant Seaman and Fishermen and the RNLI.

St Andrews Neighbourhood Watch

Contact: Mrs Jane Wright **Tel** 01424 428418

Position: Co-ordinator

Address: 14 St Andrews Square, Hastings, TN34 1SW

eMail: standrewsneighbourhoodwatch@yahoo.co.uk

Contact Information:

The area is flyer'd 10 days before a meeting. I can be contacted by email and we use the community board. Meetings held in St Andrews Citadel which accommodates disabilities.

What We Offer:

We are a new neighbourhood watch. I keep the area of St Andrews (Earl, Mann, Waldergrave, Brook and Cornwallis Streets, the Square and South Terrace) informed with police information via email, talking to residents and holding meetings. Residents can obtain information on dealing with anti-social behaviour, noise, traffic violations etc.

St Andrews Residents Association (STAR)

Contact: Mrs Jane Wright **Tel** 01424 428418

Position: Chair

Address: 14 St Andrews Square, Hastings, TN34 1SW

eMail: standrewsneighbourhoodwatch@yahoo.co.uk

Contact Information:

Anytime - messages can be left at our email address. The area is

leafleted 10 days before a meeting.

What We Offer:

To enhance the environment and quality of life of the residents living in Earl Street, Mann Street, South Terrace, Brook Street, St Andrews Square, Waldergrave Street and Cornwallis Street.

St Helens Church, Ore

Contact: Rev Chris Key **Tel** 01424 425172

Position: Rector

Address: 266 Elphinstone Road, Hastings, TN34 2AG

eMail: chriskey5@talktalk.net

Website: www.sthelens-ore.org.uk

Contact Information:

Apart from public services one or more leaders available all the time. Both churches are fully accessible

What We Offer:

Called together to know God's love and reveal it to the world we aim to share that love, in word and deed in our local community. We offer help to anyone at all in our local area including 'Alpha' to explain our faith & visiting those in need.

Activities: Public services at St Helen's (10.30am Sun), St Barnabas', Hoads Wood Road (9am Sun) and a multitude of mid-week activities. House Groups, Children & Youth Events, Prayer Groups, Elderly Lunch Clubs. Toddler Groups etc. Other events - small groups, visiting, childrens work, old folks lunches, bereavement care, pastoral care, practical help, etc.

St John Ambulance Homeless Healthcare

Contact: Mr Roger Nuttall **Tel** 01424 435358

Position: Nurse Co-ordinator **Fax** 01424 421105

Address: Bohemia Road, Hastings, TN34 1ET

eMail: roger.nuttall@sussex.sja.org.uk

Contact Information:

Mon-Fri, 9am-5pm

What We Offer:

Nurse-led primary health care and support for homeless and vulnerably housed people, including: health assessments; podiatry; wound care; general health advice; mental health support; nurse prescribing for minor ailments and acute conditions; pregnancy testing; chlamydia testing; smoking cessation support; group health education sessions; advocacy (helping clients access mainstream health, housing and other services); and specialist training (related to first aid and homelessness) delivered to homeless people and those who work with them. The above services delivered at Seaview Project and Carr-Gomm projects, delivered by a team of nurses, podiatrist and volunteers. Achieved through working in close partnership with other local services. Nurse-led drop-in clinics at Seaview: Mondays 12 - 2pm; Tuesday 12-2pm; Thurs 10 - 4pm; Fri 12 - 2pm. Podiatry at Seaview: Thurs 10 - 4pm. In addition, now working closely with the Conquest Hospital to improve the discharge and follow-up care and support of homeless and vulnerably housed patients leaving the wards, A&E and Woodlands.

St Leonards & Hastings Rail Improvement Programme (SHRIMP)

Contact: Tel 01424 443412

Position:

Address: East Sussex

eMail: info@1066shrimprail.org.uk

Website: www.1066shrimprail.org.uk

Contact Information:

SHRIMP is a web-based campaign, using the web site, Twitter and Facebook to detail and encourage people to join the various campaigns. In addition a number of public-based events may take place.

What We Offer:

SHRIMP is a non-political working group seeking to maintain and improve upon the rail services affecting Hastings, Rother and East Sussex. With it's ESRA (East Sussex Rail Alliance) partners SHRIMP will work with all sectors of the rail industry to improve the rail infrastructure in the region to enable faster rail services to/from London.

St Leonards Baptist Church

Contact: Mrs Janet Mardell

Position: Secretary

Address: Chapel Park Road, St Leonards-on-Sea, TN37 6HR

eMail:

Website: www.stleonardsbaptist.com

Contact Information:

The Community Centre is open Monday to Friday; for details call 714095. Sunday services are 10.30 and 18.30 and open to all.

