

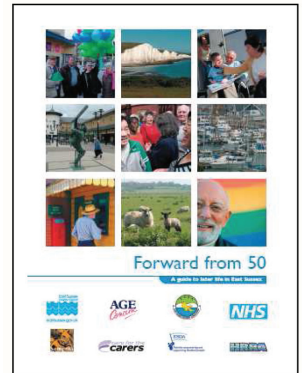


# Forward from 50

– A guide to later life in East Sussex

## Evaluation questionnaire

The Forward from 50 handbook is packed with information promoting positive ageing, health and wellbeing in East Sussex. It is for anyone in later life and was developed through a partnership of organisations, community groups and older people. We are now keen to review ‘Forward from 50’ as it has been in circulation for over a year.



## Are you completing this questionnaire as ...?

An individual  a couple  a representative of an organisation

### Q1. a) Have you received a copy of Forward from 50?

Yes  No  Don't know

*If no please go to Question 16*

### b) Was this a...?

Standard written copy   
audio cassette   
audio CD   
large print   
other version

### Q2. Where did you get your copy from?

### Q3. Were you offered it or did you request it?

Offered  Requested  Don't know

### Q4. a) What do you think of the front cover?

### b) How could it be improved?

### Q5. Does the cover indicate the contents?

Yes  No

**Q6. a) Thinking about the photographs used in Forward from 50, how far do you agree or disagree that they are:**

| Please mark one 'x' for each title             | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
|--|----------------|-------|----------------------------|----------|-------------------|
| Attractive?                                    |                |       |                            |          |                   |
| Appropriate to information in Forward from 50? |                |       |                            |          |                   |
| Representative of you?                         |                |       |                            |          |                   |

**b) Do you have any other comments to make about the photographs?**

**Q7. What do you think of the size of the handbook?**

**Overall size:** Too large  about right  too small

**Pages:** Needs more pages  about right  needs fewer pages

**Q8. a) What do you think of the layout and style of the contents?**

Easy to read  hard to understand  difficult to follow   
 poor layout  satisfactory

**b) any further comments?**

**Q9. a) Did you find these chapters useful? (Please tick)**

| Page Number | Chapter Heading                        | Yes | No | Not read |
|-------------|--|-----|----|----------|
| 4           | A positive attitude                    |     |    |          |
| 6           | Choosing retirement                    |     |    |          |
| 8           | Lifelong learning                      |     |    |          |
| 10          | Keeping well                           |     |    |          |
| 12          | Looking after your health              |     |    |          |
| 16          | Loving in later life                   |     |    |          |
| 18          | Keeping yourself safe                  |     |    |          |
| 20          | Accident prevention at home            |     |    |          |
| 22          | Alcohol and drugs                      |     |    |          |
| 24          | What to do in an emergency             |     |    |          |
| 26          | Abuse                                  |     |    |          |
| 28          | Looking after your finances            |     |    |          |
| 30          | Knowing what you're entitled to        |     |    |          |
| 32          | Organising your will and legal matters |     |    |          |
| 34          | Housing matters                        |     |    |          |
| 36          | Keeping mentally healthy               |     |    |          |
| 38          | Caring for someone else                |     |    |          |
| 42          | Coping with loss                       |     |    |          |
| 44          | Maintaining independence               |     |    |          |
| 48          | Transport                              |     |    |          |
| 50          | Advocacy and support                   |     |    |          |

**b) If a chapter was not useful please tell us why.**

**Q10. Is there any additional information you would like included in Forward from 50? *If so, what?***

**Q11. Has Forward from 50 encouraged you to contact any new organisations?**

Yes  No

**Q12. Are there any corrections needed? *If so, what?***

**Q13. Have you kept your copy of Forward from 50 for future reference?**

Yes  No

**Q14. Who else has used your copy of Forward from 50?**

**Q15. Any other comments?**

## About you

The following questions help us to understand more about the make up of our community which in turn helps us make decisions and target our services where they are needed. We have a statutory duty to collect this information to show that we are eliminating unlawful discrimination, promoting equality of opportunity and good race relations. You do not have to complete this section of the survey but it helps us if you do. Any responses you give will be treated in the strictest confidence

**Q16. Are you** Male  Female  Transgender

**Q17. Are you** Under 50  50-59  60-69  70-79   
80-89  90 and over

**Q18. What is your postcode**

**Q19. To which of these ethnic groups do you feel you belong?**  
(source: 2001 census)

- |                             |                          |                            |                          |
|-----------------------------|--------------------------|----------------------------|--------------------------|
| White                       | <input type="checkbox"/> | Black or Black British     | <input type="checkbox"/> |
| British                     | <input type="checkbox"/> | Caribbean                  | <input type="checkbox"/> |
| Irish                       | <input type="checkbox"/> | African                    | <input type="checkbox"/> |
| Gypsy/Roma                  | <input type="checkbox"/> | Any other Black Background | <input type="checkbox"/> |
| Traveller of Irish heritage | <input type="checkbox"/> | Asian or Asian British     | <input type="checkbox"/> |
| Any other White background  | <input type="checkbox"/> | Indian                     | <input type="checkbox"/> |
| Mixed                       | <input type="checkbox"/> | Pakistani                  | <input type="checkbox"/> |
| White and Black Caribbean   | <input type="checkbox"/> | Bangladeshi                | <input type="checkbox"/> |
| White and Black African     | <input type="checkbox"/> | Any other Asian background | <input type="checkbox"/> |
| White and Asian             | <input type="checkbox"/> | Chinese                    | <input type="checkbox"/> |
| Any other Mixed background  | <input type="checkbox"/> | Other ethnic group         | <input type="checkbox"/> |

If your ethnic group was not specified in the list and you selected one of the 'Other' options, please describe your ethnic group:

The Disability Discrimination Act considers a person disabled if they have a longstanding physical or mental condition that has lasted or is likely to last at least 12 months; and this condition has a substantial adverse effect on their ability to carry out normal day to day activities.

**Q20. Do you consider yourself to be disabled as set out in the Disability Discrimination Act?**

Yes  No

**Q21. What is your religion?**

Christian

Buddhist

Hindu

Jewish

Muslim

Sikh

Any other religion  
(please include details)

**Q22. Are you...**

Heterosexual/straight

Gay Woman/lesbian

Bisexual

Gay man

Other

Prefer not to say

**Please return your completed questionnaire to:**

**Central Support Unit  
Adult Social Care, A Floor, North Block  
PO Box 5, County Hall  
FREEPOST LW134  
Lewes  
BN7 1BR**

**Closing date for return of completed questionnaires is  
19 February 2010**

## Getting more copies of this leaflet

You can get all our leaflets in large print, easy read format, in Braille, on audio tape or CD, or in other languages. They are also available in PDF form, which you can download from our website at [eastsussex.gov.uk](http://eastsussex.gov.uk)

## East Sussex County Council

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