What We Offer:

Our mission statement is: To go and reach new people, teaching them to obey all Christ says making disciples of Jesus throughout the world. Anyone is welcome to the church services (10.30am & 6.30pm) and we have weeknight activities for children and young people. We also house Chapel Park Community Centre (also a member of HVA) which has an internet facility available to the public. Some classes are held in co-operation with Hastings College of Art and Technology.

St Lukes United Reformed Church

Contact: Mr Alan Buckle

Position:

Address: Alma Terrace, Silverhill, St Leonards-on-Sea, TN37 6QT

Contact Information:

Church open for worship at specified times. Halls constantly in use. Every Thursday 10 - 11:30am open for coffee and fellowship in the church. Church worship Sunday 10:30am and 1st Wednesday in the month 7:30pm.

What We Offer:

To serve the Silverhill Community socially, educationally and spiritually, giving support & aiding development where ever practicable.

St Marks Mount Pleasant United Reformed Church

Contact: Mr John Brown Tel 01424 445280

Position: Treasurer

Address:

Contact Information:

Disabled toilet facilities. Level access from Mount Pleasant Road entrance.

What We Offer:

Proclamation of the gospel and serving the local community. Sunday worship 10:30am followed by refreshments:- * 1st Sunday of the month All Age Service, * 2nd Sunday of the month Communion Service, *

3rd/4th/5th Sunday of the month Traditional worship. 2:30pm 1st Monday of the month Friendship Circle, 7:30pm 2nd & 4th Monday of the month Homegroup, Wednesdays 10am - 12noon Pop-in Centre, Thursdays (term-time) 4:15 onwards Rainbow Brownie, Guide groups - contact Jenny Barton-Hibbs on 442844 for information.

St Marys Wrestwood Childrens Trust (BEXHILL)

Contact: Mr Neil masterton Tel 01424 730740

Position: Director of Residential & Commun Fax 01424 733575

Address: Wrestwood Road, Bexhill-on-Sea, TN39 4HH

eMail: nmasterton@st-mary.bexhill.sch.uk

What We Offer:

A Children's Trust providing specialist education, therapy and care. School and college provision providing a service for young people (7-19) with speech and language impairments/social communication disorders / autism / physical and mental problems all within the moderate learning difficulties range. Primarily a residential provision. In reach and outreach services available. Summer holiday playscheme. Many community integrated projects.

St Matthews Day Centre for the Blind & Partially Sighted

Contact: Mrs Bobbie Furness Tel 01424 446773

Position: Co-ordinator

Address: c/o Fairseat Lodge, Windmill Road, St Leonards-on-Sea, TN38 9BY

Contact Information:

Every Thursday 9am to 4pm or 9am to 12 noon and 1.30pm to 4pm. Contact by telephone, co-ordinator most times. Easy access - disabled toilet facilities.

What We Offer:

To involve elderly, blind or partially sighted people in various activities; craft work, cookery, flower arranging and writers group and to provide a pleasant social atmosphere for the time they are with us. Attendance can be for mornings or afternoons or for a whole day when lunch can be provided. Weekly transport to and from the centre is available at a very low cost for members registered as blind from the hospital. We also have a very good yearly outing.

St Matthews Residents Association

Contact: Mrs Gaby Hill Tel 01424 434653

Position: Chair

Address: 23 St Matthews Gardens, St Leonards-on-Sea, TN38 0TT

eMail: stmatthewsgardens@hotmail.co.uk

Website: www.stmatthewsgardens.co.uk

Contact Information:

Access to the gardens is via membership key. Open days for the general public take place on an occasional basis throughout the year. Access for wheelchair users is possible with assistance. Contact the Association if you would like to make use of the gardens for a one-off activity or function.

What We Offer:

To support residents and to keep St. Matthews Gardens in a well-maintained and attractive condition. To engender a feeling of community and provide a welcoming and safe environment for local residents and their children and to foster close links with local small traders and amenities. We hold several events to which non-members are welcome throughout the year, including an annual Family Fun Day and Guy Fawkes' Bonfire Night celebration. Local groups and charities are welcome to use the gardens by prior arrangement.

St Michael's Hospice

Contact: Mrs Andrea Garrick **Tel** 01424 445177
Position: Voluntary Services Manager **Fax** 01424 721255
Address: 25 Upper Maze Hill, St Leonards-on-Sea, TN38 0LB
eMail: andreagarrick@stmichaelshospice.com
Website: info@stmichaelshospice.com

Contact Information:

Service open all the time.

What We Offer:

Palliative care unit for people with life-limiting illness, containing 12 beds.
Hospice-at-Home visiting from 8am - 10pm seven days a week.

St Peter & St Paul's Playgroup

Contact: Mrs Sarah Quinnell **Tel** 01424 753722
Position: Chair
Address: 18 Mulberry Walk, St Leonards-on-Sea, TN37 7LY
eMail:

Contact Information:

9.30-2.45pm. I am available at other times.

What We Offer:

Playgroup for 2 and a half to 5 year olds at St Peter and St Pauls Church, Parkstone Road.

St Vincent De Paul Society

Contact: Mr Patrick Lee
Position: President of Holy Redeemer SVP
Address: 9 Twyford Crescent, St Leonards-on-Sea, TN37 7JA
eMail:

What We Offer:

We visit mainly elderly people living on their own, in their own homes, nursing homes and also families in need within the areas of Hollington and St Leonards. We are also involved in helping refugees and asylum seekers living in the areas of Hastings & St Leonards.

St. Raphael Club for the Disabled

Contact: Mrs Audrey Dickenson **Tel** 01424 852664
Position: Hon. Secretary
Address: 186 Battle Road, St Leonards-on-Sea, TN37 7AL

Contact Information:

9.30am - 3.30pm on Wednesdays.

What We Offer:

We have a day a week when Club members meet and enjoy Bingo, raffles and a fish and chip dinner, from a local fish shop and we also have our trip to different places once a fortnight, mostly on a Tuesday. We badly need more drivers, escorts and helpers.

Stroke Assoc, Relatives & Helpers (SARAH)

Contact: Mrs Kay Thorpe **Tel** 01424 714605
Position: Chair
Address: 39 Kenrith Court, St Helens Crescent, Hastings, TN34 2SQ

What We Offer:

To try and provide a better quality of life to stroke victims, by taking them on holidays, outings, club nights, etc.

Stumped

Contact: Ms Melanie Selley **Tel** 01424 427911
Position: Chair

Address: 49 Cambridge Gardens, Hastings, TN34 1EN

eMail: stumped@fsmail.net

Contact Information:

Advice sessions by appointment. Computer Club runs on Tuesday and Wednesday morning. A gardening club depending upon the weather! Access via steps!

What We Offer:

Stumped is a support group based in the Hastings and Rother areas and supports ex drug users and has been running since 2001. Our aims are to reduce the number of people relapsing back onto drugs and also help them re adjust back into society with the aim of getting them into education, voluntary or paid work.

Sussex Autistic Community Trust

Contact: Mrs Jean Rose **Tel** 01424 773366
Position: General Manager **Fax** 01424 773322
Address: Sussex House, Tills Yard, 19 High Street, Battle, TN33 0EA

eMail: enquiries@sact.org.uk

Website: www.sact.org.uk

Contact Information:

Office hours Monday - Friday 8:30am - 5:30pm

What We Offer:

The Sussex Autistic Community Trust is an independent, not for profit organisation, formed in 1989. The Trust's aim is to provide a range of opportunities for adults with Autistic Spectrum Disorders (ASD) and to promote and provide individualised quality services based on understanding the needs of people with ASD. The Trust currently provides residential and support services in Sussex for up to 70 people. It has several residential and group homes and an independent living scheme, as well as three resource centres and Outreach services across Sussex. The services provided are autistic-friendly, individualistic, structured, predictable and low arousal which enables the people who the Trust supports to manage their anxieties, stress and social interactions more successfully. Further information about The Sussex Autistic Community Trust can be accessed via our new website or from the Services Manager Fabrizio Donati.

Sussex Deaf Association - East Sussex Division

Contact: Mrs Tracy Gasson **Tel** 01273 671899
Position: Outreach Community Worker **Fax** 01273 625283
Address: Brighton Deaf Centre, Carlton Hill, Brighton, BN2 0GW
eMail: tracy@sussexdeaf.com
Website: www.sussexdeaf.com

Contact Information:

Drop-in on Wed 9.30am - 4.30pm or by appt.

What We Offer:

Work with profoundly deaf, deaf, deafened, deafblind. Provide advisory service, advocacy, volunteer and befriending, home visiting, hospital visiting, communication support, clubs and activities. Youth Activities Group for young deaf people that meets once a month.

Terrence Higgins Trust South

Contact: Mr Daniel Murray **Tel** 01323 649927
Position: HIV Health Coach **Fax** 01323 439340
Address: Rooms 9-14, Dyke House, 110 South Street, Eastbourne, BN2 4LZ
eMail: info.eastbourne@ttht.org.uk
Website: www.ttht.org.uk

Contact Information:

Disabled access and disabled toilet facilities are available.

What We Offer:

We provide services to people with HIV and those affected by it. We aim to help you live independently by providing a range of support options including: • We provide community care to people living with HIV, counseling, gay men's sexual health outreach, Face 2 Face support (for gay and bisexual men and men who have sex with men) dealing with issues such as sex and relationships, sexual health, HIV related issues, homophobic, Transphobic and bi-phobic abuse. • Condom Male (free mail order condoms for gay and bisexual men and men who have sex with men). • We also provide training around issues such as HIV awareness, living with HIV, dealing with a new diagnosis. Confidentially and disclosure and living with treatments. • We work with local agencies, including police, councils and community groups Our services are free and confidential.

The Bridge Community Enterprise Ltd

Contact: Julie Sutton **Tel** 01424 433611
Position: Centre Manager
Address: 361 Priory Road, Hastings, TN34 3NW
eMail: reception@thebridgehastings.co.uk

Contact Information:

9am - 5:30pm Monday - Friday. The building is fully accessible.

What We Offer:

The Bridge is a dynamic centre at the heart of the community where individuals are able to learn, develop and contribute within a safe environment. The Bridge is a place for everyone and hosts a broad range of weekly activities for all members of the community.

The Crafters Club

Contact: Mrs Rosemary Andrews
Position: Chairperson/Organiser
Address: c/o Flat 9 Evesham, Bristol Road, St Leonards-on-Sea, TN38 9AE
eMail: roseandrews16@gmail.com

Contact Information:

Every Tuesday 2:45 - 5:15pm. At the Community Bungalow in Bristol Road there is disabled access and toilet facilities.

What We Offer:

To promote friendliness and companionship whilst carrying out a variety of handicrafts. The Crafters Club will be a non-political and non-discriminatory group. Find out what the aspirations and needs of all the users are so we can include them in our classes where appropriate. We are a very mixed bunch - we have elderly people, disabled learners, children etc.

The East Sussex Advocacy Scheme

Contact: Ms Samantha Gateson **Tel** 01323 739768
Position: Volunteer Co-Ordinator **Fax** 01323 739768
Address: 86a Cavendish Business Centre, Cavendish Place, Eastbourne, BN21 3RR
eMail: samantha.gateson@mencap.org.uk

Contact Information:

Anyone can contact the Scheme anytime from 9am till 5pm Monday to Friday. In terms of groups activities or meetings, these are rarely scheduled to occur at our office base, as accessibility will always be considered.

What We Offer:

The East Sussex Advocacy Scheme has continued to provide valuable, independent and person centred advocacy support to adults with a learning disability since 2003. Our fundamental aims are to support individuals across East Sussex with a learning disability to have more choice, voice and control in their lives. The dedicated team provide an array of different forms of advocacy support. These include group activities such as 'speak up' groups, drop-in's as well as providing one to one advocacy support. The Scheme also supports advocacy projects such as connecting communities and parents for parents. Presently we are also aiming to develop a team of volunteer citizen advocates in order to ensure that advocacy support is available and accessible to more individuals across the county.

The Friday Club at Concordia

Contact: Mr Tony Cox **Tel** 01424 424797
Position: Chair
Address:
eMail:

Contact Information:

Meets every Friday, from 10 am - 12 noon. Disabled friendly.

What We Offer:

Meet at Concordia Hall, Church Road, St Leonards, The Club's aim is to provide a comfortable and welcoming meeting place, where members, over 50 years, of the local community can socialise, meet new friends and get involved in activities that include: Bingo, board games, creative arts, movement to music, outings, guest speakers and quizzes.

The Hob Nob Group

Contact: Mrs Jean Jackson **Tel** 01424 421605
Position: Social Secretary
Address: 55 Ochiltree Road, Hastings, TN34 2AJ
eMail:

Contact Information:

St John's Church Hall, Brittany Road. 3rd Wed of each month 2pm - 4pm. We have a ramp and disabled toilet.

What We Offer:

Monthly meetings for over 55's to provide social occasions. Entertainment is provided, talk with slides, talks by public service providers, choirs, entertainers. In house past-times - bingo, beetle drives etc. Summer time - strawberry cream tea. Christmas party/dinner, occasional lunches at various venues. Day coach trips are arranged with occasional half-day outings.

The Methodist Church

Contact: Rev Stephen Maunder **Tel** 01424 730877
Position: Superintendent Minister
Address: Circuit Office, Centenary House, 21 Holliers Hill, Bexhill-on-Sea, TN40 2DH
eMail: hbrmethcircuit@btconnect.com
Website: www.hbrmethodists.org.uk

Contact Information:

Contact can be made Mon-Wed 9am - 12:30pm

The Parish Church of Rye with Ry Harbour

Contact: Mrs Shelly Jebb **Tel** 01797 224935
Position: Church Warden
Address: Church Square, Rye, TN31 7BW
eMail: webmaster@ryeparishchurch.org.uk
Website: www.ryeparishchurch.org.uk

Contact Information:

9-4 weekdays by phone. Church open every day 9 - 4/5 approx.

What We Offer:

To promote the Gospel of our Lord Jesus Christ according to the doctrines and practices of the Church of England. To promote in the parish the whole mission of the church, pastoral, evangelistic, social & ecumenical.

The Parish Church of St John The Evangelist

Contact: Fr Andrew Perry **Tel** 01424 423367
Position: Rector
Address: St John's Rectory, 53 Brittany Road, St Leonards-on-Sea, TN38 0RD

eMail:

Website: www.stjohnte.com

Contact Information:

Sundays - 8am and 10:30am, Tuesday - 7:30am, Wednesday - 10am

What We Offer:

The Church exists for the worship of Almighty God and the service of the community of Upper St Leonards. We have Bible Study Groups; a Tuesday Parents & Toddlers Drop In; social events; Sunday School; we run a church hall; the full range of church services and sacraments are available; Eucharistic ministers take Communion to the housebound. We are an open, welcoming community of worshippers who stand in the Catholic Anglican tradition (high C of E!) and our desire is that people will discard the god they don't believe in and discover the God who believes in them.

The Parish Church of St Leonards with St Anne's Hollington

Contact: Reverend Deryck Charnock **Tel** 01424 852257
Position: Rector
Address: Hollington Rectory, Tilebarn Road, Hollington, St Leonards-on-Sea, TN38 9PA
eMail: deryckc@btinternet.com

What We Offer:

To promote the Christian faith and provide educational opportunities. To provide pastoral and spiritual care to ALL the residents of Hollington and meet material need where possible.

The Prince's Trust

Contact: Mrs Lucy Holliday
Position: Fundraising Manager
Address: 18 Park Square East, NW1 4LH

Contact Information:

Our organisation is open every day from 9am - 5pm

What We Offer:

The Prince's Trust is the UK's leading youth charity. We were established in 1976 and have 34 years experience of helping disadvantaged young people to overcome barriers in their lives. Offers a range of personal development programmes that improve skills, develop confidence and direct young people towards education, training and employment, giving them the self confidence to overcome difficult circumstances. We help them to acquire skills, achieve economic

independence and employment. Through practical support including training, mentoring and financial assistance we support 14-30 year olds to realise their potential and transform their lives.

The Prince's Trust is committed to reaching the hardest to reach, those people who are socially and financially excluded. We measure ourselves by our ability to engage our four priority target groups:

- Young offenders / ex-offenders
- Unemployed young people
- Those in or leaving care
- Educational underachievers

The Royal British Legion

Contact: Sally Francis **Tel** 01424 215871
Position: Activities Coordinator
Address: Mais House, 18 Hastings Road, Bexhill-on-Sea, TN40 2HF
eMail: sfrancis@britishlegion.org.uk

What We Offer:

The Royal British Legion aims to provide a good quality of care in Mais House by focusing the attention of its staff on the rights and dignity of each resident and the privilege we have in our duty within our individual responsibility for his or her care.

It is strongly affirmed that we recognise each of our resident as a unique person and we endeavour to provide dignity, privacy and confidentiality in every aspect of his or her life.

Our aim is to provide care within the parameters of independence of thought and act, with due reverence for each individual admitted to Mais House, and to endeavour to provide as good a quality of life as possible to those persons of ex-service background.

We are looking for volunteers who will support us to enhance the lives of our residents, by giving them the widest choice of activities possible, including sharing experiences on a one to one basis to day trips out.

The Rye Fund

Contact:
Position: Chairman of Steering Group
Address: 10 East Street, Rye, TN31 7JY
eMail: chairman@theyefund.org.uk
Website: www.theyefund.org.uk

What We Offer:

- Grant making to the voluntary sector in Rye and District
- Endowment fund for capital projects to protect community assets for the benefit of Rye

The Salvation Army Triple Twenties Club

Contact: Mrs Betty Bassett **Tel** 01424 422422
Position: Secretary
Address: 418 Old London Road, Hastings, TN35 5BB

Contact Information:

Mon afternoon, 2.30 - 4pm preceded by a Tai Chi class .

What We Offer:

Meets at The Salvation Army Hall, Old London Road, Ore. To give an afternoon of friendship, fun & educational quizzes & outings in a warm & friendly environment. Open to anyone over 50. Also an open Tai Chi class from 1:15 - 2pm (professional tutor).

The Witness Service

Contact: Mrs Susan Willis **Tel** 01424 461028
Position: Branch Manager **Fax** 01424 461028
Address: The Law Courts, Horntye Park, Bohemia Road, Hastings, TN34 1ND

Contact Information:

Mon - Fri, 9 - 5pm. Disabled access and toilets. Baby changing facilities. Hearing Loop, braille and signage.

What We Offer:

The Witness Service is based in both crown and magistrates courts. It seeks to help manage the experience of being a witness and giving evidence in court and supports both prosecution and defence witnesses, victims of crime, families and friends attending court. The Service is for adults and children. Trained volunteers provide emotional support, as well as practical information about court proceedings. We can offer a confidential ear, a pre-trial court visit. A quiet place before and during the hearing, as well as someone to accompany you into the courtroom. We can put you in touch with appropriate legal experts (the Witness Service cannot discuss evidence or offer legal advice) and offer a chance to talk over the case when it has ended and to get further help and information.

Together Hastings Resource Centre

Contact: Mr Franco Di Francesco **Tel** 01424 434886
Position: Project Manager **Fax** 01424 447455
Address: Carisbrooke House, Stockleigh Road, St Leonards-on-Sea, TN38 0JP
eMail: hastingsrc@together-uk.org
Website: www.hastings-wellbeing.org.uk

Contact Information:

10am - 2pm Mon
10am - 4pm, Tues - Fri.

What We Offer:

The aim of the Resource Centre is to provide people who experience mental health problems with the opportunity to enhance their quality of life by developing their confidence and daily living skills and enabling them to cope more effectively with day-to-day life. The Resource Centre will aim to support people to access a range of activities and opportunities to meet individuals' recreational, vocational and educational needs and practical support that will enable them to better manage and resolve any issues arising from their mental health problems. In broader terms it strives to promote inclusion and integration within the local community for those who experience exclusion or marginalisation.

Tomorrows People Trust

Contact: Mrs Theresa Pollard **Tel** 01424 717213
Position: Local Operations Manager **Fax** 01424 460985
Address: Rothermere House, 49-51 Cambridge Rd, Hastings, TN34 1DT
eMail: tpollard@tomorrows-people.co.uk

Contact Information:

9am - 5pm Monday - Friday. The building is DDA compliant with lift access and disabled toilet facilities on the ground floor.

What We Offer:

We run a number of projects, all of which have the aim of helping people back into work. One initiative is called 'Getting Hastings Working'. This involves seeing unemployed adults in community centres and providing advice on a one-to-one basis. This could be as little as a free CV, to supporting them to get over significant issues which are getting in the way of them finding work. Including support for lone parents. Along with free access to literacy, numeracy or ESOL classes, we also offer the Certificate in Community Volunteering (CCV), a scheme run in partnership with HVA supporting clients of all ages to gain a qualification and recognition for the volunteering work they do. We can also assist people in finding voluntary placements in the community.

Transition Town Hastings

Contact: Ms Rachel Holton **Tel** 01424 200451
Position: Chair
Address: 41b Marina, St Leonards-on-Sea, TN38 0BU
eMail:

Contact Information:

Phone the above number 9 - 5pm and 01424 437652 in the evenings. Our venues are usually wheelchair accessible.

What We Offer:

Transition Town Hastings is a non-party political group of people in the Hastings & Rother area looking for positive and creative ways to address oil scarcity and climate change. We organise film shows and public events that aim to introduce the ideas about climate change to a wider audience.

Tree of Hope Children's Charity

Contact: Mrs Corinne Gardner **Tel** 01424 224656
Position: Chair
Address: 31 De La Warr Road, Bexhill-on-Sea, TN40 2JA
eMail: cgardner@treeofhope.org.uk
Website: www.treeofhope.org.uk

Contact Information:

Available by phone 8am - 10pm. Not suitable for disabled as 4 deep steps.

What We Offer:

To raise funds for sick and disabled UK children, to have specialist medical treatment and therapy, either abroad or in the UK, when not available from the normal health services.

United African Community in Hastings (UACH)

Contact: Mr Rene Tolno **Tel** 01424 714837
Position: Chair
Address: 38 St Georges Road, Hastings, TN34 3ND
eMail: uachastings@hotmail.com
Website: www.uach.org.uk

Contact Information:

We do not have an office but can normally be contacted between 2pm and 4pm Mon to Fri. We organise regular meetings and social events throughout the year and details of these can be found on our website.

What We Offer:

The aims of this organisation are: * to provide help, advice, information and advocacy to individual and different groups within the African community. * To establish links with other communities and local authorities, in order to participate in development programmes and community initiatives. * To promote true equality and African integration into civil society. We are proud to be one of the founding groups involved with Hastings Intercultural Organisation (HIO).

Universal Peace Federation

Contact: Mr Timothy Miller **Tel** 01424 812419
Position: Vice President Europe
Address: Manor View, Winchelsea Road, Guestling, Hastings, TN35 4LW
eMail: timjmiller@onetel.net
Website: www.upf.org

Contact Information:

Generally available by mobile phone. Always respond to emails. Organise trips to London re education/projects. Monthly peace education.

What We Offer:

The Universal Peace Federation is an international NGO that focusses in various areas of work: peace education; character education; service projects for youth; peace initiatives - eg Middle east; building a network of 'Ambassadors for Peace'; forming peace councils. Issue focus in UK: Community cohesion; support for marriage and family; interfaith initiatives.

University Centre Hastings

Contact: Miss Wendy Philcox **Tel** 08546 020607
Position: Widening Participation Coordinato **Fax** 01424 437641
Address: Havelock Road, Hastings, TN37 6JS
eMail: information@uch.ac.uk
Website: www.uch.ac.uk

Contact Information:

Admin and appointments Mon-Thurs 9am-5pm, Friday 9am-4pm, further info on website.

What We Offer:

UCH opened with Strategic Development Funding in 2003 to target non-traditional learners in Hastings and Rother with a range of innovative educational opportunities linking study to future employment, carer progression and life quality. Contributes to 'education-led regeneration' working with students who believed "university isn't for people like me". To widen participation for the over 50s UCH offers and Open Access to Knowledge programme, which gives students the opportunity to partake in a free education and research programme. The overall aim of UCH is to provide a suitable course for all who display the motivation and potential to access Higher Education.

Victim Support Sussex - East

Contact: Mr Philip Holden-Jennings **Tel** 0845 3899 528
Position: Volunteer and Community Liason
Address: Unit 11, Riverside Business Centre, Brighton Road, Shoreham-by-Sea, BN43 6RE
eMail:
Website: www.victimsupport.org.uk

Contact Information:

8am - 8pm Monday - Friday

What We Offer:

To offer emotional and practical support to victims of crime. Services include: support to victims of crime, support to witnesses at court, support to young witnesses, practical help following a crime and assistance with criminal injuries compensation claims.

Walden Pond Housing Co-operative Ltd

Contact: Patrick Nicholson **Tel** 01424 719570
Position: Treasurer
Address: 29 Gensing Road, St Leonards-on-Sea, TN38 OHE
eMail: waldenpond@btopenworld.com

Contact Information:

Our houses are not generally open to the public.

What We Offer:

We are a small independent housing provider, committed to collective ownership and control of housing, environmental responsibility and social change. Whilst we are not currently seeking new members we will provide advice and support for people interested in setting up their own housing or worker co-operatives.

WARR Partnership

Contact: Mrs Anne Crone
Position: Programme Manager
Address: 5 Red Barn Mews, High Street, Battle, TN33 0AG
eMail: info@warrpartnership.org.uk
Website: www.warrpartnership.org.uk

Contact Information:

Monday – Friday 8.30am to 5.00pm. We are a small team of four, three of who work part-time, which can necessitate closing the office some afternoons. To be sure of an answer please call before 1.30pm.

What We Offer:

The WARR partnership covers the rural Parishes of Rother and Wealden and has been awarded funding of £2.4 million, under the RDPE Programme, to help revitalise and support rural businesses and communities over the five years to 2013. Grants of up to £50 000 are available per project, with rates of up to 40-50% for economic projects and 80% (100% in exceptional circumstances) for community based projects. Priority will be given to projects which will benefit the wider community in addition to the applicants themselves.

WEA - Workers Educational Association (Hastings)

Contact: Mrs Angela Young **Tel** 01634 298600
Position: Local Branch Secretary
Address: 57 Riverside 2, Sir Thomas Longley Road, Rochester, ME2 4DP
eMail: southern@wea.org.uk
Website: www.wea.org.uk

Contact Information:

We meet in term-time Sept - April and use several venues. All have disabled access. For advice phone Joan Pugh on 01424 444686.

What We Offer:

WEA is a major voluntary adult education organisation providing over 10,000 courses each year in Britain. Over 150,000 students attend annually. The organisation is recognised and supported by central and local government. The WEA is controlled by its members - the students. We run nationally a number of courses together with various local universities through which academic credits can be obtained.

West Hill & District Community Association

Contact: Mr Edwin Rew **Tel** 01424 420053
Position:
Address: 38 Plynlmmon Road, Hastings, TN34 3LX
eMail: Dave.Hobden@btinternet.com

Contact Information:

Daily - early/late (as necessary). Wheelchair friendly.

What We Offer:

Centre for community activities, including young people's clubs. Education groups (Hastings College), line dancing, childrens parties, art group etc.

West Marina Society

Contact: Mr Ronald Sollars **Tel** 01424 442601
Position:
Address: Garden Flat, 47 West Hill Road, St Leonards-on-Sea, TN38 ONA
eMail: ronsollars@yahoo.co.uk

What We Offer:

To monitor and report on development in the West Marina area. Annual membership £2, monthly newsletter.

West St Leonards Community Association

Contact: Mr Keith Piggott **Tel** 01424 431533
Position: Vice-Chair
Address: 130 Bexhill Road, St Leonards-on-Sea, TN38 8BL
eMail: kpiggott@talktalk.net

Contact Information:

The above number is available Mon - Fri 9 - 11am and Tues/Wed/Fri/Sat evenings 19:30 - 23.00pm

What We Offer:

We wish to encourage and promote a community atmosphere for both young and old. Provide a hall and a centre for various activities. Which at present include the following:- Mother & Toddlers group / Bingo / Youth Group / Social Club.

West St Leonards Early Years Centre

Contact: Mrs Kathryn Dixon **Tel** 01424 465669
Position: Manager
Address: Harley Shute Road, St Leonards-on-Sea, TN38 8BX

Contact Information:

Term-time only - 9am - 12 noon & 1pm - 3:30pm

What We Offer:

We are a pre-school childcare facility catering for children between the ages of two and a half years to five years. We are open term-time only and offer two sessions per day of three hours morning session and two and a half hours afternoon session. The nursery is an integral part of a primary school, but operates independently and is a registered charity. Our aim is to encourage the children in all areas of their development, allowing them to learn from play in a warm, stimulating, secure environment. We are an equal opportunities setting and welcome children with special needs.

Westfield Community Hub

Contact: Mrs Patricia Marston **Tel** 07531 766830
Position: Chairman
Address: PO Box 339, Westfield, Hastings, TN34 9GB
eMail: westfield.hub@homecall.co.uk
Website: www.westfield-hub.co.uk

Contact Information:

Email and phone messages will be picked up daily. The Hub is open at 10am to 12 noon every Friday. Events are advertised on the HUB website, Westfield Village website and on notice boards around the Parish.

What We Offer:

A comfortable, friendly and welcoming place to meet between 10 and 12 noon each Friday at The Old Courthouse Inn, Main Road, Westfield, East Sussex. Tea or coffee are provided, there is a book exchange, information service and computer suite with broadband access for people to use free of charge. Events are organised based on demand from local people. Transport can be arranged for those who would otherwise not be able to join us. It is a very informal, happy meeting place and all are welcome.

Winchelsea Community Office

Contact: Mr Richard Comotto **Tel** 01797 225333
Position:
Address: East Sussex
eMail: info@winchelsea.net
Website: www.winchelsea.net

Contact Information:

Community answerphone or e-mail

What We Offer:

The WCO exists to facilitate community initiatives for the benefit of Winchelsea. It was instrumental in re-opening the village shop and sub-post office, and has supported various tourist initiatives. The WCO also runs the Winchelsea website www.winchelsea.net, circulates a monthly community newsletter (The Flyer) and provides the Community Answerphone. It no longer has premises, so operates on a virtual basis for the moment.

Winterbourne Close Residents Association

Contact: Mr Mike Cornish **Tel** 07847392171
Position: Secretary
Address: 36 Winterbourne Close, Hastings, TN34 1XQ
eMail: mike.cornish@btopenworld.com

Contact Information:

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What We Offer:

To promote the benefit of the residents of the area covered, without distinction. To achieve this by assisting the residents, local authority and voluntary organisations in a common effort to improve the area.

Wiseup

Contact: Mrs Sheila Rosewell **Tel** 01424 712038
Position:
Address: 177c Priory Road, Hastings, TN34 3JD
eMail: pcs Hastings@hotmail.com

Contact Information:

Please contact Sheila Rosewell for details of current groups.

What We Offer:

Wiseup is for teenage girls in years 8-10 and meets weekly in term time. It tackles topics such as friendship, confidence, image, peer pressure, food, conflicts, boys and sex in an environment where each individual in the group is valued and affirmed. Wiseup aims: *to help young teenage girls make confident and wise choices; to inform them and to enable them to enjoy healthy relationships. *to help girls to understand the pressures they face and prepare for their future, whilst valuing virginity and protecting health. Wiseup is overseen by a steering group and has links with relevant statutory agencies. It is one of a growing number of groups using a model developed by Communitywise, an Eastbourne charity.

WRVS

Contact: Mrs Sue Adey **Tel** 01424 717674

Position:

Address: IBC, 5 South Street, St Leonards-on-Sea, TN37 6AP

eMail: sue.adey@tesco.net

Contact Information:

Open Mon - Fri, 9:30am - 4pm (approx)

What We Offer:

Provision of a day club for persons over 55, including availability of lunches

We have tai chi, extend exercise, art, glass painting, beading, computer lessons, heritage groups, board games, community café, hearing aid repairs, benefits advice and lots more.

Xtrax Young Peoples Centre

Contact: Mr Andrew Batsford **Tel** 01424 722524

Position: Project Manager

Address: The America Ground, Harold Place, Hastings, TN34 1JA

eMail: xtrax@tesco.net

Website: www.xtrax.org

Contact Information:

Mon/Wed/Fri/Sun, 3 -10pm, Drop-In.

Also Mon - Fri Breakfast Club 9:30 - 11am

What We Offer:

Xtrax provides a street level drop-in service for young people aged 16-25, which is safe and non-judgemental. We offer free use of washing machines, showers, internet, pool and Sky TV. Our kitchen provides cheap, affordable meals and free fresh fruit. We also offer free condoms, supported pregnancy testing and chlamydia testing. Our services also include advice on housing, parenting skills, substance misuse, relationships and benefits. All services are confidential and you don't need an appointment.
